

# SEYMOUR

JUNE 2026

explore more

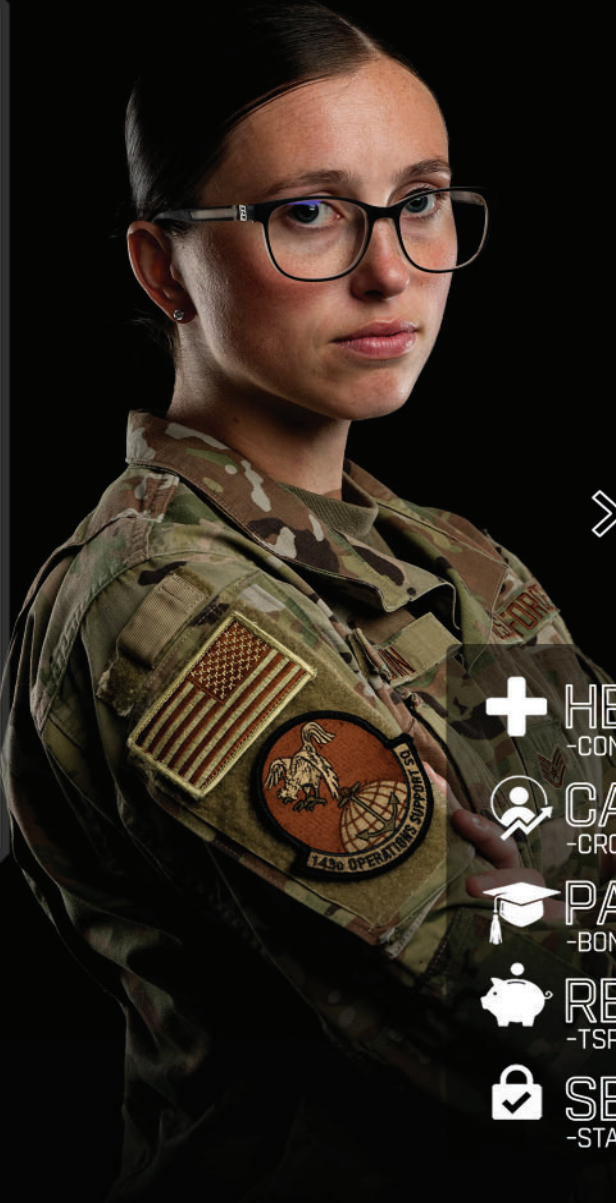


*Soaring into summertime*  
**PROGRAMS & EVENTS**  
*Presented by the 4th Force Support Squadron*



# AIR NATIONAL GUARD

AIR NATIONAL GUARD >>>



>>> IN-SERVICE RECRUITER <<<

**+ HEALTHCARE**  
-CONTINUED TRICARE FOR YOU & YOUR FAMILY

**CAREER GROWTH**  
-CROSS TRAINING INTO YOUR DREAM AFSC

**PAY & TUITION**  
-BONUSES AVAILABLE UP TO \$75,000

**RETIREMENT**  
-TSP, SGLI, & RETIREMENT OPTIONS

**SECURITY CLEARANCE**  
-STAY ELIGIBLE

ASK ABOUT  
**PALACE CHASE | PALACE FRONT**

>>> JOIN THE AIR NATIONAL GUARD

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**Summertime R&R**  
— from hang gliding to river tubing and volleyball, join us!



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— Learn skills to last a lifetime: Grilling Camp, Survival Skills and more



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**COVER IMAGE:**

— Contact [4fss.marketing@us.af.mil](mailto:4fss.marketing@us.af.mil) to share your photos for consideration to place on the cover.





# CELEBRATE

## *Independence Day*

America's 250th Anniversary!

# JUNE 26 • 6 TO 9PM

## *Debden Park*

LIVE MUSIC • PETTING ZOO • RIDES + GAMES • FIREWORKS

TELEMYND



NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED





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**CHRONIC ILLNESS SUPPORT GROUP**  
A nationally-recognized support group to connect, support, and educate individuals who are facing cancer and other diseases by focusing on strategies that help rebuild the body, renew the soul and refresh the spirit through God's Word.

Paid Advertisement. No Federal Endorsement Intended.



**FIRST CHURCH**  
EST 1898

**CLASS TIMES**  
1<sup>st</sup> Sunday Monthly  
5:00pm - 6:00pm

**COST**  
Free



# PHANTOM LANES

## Red Pin Bowling

Mondays • 5 to 8pm | \$2.49 per game

Win a free game when you bowl a natural strike on a red, head pin in the number one spot. Must notify staff before throwing the ball. See staff for details.

## All You Can Bowl

Thursdays • All Day

Cost includes bowling and shoe rental.

7am to 5pm \$6.99

5 to 8pm \$8.59

## Cosmic Bowling

Fridays & Saturdays • 7 to 9pm | \$10 adult, \$8 youth

Saturdays • 2:30 to 4:30pm | \$8 each

Enjoy glow-in-the-dark bowling for one low price, shoe rental included!

# KIDS BOWL FREE

REGISTER YOUR CHILD FOR A SUMMER FUN Bowling Pass

2 FREE GAMES OF BOWLING A DAY THIS SUMMER!

TO REGISTER YOUR CHILDREN TO RECEIVE 2 FREE GAMES OF BOWLING A DAY THIS SUMMER, GO TO [WWW.KIDSBOWLFREE.COM](http://WWW.KIDSBOWLFREE.COM)

AGES 2-15

1 JUNE—1 SEPT • 1290 Andrews St • 919-722-0530

SCAN TO SIGN UP

# PHANTOM LANES

Times Available

31 May	→	1 Sep
MONDAY		Open — Close
TUESDAY		Open — Close
WEDNESDAY		Open — Close
THURSDAY		Open — Close
FRIDAY		Open — 10:00pm
SATURDAY		Open — 2:30pm: 4:30pm - 9:30pm
SUNDAY		Not Available

[sjfss.com/bowling-center/](http://sjfss.com/bowling-center/)  
[fb.com/sjafb.fun](https://fb.com/sjafb.fun)

# FITNESS CENTER PICKLEBALL TOURNAMENT

CONSISTS OF TRADITIONAL PICKLEBALL MATCH. PLAYED WITH 2 PLAYERS PER TEAM. WE ENCOURAGE WEARING FITNESS ATTIRE AND HAVING FUN!

FREE AND OPEN TO ALL WITH BASE ACCESS.

SCAN TO REGISTER

TENNIS COURTS

10 AM - 2 PM

THURS 11 JUNE

Call Us 919.722.0420

DAF FITNESS & SPORTS

FSS

SJFSS.COM FB.COM/SJAFB.FITNESS

Dress your patriotic best and join the fun!

# FREEDOM 5K RUN

July 9 \* 8am

MUSTANG TAPROOM  
1240 ANDREWS ST

Open to all with base access

SCAN TO REGISTER

SIGN UP WITH QR CODE

FITNESS CENTER | 919-722-0420

[sjfss.com](http://sjfss.com) | [www.facebook.com/sjafb.fitness](http://www.facebook.com/sjafb.fitness)

# BEGINNER HANG GLIDING

## GLIDING

KITTY HAWK KITES, OUTER BANKS



**JUNE 13**  
 LIMITED SPOTS AVAILABLE  
 SIGN UP BY JUNE 5  
 EAGLES LANDING  
 6AM DEPARTURE FROM  
 EAGLES LANDING PARKING LOT

**AIR FORCE**  
**COMMUNITY CENTERS**

**AIRMEN + FAMILIES, AGES 18+ | \$115 PER PERSON INCLUDES TRANSPORTATION AND ADVENTURE**

**CPPO 919-722-8684**    [sjfss.com](http://sjfss.com) | [fb.com/sjafb.fun](https://fb.com/sjafb.fun)

# RIVER floating


**JUN 27 | 9AM-2PM**  
 \$12/PER PERSON INCLUDES  
 LIFE JACKETS & FLOATS  
 TRANSPORTATION IS NOT INCLUDED IN THE TRIP COST.  
 LIMITED SEATING IN THE ODR VAN IS AVAILABLE ON  
 FIRST-COME, FIRST-SERVED BASIS.

