

SEYMOUR

MAY 2026

explore more

Military Appreciation Month
PROGRAMS & EVENTS
Presented by the 4th Force Support Squadron

Lukas



AIR NATIONAL GUARD



IN-SERVICE RECRUITER

AIR NATIONAL GUARD >>>



+ HEALTHCARE
-CONTINUED TRICARE FOR YOU & YOUR FAMILY

+ CAREER GROWTH
-CROSS TRAINING INTO YOUR DREAM AFSC

+ PAY & TUITION
-BONUSES AVAILABLE UP TO \$75,000

+ RETIREMENT
-TSP, SGLI, & RETIREMENT OPTIONS

+ SECURITY CLEARANCE
-STAY ELIGIBLE

ASK ABOUT
PALACE CHASE | PALACE FRONT

>>> JOIN THE AIR NATIONAL GUARD

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— With Carlos Mencia and featuring Walter Campbell



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— Opportunities await, along with FREE lunch while supplies last



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Centerspread pull out poster—just add magnets and post on your fridge



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4 FSS facilities + base resources at a glance

COVER IMAGE: Courtesy photo submitted by MSgt Lisa Chuku; photographer: Emeka Chuku.
— Contact 4fss.marketing@us.af.mil to share your photos for consideration to place on the cover.



Lens & Landscapes



DAY 1

Friday, June 12 | 4pm - 7pm
Compass Cafe

- Introduction to Leave No Trace Ethics
- Learn and practice camera basics for landscape photography
- Pre-Trip Brief for Day 2

2-Day Photography Workshop & Hiking Trip

Sign Up Dates:

- Active Duty, Guard, & Reserve: May 18-22
- Other Authorized Participants: May 22-29
- Limited Spots Available

DAY 2

Saturday, June 13 | 7am - 3pm
Raven Rock State Park in Lillington, NC

Enjoy an engaging hike to picturesque locations to practice your learned photography skills.

\$55 per person / Ages 18+

Cost includes camera equipment & professional instruction for both days, guided hike, complimentary water bottle & trail lunch on Day 2. Transportation is not included but ODR Van will have space available as first come first serve basis.

Call Or Visit Outdoor Rec To Register

www.sjfss.com | 919.722.1104 | fb.com/sjafb.fun



FSS Scramble

PLAY. ENTER. WIN.

Rearrange the letters to form words and solve the puzzle. Email your answers to 4fss.marketing@us.af.mil to enter a prize drawing.
-Base access required

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SNAP A PHOTO OF YOUR PET IN THEIR MOST PATRIOTIC OUTFIT OR SETTING AND

ENTER for a chance to WIN!

2 GRAND PRIZE WINNERS
RECEIVE A \$500 EXCHANGE GIFT CARD.



8 RUNNER UP WINNERS
RECEIVE A \$250 EXCHANGE GIFT CARD.

Go to shopmyexchange.com/sweepstakes to enter and for complete details.

May 1 - May 31, 2026

2025 FCC Provider of the Year



“At its heart, being an FCC provider is more than a profession. It is a purpose. It is about creating a space where children feel safe, valued, and encouraged to grow. It is about building trust with families and making a lasting difference, one child at a time.

And honestly, I love my kids, and I love being an FCC provider.”

— Liza La Pierre

With Provider Appreciation Day fast approaching on May 8, Community Child Care Coordinator, Lynn Lepley introduces the 2025 Family Child Care (FCC) Provider of the Year, Mrs. Liza La Pierre.

Liza, a military spouse and mother of a teen, is a Department of Air Force Certified FCC provider and the proud owner of Liza’s Magic Garden. She says her FCC home is “dedicated to creating a safe, nurturing and enriching environment for children.” Liza enjoys cooking and expressing creativity through food. One of her favorite activities is bringing that passion into her childcare program, creating opportunities for learning, connection, and cultural sharing.

Born in Brazil and raised in Japan, Liza’s roots shaped her identity, instilling values (warmth, love, a strong sense of connection, discipline, respect, and attention to detail) that guide her, not only in her personal life but in the way she cares for children every day.

Holding a degree in Business Administration with an emphasis in International Trade, Liza developed strong communication skills in English, Portuguese, Spanish, and Japanese. Liza’s journey working with children began as a language educator at an international school in the Tokyo region.