**Lillington, NC**  
*Cape Fear River Adventures*

**SIGN UP AT OUTDOOR REC**  
 ACTIVE DUTY/GUARD/RESERVISTS: JUNE 1-5  
 OTHERS: JUNE 8-19  
 LIMITED SPOTS AVAILABLE

SMALL COOLER WITH FOOD AND WATER - ALLOWED.  
 COOLER FLOATS AVAILABLE - EXTRA COST  
 ALCOHOL OR GLASS - NOT ALLOWED  
 WATER SHOES RECOMMENDED - NO FLIP FLOPS

919.722.1104  
 SJFSS.COM  
 FB.COM/SJAFB.FUN





# OUTDOOR ADVENTURES FUNDAY

"Have Fun with Family!"

A day full of fun for EFMP & Deployed Families! Enjoy these activities:

- ✓ Yard Games
- ✓ Fishing
- ✓ Horseback Riding

**June 27th**  
 10:00am - 1:00pm

**Outdoor Recreation**  
 1385 S. Andrews St.

Sign Up by June 26th

More Information [SJFSS.COM](http://SJFSS.COM) | [FB.COM/SJMFRC](https://FB.COM/SJMFRC)    Contact [919-722-1123](tel:919-722-1123)

**Let's Have Fun!**



# VOLLEYBALL 6V6 TOURNAMENT

**July 23rd 10am-2pm**

**Fitness Center Basketball Court**

Show up with your hand selected team of 6!  
 FREE and Open to all with base access.

SCAN QR CODE TO REGISTER



**DAF FITNESS & SPORTS**

[sjfss.com](http://sjfss.com)    [fb.com/sjafb.fitness](https://fb.com/sjafb.fitness)    919.722.0420



# 4th Fighter Wing Chapel

Seymour Johnson AFB Chaplain Corps



## Upcoming Events & Studies:

Chaplain Corps Protestant Community presents:

### The **ARMOR** of **GOD**

By Priscilla Shirer



Starts **2 June 2026**

Tuesdays, at **1200**

Located at **FLC, room 100**

Contact:

Doug Thomas (919) 734-1152  
dhcv@bellsouth.net

### Young Airmen Bible Study

## **EPHESIANS**

**Every Sunday:**

**1505 Vermont Garrison St.**

**FREE Meal at 1700**

**Bible Study at 1800-1930**

**Contact: SrA Eric Stahly**

**(970) 589-9594**

**Ch, Capt Andrew Wing**

**andrew.wing@us.af.mil**



## WEEKLY PROGRAMS

### Roman Catholic:

Confession	Sunday	0815-0845 (by appt.)
Sunday Mass	Sunday	0900-1000
Faith Formation	Sunday	1030-1145
Daily Mass	Mon-Thurs	1130-1200
Pre-Baptism Class	Tuesday	<i>*Must Schedule*</i>
OCIA	Sept-May	

Contact Ms. Dorothy Linstrom for info at (919) 722-0145

### Protestant (Christian/Non-denominational):

Worship Service	Sunday	1100-1200
Young Adult Bible Study	Sunday	1700-1900
Women's Bible Study	Monday	1830-1930
	Friday	1000-1100
Christian Community Night	Wednesday	1700-1915
Worship Team Rehearsal	Thursday	1700-1800
Men's Bible Study	3 <sup>rd</sup> Saturday	0930-1100

Contact Ms. Donna Scott for info at (919) 722-0144

1505 Vermont Garrison St. | 919-722-0315 | EMERGENCY 919-722-0004

# Cash Bingo

June 4 • 6pm • Eagles Landing

You asked, we listened. Join us on the second Thursday of this month for a chance to win up to \$1,500 in CASH prizes! Play is open to ages 18 and up. Doors open at 5pm for card sales.

### Need to know

If you are all in and ready to commit to playing, the best deal is to **pre-register by calling 919-722-8684**. You'll save \$5 off buy-in, \$2.50 off each additional book, and \$2 off every Early Bird sheet just by registering before close of business on June 3.

<b>Priced as follows:</b>	<i>Advance</i>	<i>Day of</i>
• Buy-in (two books)	\$25.00	\$30.00
• Add a book	\$12.50	\$15.00
• Early Bird sheet	\$5.00	\$7.00
• BINGO dauber	\$1.00	\$1.00

Prices are per player; no sharing books between players, please.

# Trivia Night

June 17 • 5:30pm • Mustang Taproom

Teams of up to six people go head to head in this monthly trivia challenge. Bring your friends and play along for a chance to win FSS gift cards. Team registration begins at 5pm in the Mustang Taproom.

Get your squad together and come up with a fun team name—it won't cost you a thing to enter! No team, no problem. Individuals are welcome to play.

# Prize Bingo

June 18 • 6pm • Eagles Landing

The Community Programs & Partnership Office (CPPO) brings more of what you're looking for. Join us on the fourth Thursday for a chance to win some amazing prizes!

Rules and fees are the same as mentioned under "Cash Bingo." Advance sales end on June 17. Call 919-722-8684 to get the discounted rates.



# PLANT POT PAINTING

Come on out and paint your own special terracotta pot! Creative freedom and take home a plant bulb!

**June 6**  
**5:30PM - 8PM**

**Mustang Taproom**

**\$10/ Person**  
Includes a 6" terracotta pot, plant bulb, and materials!



fb.com/sjafb.fun

919-722-8684

sjfss.com

# KRAV MAGA SELF DEFENSE CLASS

**JULY 11**  
5:30 TO 7:30PM  
EAGLES LANDING

Call 919-722-8684 to sign up by July 3

1240 Andrews St  
Seymour Johnson AFB

EASY TO LEARN. EXTREMELY EFFICIENT.



For Ages 14 to Adult  
\$25 PER PERSON

- ☑ Serving those supporting the homefront
- ☑ Grab and Go
- ☑ 1st Tuesday Each Month

# Grab & Go DRIVE THRU

**Gratitude Meal**  
for Hearts Apart Families

**1st Tuesday Monthly**  
Eagles Landing  
(1240 Andrews St)  
4:30pm - 6:30pm  
*While Supplies Last*



Additional Info: M&FRC 919.722.1123  
No Federal Endorsement Intended.



# HEARTS APART COMMUNITY DINNER

for Friends, Family and Fellow Airmen  
of Deployed Service Members

**ALL are welcome!**

Please join us as we come together  
as a community to support one another.

**3RD TUESDAY OF EACH MONTH**  
**5 TO 7PM • EAGLES LANDING**



HOSTED BY THE MILITARY & FAMILY READINESS CENTER  
919-722-1123 | sjfss.com | fb.com/sjfss  
*\*First come, first served; while supplies last*

# FIRST FRIDAYS

JUNE 05, 2026 | MUSTANG TAPROOM

FREE ENTRY | 3:00 - 10:00 PM

DRINK RESPONSIBLY. HAVE A PLAN. GET A RIDE.  
AIRMEN AGAINST DRUNK DRIVING  
919-722-2233

DRINK SPECIALS | FREE FOOD  
GENT'S BOUNTY FOOD TRUCK  
(WHILE SUPPLIES LAST)



SJFSS.COM | 919.722.8684 | FB.COM/SJAFB.FOOD  
NO FEDERAL ENDORSEMENT INTENDED.



## Flavor Frenzy Deals

### 10-Pin Café —

1290 Andrews St • 919-722-0349

#### Chicken Parmesan Melt

**Mondays • 7am to 8pm**

Combo with fries and drink \$10.25

#### Taco Tuesday

**Tuesdays • 9am until sold out**

3 tacos with fries and drink \$10.00  
- Beef or chicken, crunchy or soft

#### Hot Link Sausage Dog Special

**Wednesdays • 7am to 8pm**

Combo with fries and drink \$6.00  
Hot Link and bun alone \$2.75

#### Chicken Fried Rice

**Thursdays • 9am until sold out**

Entree with egg roll and drink \$5.50

### Compass Café —

1385 S Andrews St • 919-722-0394

#### Chicken & Waffle Special

**Wednesdays • 6:30am to 1pm**

Belgian waffle, 2 chicken strips and drink \$8.00

#### French Toast Friday

**Fridays • 6:30 to 10:30am**

2 slices, 2 eggs, choice of meat and drink \$8.00

#### Burger Special (Five juicy options)

**Mondays • 10:30am to 1pm**

With choice of side and drink \$12.00  
- BBQ Bacon Cheeseburger, Jalapeno Cheddar, Mushroom Swiss, Buffalo Bacon Ranch, or ODR Burger

## Southern Eagle Dining Facility —

3650 Pope St • 919-722-5294

### Limited Time Offer

Honey Harissa Chicken Tacos \$3.75  
Pesto Salad Cup \$1.80

### District Dogs

**June 3 • 10:30am to 1:30pm**

Chicago Dog \$1.70  
Chili Cheese Dog \$3.65  
Southwest Dog \$2.30  
Build Your Own Dog \$3.75  
Fries \$1.35  
Baked Beans .85  
Potato Salad .70

### Custom Mac Bowls

**June 4 • 4:30 to 6:30pm**

M&C \$5.75

### Taco Tuesday

**June 9 • 10:30am to 1:30pm**

Beef (2) \$3.80  
Chicken (2) \$3.85  
Beyond (2) \$5.65  
Mexican Street Corn \$1.65

### Staycation

**June 11 • 10:30am to 1:30pm | 4:30 to 6:30pm**

Korean Fried Chicken, Grilled Flank Steak, Hibachi Fried Rice, Mesquite Roasted Potatoes, Kalua Pua'a, Salmon with Mango Kiwi Relish, Pineapple Upside Down Cake

### Global Street Foods: South America

**June 23 • 10:30am to 1:30pm | 4:30 to 6:30pm**

Garlic Butter Brazilian Steak, Beef Machaca Burrito, Arroz Con Pollo, Flan de Tres Leches

### Wing Wednesday

**June 24 • 10:30am to 1:30pm**

Fried Wings \$8.00  
Roasted Wings \$8.00

### Steak Night

**June 28 • 4:30 to 6:30pm**

Grilled Steak & Baked Potato \$12.55

# NATIONAL FOOD DAY OF THE MONTH IS: DONUTS!

FREE SAMPLES OF STRAWBERRY SPRINKLES, OREO, & NEW YORK CHEESECAKE DONUTS. WHILE TASTE TESTING PICK UP A SURVEY CARD TO LET US KNOW HOW WE ARE DOING AND WHAT YOU WOULD LIKE TO SEE NEXT!

## SOUTHERN EAGLE DINING FACILITY

### JUNE 12 11AM - 1:30PM



SJFSS.COM  
919.722.5294  
FB.COM/SJAFB.FOOD



# FOOD ADVISORY COUNCIL

Southern Eagle Dining Facility



We want to hear from you! You are invited to give your input to the Dining Facility Food Advisory Council. Participants will taste test a variety of Nachos, while partaking in a Food Forum for the Dining Facility operations. Open to all ESM and paying customers.

## JUN 18, 2026

11:00 am - 1:30 pm  
3650 Pope St.

FREE  
ENTRY!



More information at:

722.5294

[sjfss.com](http://sjfss.com) | [fb.com/sjafb.food](https://fb.com/sjafb.food)

# BANANA BONANZA

13 APRIL - 9 JULY 2026

\*\*\*\*\*  
**Banana Split — Blended Drink**  
Medium 4.50

\*\*\*\*\*  
**Banana Bread Latte**  
Medium 5.50 Large 6.00

**Banana Foster Latte**  
Medium 5.50 Large 6.00

**Banana Nut Toffee Latte with  
Crushed Kinder Bueno Topping**  
Medium 7.25 Large 7.75

MON - FRI  
6 TO 10:30AM



## Seymo Joe to Go

1514 GOODSON STREET | 919.722.3104 | [SJFSS.COM/SEYMO-JOE-TO-GO](http://SJFSS.COM/SEYMO-JOE-TO-GO)

Pick up a

# Smoothie

Monday - Friday  
6 to 10:30am



- Mango
- Peach
- Pinacolada
- Pineapple
- Strawberry
- Strawberry-Banana
- Wild Berry


**Summer Smoothies \$3.50**  
Limited time offer: May 18 - Sept 4, 2026



1514 Goodson St  
[fb.com/sjafb.food](http://fb.com/sjafb.food)  
[sjfss.com](http://sjfss.com)



# JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p><b>THIS MONTH</b> <i>Fitness Center Challenge:</i> Push-up Boss —2 minutes to complete as many push-ups as possible. See staff for details.</p>	<p>1 Summer Reading Program (SRP) registration opens Burger Special, Compass Hearts Apart Bowling 5pm Red Pin Bowling 5pm</p>	<p>2 Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin Grab &amp; Go Drive Thru 4:30pm</p>	<p>3 Chicken &amp; Waffle, Compass District Dogs, DFAC Penny-a-Pin Bowling 5pm Single Airmen Bowling 5pm</p>
<p>7</p>	<p>8 Brunch &amp; Bowl 7am to 4pm Burger Special, Compass Hearts Apart Bowling 5pm Red Pin Bowling 5pm</p>	<p>9 Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin/DFAC</p>	<p>10 Chicken &amp; Waffle, Compass Moving Out of Dorms 2pm Penny-a-Pin Bowling 5pm Single Airmen Bowling 5pm</p>
<p>14</p>	<p>15 Brunch &amp; Bowl 7am to 4pm <b>Grilling Camp 9am</b> Burger Special, Compass Hearts Apart Bowling 5pm Red Pin Bowling 5pm</p>	<p>16 Newcomers Orientation 8am Resume Essentials 8am Airman's Attic 10am Story Time 11am <b>Hearts Apart Dinner 5pm</b></p>	<p>17 LinkedIn Workshops 10am Spouse Resiliency 11am Return &amp; Reconnect 1pm <b>SRP Kickoff Party 1pm</b> <b>Trivia Night 5:30pm</b></p>
<p>21 <b>Father's Day</b></p>	<p>22 Brunch &amp; Bowl 7am to 4pm <b>Survival Camp 9am</b> Burger Special, Compass Hearts Apart Bowling 5pm Red Pin Bowling 5pm</p>	<p>23 Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin Global Street Foods, DFAC</p>	<p>24 Moving Out of Dorms 9am Wing Wednesday, DFAC Personal Finance Class 5pm Penny-a-Pin Bowling 5pm Single Airmen Bowling 5pm</p>
<p>28 Steak Night 4:30pm</p>	<p>29 Brunch &amp; Bowl 7am to 4pm Burger Special, Compass Hearts Apart Bowling 5pm Red Pin Bowling 5pm</p>	<p>30 Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin</p>	<p><b>Carefully</b> lift the staples and remove this handy calendar to place on your fridge or bulletin board</p> 

# Looking for 4 FSS Holiday Hours and Updates?

1. Visit [sjfss.com](http://sjfss.com) (QR code below) and check out the FSS Events Calendar: [sjfss.com/events/](http://sjfss.com/events/)
2. Follow us on Facebook: 4th Force Support Squadron - Seymour Johnson AFB: [facebook.com/sjfss](https://facebook.com/sjfss)
3. Sign up for email updates: [sjfss.com/join-our-newsletter/](http://sjfss.com/join-our-newsletter/)