The turning point was when she discovered the FCC program after moving to the United States four years ago. Liza says that becoming a provider was a natural continuation of her journey, combining her passion for working with children, desire to support the military community, and her need to build a new professional path.



ABOVE: 4th Mission Support Group commander Col Jason Okumura, second from left, proudly presents Liza La Pierre with a custom plaque commemorating her selection as the 2025 Family Child Care Provider of the Year. Left to right: CMSgt Simon Fancher, Col Okumura, Ms La Pierre, Lynn Lepley, Alex Goodwine-Crockett, and Lt Col Luis “LA” Linares-Ayala, 4th Force Support Squadron commander.

PHANTOM LANES

Penny a Pin Bowling

Wednesdays • 5 to 9pm

Bowl for pennies at Phantom Lanes. You only pay for the pins you knock down. Bowl over 200 and it's free.

All You Can Bowl

Thursdays • All Day

Cost includes bowling and shoe rental.

7am to 5pm \$6.99

5 to 9pm \$8.59

Cosmic Bowling

Saturdays • 2:30 to 4:30pm

Enjoy glow-in-the-dark bowling for only \$8.00 per person, shoe rental included!

MEMORIAL DAY Bowling



MAY 25 • 1 TO 7PM

\$2 GAME | \$2 SHOES

1290 ANDREWS ST
919.722.0350

PHANTOM LANES

FB.COM/SJAFB.FUN
SJFSS.COM



STROLL & STRIDE

RUN/WALK

MAY 7 @ 3PM

FITNESS CENTER 2-MILE TRACK

OPEN TO ALL DOD CIVILIANS, DEPENDENTS, RETIREES, VETERANS AND MEMBERS OF SJAFB TO PARTICIPATE IN!



[SIGN UP HERE >](#)

WWW.SJFSS.COM | 722-0420 | FB.COM/SJAFB.FITNESS



Tuesday May 26
8am to 1pm

Fitness Center track & pad

Scan the code to pre-register



The "Hero's WOOD"
(Optional 20lb vest)

1 MILE RUN
100 PULL-UPS
200 PUSH-UPS
300 AIR SQUATS
1 MILE RUN

SEYMOUR JOHNSON AFB

sjfss.com | f/sjafb.fitness



The "Murph" challenge is more than just a workout of the day, it's a tradition to honor the courage and valor of Navy SEAL, Lt. Michael P. Murphy. While under attack in combat, Murphy valiantly put himself in the direct line of fire to radio for immediate support for his team. He was awarded posthumously, the Medal of Honor for his actions during the War in Afghanistan: Operation RED WINGS.

DEPARTMENT OF THE AIR FORCE



919.722.0420

BASKETBALL COMPETITION

The Youth Program Teens edged out the parents & staff by just 2 points after a last-minute turnover—now it's time for round two! Parents and youth, come play or cheer us on. Refreshments will be provided!

REMATCH!

FREE!



TEENS

PARENTS/STAFF

May 8 | 6 - 8 PM
Ages 13 - 18 | Youth Center

Call to Sign-Up or for more information

www.sjffs.com | 919.722.0502 | fb.com/sjyouth



ARMED FORCES KIDS COLOR RUN

MAY 16 • 10:00AM-12:30PM
10:00am - EFMP families, half-mile run
10:30am - 2-mile run open to all with base access
MUSIC • GAMES • REFRESHMENTS
Free T-shirts for participants while supplies last



Scan code or visit americaskidsrun.org/register/seymour-johnson-afb to sign up



Youth Center • 919-722-0503
1035 Langley Ave | sjffs.com | fb.com/sjafb.family



OLYMPIC POOL SEASON

OPEN
MEMORIAL DAY - LABOR DAY
WEEKENDS



MON - THURS
11AM - 6PM
FRI - SUN
10AM - 5PM

Season Pass

- For purchase May 4 - July 24
Adult (14+) \$40
Child (2-13) \$20

Weekender Pass

- Friday-Sunday, Memorial & Labor Day
All ages \$10 *Budget-friendly Option*

Daily Pass

All ages \$2/day

Lap Swim - Ages 18+

Monday - Thursday
6 to 7am | 7:15 to 8:15am
- Limit 25 participants
- First Come, First Served
- Priority: Active Duty