THURSDAY	FRIDAY	SATURDAY
<p>4</p> <p>Bundles for Babies 9am Chicken Fried Rice, 10-Pin All You Can Bowl, All Day Mac Bowls for dinner, DFAC <b>Cash Bingo 6pm</b></p>	<p>5</p> <p>French Toast, Compass Café <b>First Friday 3pm</b> Karaoke 6pm Cosmic Bowling 7pm</p>	<p>6</p> <p>Open to All Ranks 12pm Cosmic Bowling 2:30pm Taproom open 3pm <b>Plant Pot Painting 5:30pm</b> <b>Drive-in Movie 6pm</b></p>
<p>11</p> <p>All You Can Bowl, All Day Airman's Attic 10am Chicken Fried Rice, 10-Pin <b>Pickleball Tourney 10am</b> <b>Cash Bingo 6pm</b></p>	<p>12</p> <p>FDS Officer Briefing 9am Donut Day, DFAC 11am Karaoke 6pm Movie Night 6pm <b>Lens &amp; Landscapes 4pm</b></p>	<p>13</p> <p><b>Hang Gliding Trip 6am</b> <b>Lens &amp; Landscapes 7am</b> Taproom open 3pm <b>Give Parents a Break 6pm</b></p>
<p>18</p> <p>All You Can Bowl, All Day Food Advisory Mtg 11am Father's Day Extravaganza 4pm <b>Prize Bingo 6pm</b></p>	<p>19</p> <p><b>Juneteenth National Independence Day</b></p>	<p>20</p> <p>Cosmic Bowling 2:30pm Taproom open 3pm Cosmic Bowling 7pm</p>
<p>25</p> <p>All You Can Bowl, All Day Airman's Attic 10am Chicken Fried Rice, 10-Pin</p>	<p>26</p> <p>French Toast, Compass Café Mustang Taproom closed <b>Independence Celebration 6pm</b> Cosmic Bowling 7pm</p>	<p>27</p> <p><b>River Floating 9am</b> <b>EFMP + Hearts Apart Outdoor Adventures Funday 10am</b> Cosmic Bowling 2:30pm</p>
 <p><b>AEROBICS SCHEDULE</b></p>	 <p><b>SJFSS.COM</b></p>	 <p><b>AADD</b></p>



- July 1
  - Return & Reconnect
- July 6
  - Art Camp
- July 7
  - Grab & Go
- July 8
  - Federal Resume Class
- July 9
  - Bundles for Babies
  - Freedom 5K Run
- July 11
  - Open to All Ranks
  - Self Defense Class
- July 13
  - Glam & Slay Camp
- July 15
  - Holiday Spending
- July 18
  - Give Parents a Break
- July 20
  - Volleyball Camp
- July 21
  - Hearts Apart Dinner
- July 27
  - Archery Camp
- July 28
  - Salary Negotiations
  - Job Fair & Interview Strategies
- July 29-30
  - Elevate Your Relationship

# A MEAL & DRIVE IN MOVIE

**FREE!**

**JUNE 6  
EAGLES LANDING  
PARKING LOT**

PARKING STARTS AT 6PM  
MOVIE STARTS AT 7PM

LIMITED PARKING SPACES AVAILABLE  
CALL TO REGISTER BY JUNE 3



FOOD IS AVAILABLE FOR PURCHASE AT TEN PIN CAFE

MEAL DEAL \$5 VOUCHER FOR ALL FAMILIES  
MENU OPTIONS ARE:  
GRILLED CHEESE, ONE TOPPING PIZZA SLICE, HOTDOG, OR BLT SANDWICH. ALL OPTIONS COME WITH A DRINK AND CHOICE OF SMALL FRY, CHIPS OR POPCORN.



SJFSS.COM  
919.722.1123  
FB.COM/SJMFRC



MUSTANG TAPROOM

# KARAOKE NIGHTS

FRIDAYS 6-10PM

1240 ANDREWS STREET

sjfss.com  
fb.com/sjafb.fun  
fb.com/sjafb.food  
fb.com/mustangtaproom

# FREE MOVIE

Five Nights at Freddy's 2 (PG-13)

**JUNE 12**

**Sabre Cinema**  
Doors Open @ 5:30pm  
Movie Starts @ 6:00pm

# PARENTS NIGHT OUT!

Moms or dads with a deployed spouse, take a night for yourself while we watch your little ones completely for free! Provided by background checked & safety certified volunteers.

Paid Advertisement. No Federal Endorsement Intended.



**FIRST CHURCH**  
EST 1898

**TIMES**  
4th Friday  
5:00pm - 8:00pm

**LOCATION**  
1100 The First Church Rd  
**COST**  
Free



# Plant a Seed, Read ...

*Connecting food and stories that nourish our minds*

The Seymour Johnson Air Force Base Library urges families to get ready, get set, go to the library and sign up for **Plant a Seed, Read**.

The Base Library launches its Plant a Seed Read Summer Reading Program (SRP) on June 17, with a kickoff event at 1pm. During the next two months, the library will host a range of free activities for children, teens, and adults that encourage and support a love of reading. Participants also can win prizes for reaching their reading goals.

"We've planned a wonderful program for kids to make the library a great place to read, learn and discover what's available for their enjoyment," said Mickey McAlduff, Library Program Coordinator.

Themed events include a Bees with Dean discussion this month and crafting flower pens in July. Program days are as follows:

- Ages 0-6 meet on Tuesdays at 11am beginning June 23
- Ages 7-12 meet on Wednesdays at 1pm beginning June 24

Library programs will include activities, graphics, crafts, reading lists, incentives, and much more for children, teens, and adults.

There's also a serious side to summer reading. Research has shown that reading over the summer prevents summer reading loss.

"Studies also indicate students who read recreationally outperformed those who don't. Students read more when they can choose materials based on their own interests," Kim Huskins Webb, Supervisory Librarian added. "Our library is committed to supporting lifelong learning and educational enrichment for all families."

**SRP registration opens on June 1 at [seymourjohnson.beanstack.org/reader365](https://seymourjohnson.beanstack.org/reader365).** To learn more about summer programs at the library, please call 919-722-5285 or check out the library's website [airforcelibraries.libguides.com/sjafb-library](https://airforcelibraries.libguides.com/sjafb-library).

*Plant a Seed, Read is rooted in the concept of farm-to-table. A farm grows food that nourishes our bodies; a library grows ideas that nourish our minds. Both*

*food and stories connect us to our family, culture, economy, and ecology. iREAD 2026: Plant a Seed, Read will provide a context for exploring culture, history, science, health, and human connection.*

PLANT A SEED, READ

Summer Reading Program KICKOFF!

June 17 1-2PM  
Base Library



# YOUTH CENTER CAMPS

## GRILLING CAMP

JUNE 15-18 | 9AM-12PM | \$55 | AGES 10-15



## SURVIVAL SKILLS CAMP

JUNE 22-26 | 9AM-12PM | \$55 | AGES 10-15

## OUTSIDE THE LINES ART CAMP

JULY 6-10 | 9AM-12PM | \$55 | AGES 10-16



## SLAY & GLAM CAMP

JULY 13-17 | 9AM-12PM | \$55 | AGES 10-16

## VOLLEYBALL CAMP

JULY 20-24 | 9AM-12PM | \$55 | AGES 10-12/13-18



## ARCHERY CAMP

JULY 27-31 | 9AM-12PM | \$55 | AGES 10-12/13-18

## DIGITAL ANIMATION CAMP

AUGUST 3-7 | 9AM-12PM | \$55 | AGES 10-15



## PICKLEBALL CAMP


AUGUST 10-14 | 9AM-12PM | \$55 | AGES 10-12/13-18

[SJFSS.COM](http://SJFSS.COM) | 919.722.0502 | [FB.COM/SJYOUTH](https://www.facebook.com/SJYOUTH)

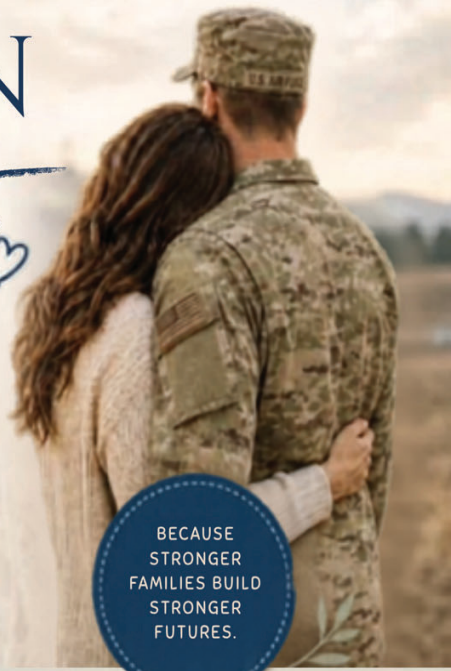
# RETURN & Reconnect

PREPARING TOGETHER,  
THRIVING TOGETHER.

A workshop for spouses preparing for their service member's return from deployment and their reintegration back to daily life.

 Learn about resources and information to support you and your family during the post-reintegration period.

BECAUSE STRONGER FAMILIES BUILD STRONGER FUTURES.



Choose the date and time that works for you!

JUNE 17 | JULY 1  
1:00pm OR 5:00pm

**M&FRC**

Bldg 4215 | 1410 Langley Ave

Sign up for in person or virtual session

[sjfss.com](http://sjfss.com) | [fb.com/sjmfrcc](https://fb.com/sjmfrcc)

*Reserve Your Spot!*

CALL 919-722-1123



**Seymour Stuff**  
EST. 1988  
TEAM SEYMOUR SPOUSES CLUB

*Now Open*  
**ALL YEAR**

**Shopping**

**Consignments**

Monday

4 pm - 6 pm

Tuesday & Thursday

930 am - 1 pm

Monday

5 pm - 6 pm

Thursday

930 am - 1130 am

**Donations**

24/7

Under Covered Patio

**1585 Andrews St.  
Bldg 3000**

Follow us on Facebook



The TSSC is a private organization. It is not part of the DoD or any of its components and it has no governmental status.

**THE MAN  
THE MYTH  
THE LEGEND**

**FATHER'S  
Extravaganza  
DAY**

Strong roots. Strong families. Strong futures.

**18 June** | Youth Center  
4 - 7pm | 1035 Langley Ave, SJAFB

Open to dads/guardians and youth attending School Age Care and Youth Programs

ENJOY FREE BURGERS, BRATS & HOT DOGS



Challenges • Games • Family Fun  
[sjfss.com](http://sjfss.com) | [fb.com/sjafbfamily](https://fb.com/sjafbfamily) | 919-722-0502



## Bundles for Babies Class

June 4 | July 9 • 9am to 12:30pm • M&FRC

The Military & Family Readiness Center presents this program for new and expectant parents. Topics include helpful tips on prenatal nutrition, budgeting, and caring for newborns. Each participating active duty Air Force family receives a \$150 grant from the Air Force Aid Society (AFAS). Space is limited. Call 919-722-1123.

## Airman's Attic: Open to All Ranks

June 6 | July 11 • 12 to 2pm • Connect 4

The shop will open to all ranks on the first Saturday of the month. The Airman's Attic is regularly open on Tuesdays and Thursdays from 10am to 1pm for E-6 and below. Unless otherwise posted, donations may be dropped off 24 hours a day in the shed behind Connect 4. For more details or to volunteer, call 919-722-1123.

## Moving Out of the Dorms Class

June 10 • 2pm | June 24 • 9am • M&FRC Training Room

Topics include choosing where to live, considering a roommate, the application process, understanding the lease agreement, how to set up housekeeping, and budgeting. Airmen will develop a budget reflecting their new financial obligations. Call 919-722-1123 to sign up.

## First Duty Station Officer Briefing

June 12 | July 17 • 5 to 6pm • M&FRC

The Military & Family Readiness Center presents this financial briefing for first duty station officers. Topics include pay and entitlements, banking and allotments, checkbook/debt management, budgeting and saving, retirement planning, insurance, credit management, car buying, PCS finances, financial counseling, investment tools, and personal and family readiness. Call 919-722-1123 to register by the Thursday prior to class.

## Newcomers Orientation

June 16 • 8am to 12:30pm • Eagles Landing

This info fair is held monthly for newly assigned personnel and their families. For details, call 919-722-1123.



Pre-register for childcare June 1-10, 2026

CDC (6wks-5yrs) 722.1198 • Youth Center (5-12yrs) 722.0502

FREE with Give Parents a Break (GPAB) referral or \$8/hour (\$32 for the session)

GPAB referral vouchers may be provided by one of the following:

- Squadron Commander
- First Sergeant
- Chaplain
- Doctor or other medical professional
- Family Advocacy personnel
- Military & Family Readiness Center personnel

# Spouse Strong: Growing a Resilient Mindset

June 17 • 11am • Connect 4

The Military & Family Readiness Center has partnered with the Integrated Resiliency Office to present this workshop providing spouses with Air Force spouse resiliency tools and deployment coping techniques. Class size is limited. For childcare options and to register, call 919-722-1123.

# Personal Finance for Young Adults

June 24 • 5 to 6:30pm • M&FRC

This workshop is geared toward young service members and adults who may be attending college for the first time. Topics will include the basics of budgeting and credit management. For more information or to sign up, call M&FRC at 919-722-1123.



DON'T MISS THIS OPPORTUNITY TO  
**ELEVATE** your  
**RELATIONSHIP!**



FREE CLASSES OPEN TO ALL DOD ID CARD HOLDERS IN A COMMITTED RELATIONSHIP

- Opportunity to invest in your relationship
- Connect with others in a supportive environment
- Learn 7-core skills and qualities for relationship success



## It Pays to Elevate Your Relationship

Air Force Aid Society will provide a \$160 grant for Air Force and Space Force active-duty members (eligible couples) who complete the class.

2-DAY WORKSHOP  
**JULY 29-30**  
8:30am to 12:30pm

**MILITARY & FAMILY  
READINESS CENTER**

1410 Langley Ave • Bldg 4215

Call to enroll by July 22

**919-722-1123**

Email: [4fss.fsfr@us.af.mil](mailto:4fss.fsfr@us.af.mil)

[sjfss.com/military-family-readiness-center/](http://sjfss.com/military-family-readiness-center/)  
[www.facebook.com/sjmfrc](https://www.facebook.com/sjmfrc)

# Holiday Spending

July 15 • 1 to 2pm • M&FRC

Designed to help service members plan for the added expenses of holidays and special events and to develop strategies to avoid overspending and accumulating excessive debt. The money management tips in this course apply year-round, to all holidays and to special occasions. For more information or to sign up, call M&FRC at 919-722-1123.



# AIR NATIONAL GUARD

**+ HEALTHCARE**  
-CONTINUED TRICARE FOR YOU & YOUR FAMILY

**CAREER GROWTH**  
-CROSS TRAINING INTO YOUR DREAM AFSC

**PAY & TUITION**  
-BONUSES AVAILABLE UP TO \$75,000

**RETIREMENT**  
-TSP, SGLI, & RETIREMENT OPTIONS

**SECURITY CLEARANCE**  
-STAY ELIGIBLE



IN-SERVICE RECRUITER

AIR NATIONAL GUARD >>>



ASK ABOUT  
**PALACE CHASE | PALACE FRONT**

JOIN THE  
AIR NATIONAL GUARD >>>

## Mastering Resume Essentials

June 16 • 8am to 12:30pm • M&FRC

This intensive workshop is designed to help you create your most effective civilian resume for the career you want. Trained facilitators will provide guidance on how to evaluate your resume and understand job application techniques. To sign up, call 919-722-1123 by June 9.