POOL PARTY PACKAGES

Private use of Olympic Pool
Lifeguards
XL Grill rental
Pool games
Catering additional: Contact
Compass Café 919.722.0394

Friday, Saturday & Sunday
5:30 to 8:30pm

Pool Party pricing:
\$150 up to 49 guests
\$50 for each additional 50 guests

DEBDEN PARK SPLASH PAD • OPEN DAILY 9AM - 7PM

Outdoor Rec • 1385 S Andrews St • 919.722.1104 • sjffs.com • fb.com/sjafb.fun
SCHEDULES SUBJECT TO CHANGE PENDING WEATHER AND STAFF AVAILABILITY



TO REGISTER YOUR CHILDREN TO RECEIVE
2 FREE GAMES OF BOWLING A DAY THIS SUMMER,
GO TO WWW.KIDSBOWLFREE.COM

AGES 2-15

1 JUNE—1 SEPT • 1290 Andrews St • 919-722-0530



SCAN to SIGN UP

Times Available

31 May	→	1 Sep
MONDAY		Open — Close
TUESDAY		Open — Close
WEDNESDAY		Open — Close
THURSDAY		Open — Close
FRIDAY		Open — 10:00pm
SATURDAY		Open — 2:30pm - 9:30pm
SUNDAY		Not Available

PHANTOM LANES

sjffs.com/bowling-center/
fb.com/sjafb.fun

Cash Bingo

May 7 • 6pm • Eagles Landing

You asked, we listened. Join us on the second Thursday of this month for a chance to win up to \$1,500 in CASH prizes! Play is open to ages 18 and up. Doors open at 5pm for card sales.

Need to know

If you are all in and ready to commit to playing, the best deal is to **pre-register by calling 919-722-8684**. You'll save \$5 off buy-in, \$2.50 off each additional book, and \$2 off every Early Bird sheet just by registering before close of business on May 6.

Priced as follows:	<u>Advance</u>	<u>Day of</u>
• Buy-in (two books)	\$25.00	\$30.00
• Add a book	\$12.50	\$15.00
• Early Bird sheet	\$5.00	\$7.00
• BINGO dauber	\$1.00	\$1.00

Prices are per player; no sharing books between players, please.

Trivia Night

May 20 • 5:30pm • Eagles Landing

Teams of up to six people go head to head in this monthly trivia challenge. Bring your friends and play along for a chance to win FSS gift cards. Team registration begins at 5pm in the Mustang Taproom.

Get your squad together and come up with a fun team name—it won't cost you a thing to enter! No team, no problem. Individuals are welcome to play.

Prize Bingo

May 28 • 6pm • Eagles Landing

The Community Programs & Partnership Office (CPPO) brings more of what you're looking for. Join us on the fourth Thursday for a chance to win some amazing prizes!

Rules and fees are the same as mentioned under "Cash Bingo." Advance sales end on May 27. Call 919-722-8684 to get the discounted rates.

Bloom & Brush
PAINT A PORCH GOOSE

\$55/person
(INCLUDES ALL MATERIALS & 23" PORCH GOOSE)

5:30PM - 8PM
MUSTANG TAPROOM

May 9th
CALL TO SIGN UP BY MAY 1ST

SJFSS.COM | 919.722.8684 | FB.COM/SJAFB.FUN



RING MAKING WORKSHOP

May 16
5:30pm to 10:00pm
Mustang Taproom
Sign Up by May 1

PRICES

\$20 per person / 18+ Only
Price includes ring sizes up to 3mm or a stacked set of 1.25mm bands.
4mm + \$15 / 6mm + \$25 / 8mm + \$35

Learn about the art of Jewelry Making and customize your own ring to take home!