## LinkedIn Profile Builder

June 17 • 10am to 12pm • M&FRC Training Room

This two-hour workshop walks participants through building their LinkedIn profiles. Participants learn how to create a profile that markets their professional brand, uses keywords to attract recruiters, and utilizes LinkedIn for skill endorsements and recommendations from their networks. **This workshop is a prerequisite for the LinkedIn Job Search workshop.** Call 919-722-1123 to sign up by June 10.

## LinkedIn Job Search Workshop

June 17 • 1 to 3pm • M&FRC Training Room

This two-hour workshop offers insider knowledge to utilize LinkedIn's job search features. Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. This workshop also shares a rare sneak peek into the recruiter's view on LinkedIn providing invaluable insight into LinkedIn job searches. Call 919-722-1123 to sign up by June 10.

## Federal USAJobs Resume Writing

July 8 • 9 to 11am • M&FRC Training Room

This class focuses on resume writing for government positions, how to search for jobs on USAJobs.gov, plus tips and tricks to using the website. Call 919-722-1123 to sign up by July 7.

## Salary Negotiations

July 28 • 10am to 12pm • Virtual

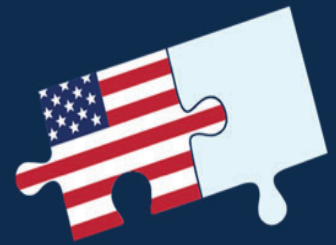
This workshop is designed to take the mystery out of salary negotiation. Attendees are instructed on how to conduct salary research and fundamentals of effective negotiation.

## Job Fair & Interview Strategies

July 28 • 1 to 3pm • Virtual

This workshop digs deeper into job fair strategies, how to handle on the spot interview, and actions to take following the event. Call 919-722-1123 for more information and to sign up.

# ARE YOU LOOKING FOR A NAF JOB?



SHAPE AMERICA'S FUTURE  
Find your fit in the Federal Government

APPLY → [WWW.USAJOBS.GOV](http://WWW.USAJOBS.GOV)

## AUTO HOBBY EVERYDAY PRICES=

# BIG

## SAVINGS ON OIL CHANGES

### WEDNESDAY - SUNDAY 10:00AM TO 4:30PM



**Call for appointment**

1295 Jabara Ave  
919-722-1309

# Hard Charger Awards



**ABOVE:** 4th Force Support Squadron Commander, Lt Col Luis Linares-Ayala (LA), presents the Hard Charger Team Award and traveling bolt trophy to the Civilian Personnel Office. Left to right: Peyton Woods, Debbie Carlson, Angela Demers, Lt Col LA, Nicole Bailey, SMSgt Kaythi Rasay, Logan Thorn, MSgt Danielle Mendez, and Maj Kenneth Bautista. Not available for photo: Cathy Senatz and Damius Rice.



**ABOVE:** The Hard Charger Individual, Civilian Category Award goes to Cristy Barnes-Williams, School Liaison. Left to right: Maj Bautista, Lt Col LA, Ms Barnes-Williams, CMSgt Darden, and MSgt Mendez.











**ABOVE:** The Hard Charger Individual, Military Category Award goes to SSgt Jocelyn Pacheco of the Base Honor Guard. Left to right: MSgt Mendez, Lt Col LA, SSgt Pacheco, CMSgt Darden, Maj Bautista, and Capt Zac Newman.

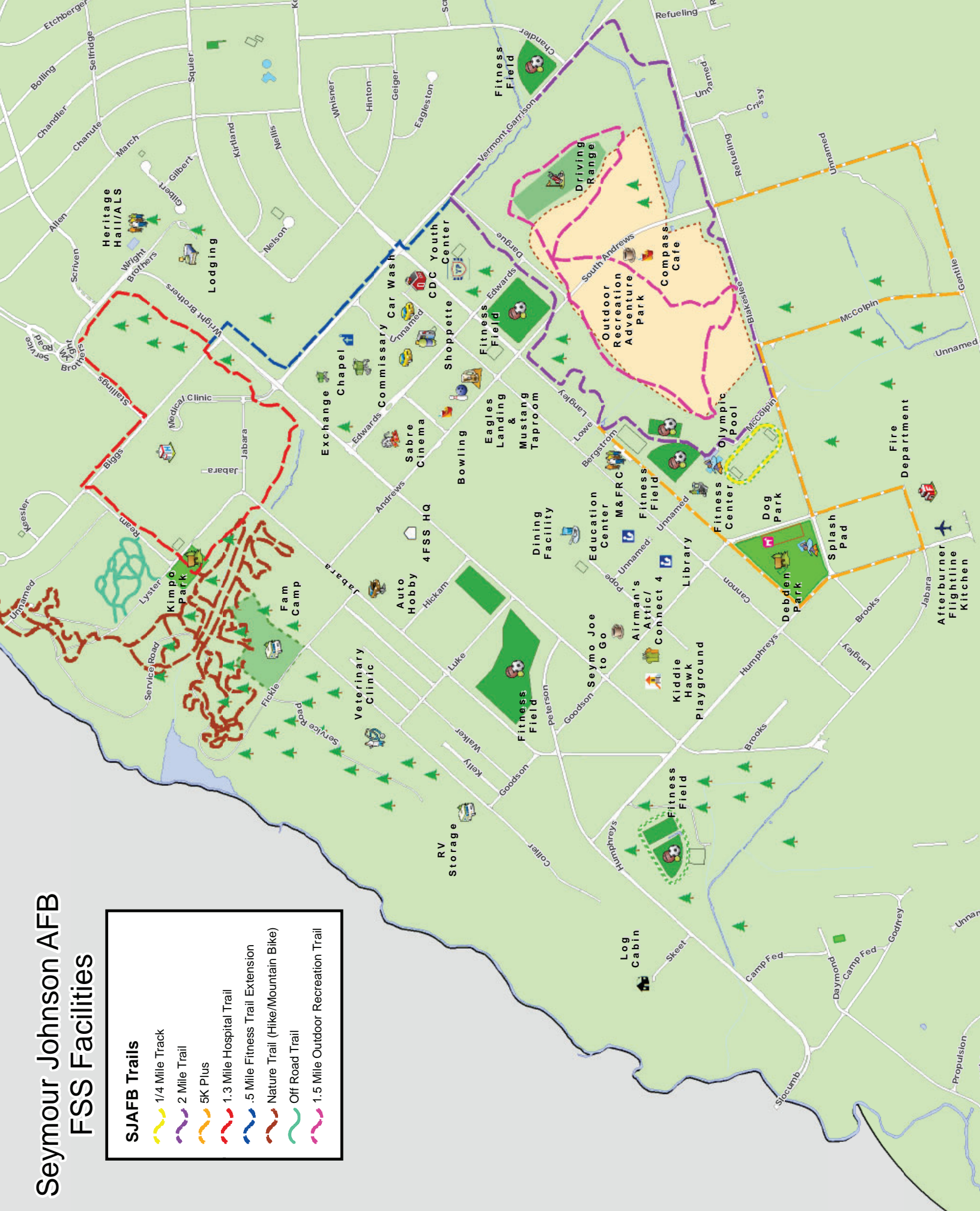
Please join us in recognizing these outstanding members of the 4 FSS.



# Seymour Johnson AFB FSS Facilities

**SJAFB Trails**

-  1/4 Mile Track
-  2 Mile Trail
-  5K Plus
-  1.3 Mile Hospital Trail
-  .5 Mile Fitness Trail Extension
-  Nature Trail (Hike/Mountain Bike)
-  Off Road Trail
-  1.5 Mile Outdoor Recreation Trail



## FAMILY

[fb.com/sjafb.family](https://www.facebook.com/sjafb.family)

Family Support—

- **EFMP - Family Support**  
919.722.1123 • 1410 Langley Ave  
[fb.com/sjefmp](https://www.facebook.com/sjefmp)  
Monday - Friday 8:00am - 4:00pm
- **Military & Family Readiness Center**  
919.722.1123 • 1410 Langley Ave  
[fb.com/sjmfrc](https://www.facebook.com/sjmfrc)  
Monday - Friday 8:00am - 4:00pm  
\*Closes on first Tuesday at 12:00pm
- **School Liaison**  
919.722.5810 • 1515 Goodson St  
[fb.com/schools.sj](https://www.facebook.com/schools.sj)  
Monday - Friday 8:00am - 4:00pm

Child Care—

- **Child Development Center**  
919.722.1198 • 1030 Langley Ave  
Monday - Friday 6:30am - 5:30pm
- **Family Child Care**  
919.722.7194 • 1515 Goodson St  
Monday - Friday 8:00am - 4:00pm
- **School Age Care**  
919.722.0502 • 1035 Langley Ave  
Monday - Friday 6:30 - 7:05am  
3:00 - 6:00pm  
Non-school days (M-F) 6:30am - 6:00pm

Youth Activities—

- **Youth Programs**  
919.722.0502 • 1035 Langley Ave  
[fb.com/sjyouth](https://www.facebook.com/sjyouth)  
Monday - Friday 6:30 - 7:30am  
3:00 - 6:00pm  
Non-school days (M-F) 1:00 - 6:00pm

## SHOPPING

- **Commissary**  
919.722.0321 • 1310 Edwards St  
Monday - Saturday 8:30am - 7:00pm  
Sunday 11:30am - 6:00pm
- **Exchange (BX)**  
919.735.8511 • 1350 Edwards St  
[fb.com/SeymourJohnsonExchange](https://www.facebook.com/SeymourJohnsonExchange)  
Monday - Saturday 9:00am - 6:00pm  
Sunday 11:00am - 6:00pm
- **Express with Class Six**  
919.734.7235 • 1090 Cannon Ave  
Monday - Friday 6:00am - 9:00pm  
Saturday 8:00am - 9:00pm  
Sunday 9:00am - 8:00pm

Thrift Shops—

- **Airman's Attic**  
919.722.7181 • 1515 Goodson St  
*Overseen by the M&FRC*  
Tuesday & Thursday 10:00am - 1:00pm  
First Saturday 12:00 - 2:00pm
- **Thrift Shop**  
919.722.0606 • 1585 Andrews St  
Monday 4:00 - 6:00pm  
Tuesday & Thursday 9:30am - 1:00pm

## FUN

[fb.com/sjafb.fun](https://www.facebook.com/sjafb.fun)

Base Community—

- **Barber Shop**  
919.722.7760 • 1240 Andrews St
- **Community Programs & Partnership Office (CPPO/Eagles Landing)**  
919.722.8684 • 1240 Andrews St  
Monday - Friday 8:00am - 5:00pm
- **Connect 4**  
919.722.8684 • 1515 Goodson St  
Monday - Friday 8:00am - 5:00pm
- **Kiddie Hawk Playground**  
919.722.8684 • 1515 Goodson St  
Daily 8:00am - 8:00pm

Entertainment—

- **Auto Hobby Shop**  
919.722.1309 • 1295 Jabara Ave  
Wednesday - Sunday 10:00am - 6:00pm
- **Bowling: Phantom Lanes**  
919.722.0350 • 1290 Andrews St  
Monday - Thursday 7:00am - 8:00pm  
> Down Day/Holiday\* 1:00 - 7:00pm  
Friday 7:00am - 9:00pm  
> Down Day/Holiday\* 1:00 - 9:00pm  
Saturday 11:00am - 9:00pm  
Sunday Closed for summer  
\*Closed on New Years, Thanksgiving and Christmas days
- **Information, Tickets & Travel (ITT)**  
919.722.1104 • 1385 S. Andrews St  
Monday - Friday 9:00am - 4:00pm  
Saturday 9:00am - 9:00pm  
No ticket sales on last business day of a month
- **Sabre Cinema**  
919.722.8684 • 3740 Edwards St  
Open by reservation only and for advertised movie showings

Outdoor Recreation—

- **Adventure Park (Outdoor Rec)**  
919.722.1104 • 1385 S. Andrews St  
Monday - Friday 9:00am - 4:00pm  
Saturday 9:00am - 4:00pm  
\*Closes on second Wednesday at 1:00pm
- **FamCamp**  
919.722.1104 • 100 Fickel St  
*Operated by Outdoor Recreation*
- **Splash Pad (seasonal)**  
919.722.1104 • Debden Park  
[teamup.com/ks6krds62rkaq431by](https://www.teamup.com/ks6krds62rkaq431by)  
*Operated by Outdoor Recreation*  
Daily 9:00am - 7:00pm
- **Swimming Pool (seasonal)**  
919.722.1104 • Behind Fitness Center  
[teamup.com/ks6krds62rkaq431by](https://www.teamup.com/ks6krds62rkaq431by)  
*Operated by Outdoor Recreation*  
Monday - Thursday 11:00am - 6:00pm  
>Lap Swim 6:00 - 7:00am, 7:15 - 8:15am  
Friday - Sunday 10:00am - 5:00pm

## FITNESS

[fb.com/sjafb.fitness](https://www.facebook.com/sjafb.fitness)

- **Fitness & Sports Center**  
919.722.0420 • 1500 Langley Ave  
Monday - Friday 5:00am - 9:00pm  
Saturdays, Down Days 7:30am - 5:30pm  
Sundays, Holidays Unmanned access

## FOOD & LODGING

[fb.com/sjafb.food](https://www.facebook.com/sjafb.food)

Food—

- **10 Pin Café**  
919.722.0349 • 1290 Andrews St  
Monday - Thursday 7:00am - 8:00pm  
> Down Day/Holiday\* 1:00 - 6:00pm  
Friday 7:00am - 9:00pm  
> Down Day/Holiday\* 1:00 - 9:00pm  
Saturday 11:00am - 9:00pm  
Sunday Closed for summer  
\*Closed on New Years, Thanksgiving and Christmas days
- **Afterburner Kiosk**  
919.722.5294 • 2814 Jabara Ave  
Sunday - Friday  
> Midnight Meal 12:00 - 3:00am  
> Lunch 11:00am - 2:00pm  
> Dinner 5:00 - 8:00pm
- **Compass Café & Catering**  
919.722.0394 • 1385 S Andrews St  
Monday - Friday 6:30am - 1:00pm
- **Mustang Taproom**  
919.722.8547 • 1240 Andrews St  
[fb.com/mustangtaproom](https://www.facebook.com/mustangtaproom)  
Wednesday - Thursday 3:00 - 8:00pm  
Friday - Saturday 3:00 - 10:00pm
- **Seymo Joe to Go**  
919.722.3104 • 1514 Goodson St  
Monday - Friday 6:00 - 10:30am

- **Southern Eagle Dining Facility**

919.722.5294 • 3650 Pope St  
Monday - Friday  
> Breakfast 6:00 - 9:00am  
> Lunch 10:30am - 1:30pm  
> Dinner 4:30 - 6:30pm  
Saturday, Sunday, Down Days and holidays  
> Breakfast 6:30 - 8:30am  
> Lunch 10:30am - 1:30pm  
> Dinner 4:30 - 6:30pm  
Grab-n-Go is available after breakfast and lunch meals

Lodging—

- **Blakeslee Air Force Recreation Area**  
910.500.6465 • Kure Beach  
[fb.com/blakesleeafa](https://www.facebook.com/blakesleeafa)  
Daily 9:00am - 5:00pm
- **Lodging @ Southern Pines Inn**  
919.722.0385 • 1235 Wright Brothers Ave  
Daily 24 hours a day/7 days a week

DISCLAIMER: Information in this magazine is current at the time of publication. All facility programs, event hours, prices and dates are subject to change without notice. Contact each facility for the most up-to-date information. The Seymour, Explore More magazine is prepared by the 4 FSS Marketing Department and is an unofficial publication of the Seymour Johnson community. Contents are not necessarily the official views, nor endorsed by the U.S. Government, the Department of Defense or the 4th Fighter Wing. No Federal endorsement of advertisers or sponsors is intended.

## FORCE SUPPORT

[fb.com/sjffs](http://fb.com/sjffs)

Military—

- **Honor Guard**  
919.722.7019 • 1175 Wright Brothers Ave  
Monday - Friday 8:00am - 4:00pm
- **Military Personnel Flight**  
919.722.8677 • 1600 Wright Brothers Ave  
Monday - Friday 9:00am - 3:00pm\*  
\*Closed for training on first Wednesday
- **DEERS & ID Cards**  
919.722.8702 • 1600 Wright Brothers Ave  
Monday, Tuesday, Thursday,  
and Friday 7:30am - 3:30pm  
Wednesday 8:30am - 3:30pm
- **Private & Unofficial Organizations**  
919.722.7286 • 1600 Wright Brothers Ave  
Monday - Friday 7:00am - 4:00pm
- **Resource Management Flight**  
919.722.7286 • 1600 Wright Brothers Ave  
Monday - Friday 7:00am - 4:00pm

Support—

- **UNITE**  
919.722.1104 • 1385 S Andrews St  
Tuesday - Friday 9:00am - 3:00pm

Education—

- **Education & Training**  
919.722.5800 • 1195 Cannon Ave  
Monday - Wednesday 8:00am - 4:00pm  
Thursday Scheduled briefings only  
Friday 8:00am - 4:00pm
- **Library**  
919.722.5825 • 1520 Goodson St  
[fb.com/sjafb.library](http://fb.com/sjafb.library)  
Monday - Wednesday 10:00am - 6:00pm  
Thursday 10:00am - 7:00pm  
Friday 10:00am - 6:00pm  
Saturday 10:00am - 5:00pm
- **Professional Development Center**  
919.722.1149 - Airman Leadership School  
919.722.5857 - Career Assistance  
1175 Wright Brothers Ave  
Monday - Friday 7:00am - 4:00pm

Civilian Jobs—

- **Civilian Personnel Office**  
919.722.0117 • 1500 Vermont Garrison St  
Monday - Friday 7:30am - 4:30pm\*  
\*Closed for training on first Wednesday
- **NAF Human Resources**  
919.722.5939 • 1500 Vermont Garrison St  
Monday - Friday 7:30am - 4:30pm  
\*Closed for training on first Wednesday

Publicity—

- **Commercial Sponsorship**  
919.722.7154 • 1600 Wright Brothers Ave  
Cell 919.396.2843  
Monday - Friday 8:30am - 4:00pm
- **Marketing**  
919.722.8532 • 1600 Wright Brothers Ave  
Monday - Friday 8:00am - 4:00pm

## HELPING AGENCIES

- **4 FW/IG Hotline**  
919.722.0211 • Cell 919.273.9850
- **Air Force Aid Society**  
919.722.1123
- **Air Force Discrimination/Sexual Harrassment** • 888.231.4058
- **Alcohol & Drug Abuse Prevention**  
919.722.1883
- **Area Defense Council**  
919.722.5345
- **Behavioral Health Optimization Program**  
919.722.1802
- **Casualty & Survivors Benefits Plans**  
919.722.7192 • 1600 Wright Brothers Ave
- **Chaplain/Base Chapel**  
919.722.0315 • 1505 Vermont Garrison St
- **Child Protective Services**  
919.580.4034
- **DoD Fraud, Waste & Abuse Hotline**  
800.424.9098
- **Domestic Violence Victim Advocate**  
919.230.2980
- **Equal Opportunity**  
919.722.1180 • 919.722.1184
- **Employee Assistance Program (CIV)**  
866.580.9046
- **Exceptional Family Member Program - Medical** • 919.722.0809
- **Family Advocacy**  
919.722.1878
- **Health Promotion**  
919.722.0407
- **Integrated Resiliency Office**  
919.722.4492
- **Key Support Liaison Coordinator**  
919.722.1123
- **Legal Assistance**  
919.722.5322
- **Medical Group Primary Care**  
919.722.1802
- **Mental Health Clinic**  
919.722.1883
- **Military Family Life Counselor**  
919.886.3346 - Adult  
314.943.9784 - Child
- **Military One Source**  
800.342.9647
- **Safety**  
919.722.4222
- **TRICARE Information & Referral**  
800.444.5445
- **USO of NC - SJAFB Center**  
919.330.1226 • 1240 Andrews St  
[northcarolina.uso.org](http://northcarolina.uso.org)
- **Violence Prevention Coordinator**  
919.722.0748
- **Worldwide DoD Safe Helpline**  
977.995.5247

## EMERGENCY SERVICES

- **Ambulance/Fire/Police**  
911
- **Command Post**  
919.722.1973
- **Eagle Eyes**  
919.722.1212 - If you observe suspicious activity, please call us.
- **National Suicide Hotline**  
800.273.8255
- **Points East Veterinary Specialty Hospital** (24/7 emergency care)  
252.991.6560 • 5702 Grover Lane, Sims
- **Poison Control Center**  
800.222.1222
- **Red Cross Emergency Communications**  
877.272.7337
- **Security Forces**  
919.722.1211 • Tip Line 919.722.8477
- **Sexual Assault Prevention & Response**  
919.722.7272 - Hotline

## RESOURCES

- **Airmen Against Drunk Driving**  
919.722.2233 • [fb.com/callaadd](http://fb.com/callaadd)  
Friday - Saturday 10:00pm - 3:00am
- **Base Operator**  
919.722.1110
- **Equipment Rental**  
919.722.1104 • 1385 S Andrews St  
Monday - Friday 9:00am - 4:00pm  
\*Closes on second Wednesday at 1:00pm
- **Manpower & Organization**  
919.722.5336 • 1195 Cannon Ave  
Monday - Friday 7:00am - 4:30pm
- **Mayroad**  
919.988.6920 • 600 Kenly Rd  
[fb.com/sjres](http://fb.com/sjres)  
Monday - Friday 7:30am - 5:30pm
- **Military Housing Office**  
919.722.0362 • 919.722.0363  
919.722.0364 • 600 Kenly Rd
- **Public Affairs**  
919.722.0027 • 1600 Wright Brothers Ave  
[fb.com/SeymourJohnsonAirForceBase](http://fb.com/SeymourJohnsonAirForceBase)
- **RV Storage**  
919.722.1104 • Collier Ave  
*Operated by Outdoor Recreation*
- **Traffic Management Office (TMO)**  
919.722.5490 • 919.722.5458
- **Vet Clinic**  
919.722.1465 • 1003 Collier Ave  
[fb.com/SJVTF](http://fb.com/SJVTF)  
By appointment only  
Monday - Thursday 10:00am - 3:00pm
- **Visitors Center**  
919.722.1335 • 919.722.1345  
1050 Wright Brothers Ave  
Monday - Friday 7:00am - 4:30pm  
After hours visitor passes: go to the main gate on Berkeley Blvd



# AIR NATIONAL GUARD

**+ HEALTHCARE**  
-CONTINUED TRICARE FOR YOU & YOUR FAMILY

**CAREER GROWTH**  
-CROSS TRAINING INTO YOUR DREAM AFSC

**PAY & TUITION**  
-BONUSES AVAILABLE UP TO \$75,000

**RETIREMENT**  
-TSP, SGLI, & RETIREMENT OPTIONS

**SECURITY CLEARANCE**  
-STAY ELIGIBLE



IN-SERVICE RECRUITER

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ASK ABOUT  
**PALACE CHASE | PALACE FRONT**

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