Rings will be made of Sterling Silver. Bands width ranges from 1.25mm to 8mm.



sjfss.com | 919.722.8684 | fb.com/sjafb.fun



SCAN FOR REGISTRATION



MILITARY SPOUSE APPRECIATION CONNECT & CONQUER SPEED FRIENDING



TELEMYND

Eagles Landing 1240 Andrews St
Hosted by M&FRC 919-722-1123

MAY 6 / 6:00 PM



Beverages available for purchase in the Mustang Taproom



NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED



Sushi

MAKING WORKSHOP

MAY 21
5:30PM - 8:30PM
MUSTANG TAPROOM

\$20 PER PERSON
(INCLUDES ALL YOU CAN EAT SUSHI AND A DESSERT)
LIMITED SPOTS
SIGN UP BY MAY 14 | AGES 16 +

COME JOIN US FOR A DELICIOUS NIGHT OUT AND LEARN HOW TO MAKE YOUR VERY OWN SUSHI!

SJFSS.COM | 919-722-8684 | [FB.COM/SJAFB.FUN](https://fb.com/sjafb.fun)



MUSTANG TAPROOM

KARAOKE NIGHTS



FRIDAYS 6-10PM

1240 ANDREWS STREET

sjfss.com
fb.com/sjafb.fun
fb.com/sjafb.food
fb.com/mustangtaproom



- ☑ Serving those supporting the homefront
- ☑ Grab and Go
- ☑ 1st Tuesday Each Month



Grab & Go DRIVE THRU

Gratitude Meal
for Hearts Apart Families

1st Tuesday Monthly
Eagles Landing
(1240 Andrews St)
4:30pm - 6:30pm
While Supplies Last



FIRST CHURCH
OF WIS



Additional Info: M&FRC 919.722.1123
No Federal Endorsement Intended.



HEARTS APART COMMUNITY DINNER

for Friends, Family and Fellow Airmen
of Deployed Service Members

ALL are welcome!

Please join us as we come together
as a community to support one another.

3RD TUESDAY OF EACH MONTH
5 TO 7PM • EAGLES LANDING



HOSTED BY THE MILITARY & FAMILY READINESS CENTER
919-722-1123 | sjfss.com | fb.com/sjfss

**First come, first served; while supplies last*

BAKING CLASS

Exclusive offer for EFMP and deployed family members

WEDNESDAY
MAY 13
5:30 to 7:30pm

Learn baking skills and techniques
@ Great Harvest Bread Co - **FREE!**
1721 E Ash St, Goldsboro



Sign up by May 8
Call 919-722-1123



NO FEDERAL ENDORSEMENT INTENDED



Thanks A Latte, Military Spouses!

Smile, Sip, & Be Appreciated!

Join us to celebrate Military Spouse Appreciation Day!

Eagles Landing

May 8

7:30AM - 10:30AM

Free Coffee
& Breakfast Item

FIRST COME FIRST SERVE

Catered through Seymo Jo!

sjfss.com | 919-722-1123 | fb.com/sjmfrc



**NATIONAL FOOD DAY
OF THE MONTH:**

Shrimp

Free samples of a variety of shrimp specials. While taste testing pick up a survey card to let us know how we are doing and what you would like to see next!

**MAY 10
11AM - 1:30PM**

**SOUTHERN EAGLE
DINING FACILITY**

Contact Us 919-722-5294 | Visit Our Website or Facebook sjfss.com | fb.com/sjafb.food | Come See Us 3650 Pope St.

MEMORIAL DAY

REMEMBER & HONOR THE BRAVE
May 25, 2026

Local Dining Facility | Lunch Special

ENTREES

Honey BBQ Chicken	\$3.00
BBQ Pork Ribs	\$3.75
Cheeseburger	\$5.00
Hot Dog	\$1.60

SIDES

Savory Baked Beans	\$0.60
Balsamic Roasted Vegetables	\$1.25
French Fries	\$1.35
Farmhouse Potato Salad	\$0.70
Macaroni and Cheddar Salad	\$0.75
Watermelon	\$1.35

13 APRIL - 30 JUNE 2026

Spring Specials!

MON - FRI
6 TO 10:30AM

Lemon Lagoon

Jelly Bean Flavored Lemonade
Medium 2.50 Large 3.50

Bunny Latte

Carrot Cake Latte with Cheesecake Cold Foam
Medium 7.25 Large 7.75

April Showers

White Lavendar Mocha

Southern Spring

Banana Pudding Mocha
Medium 7.00 Large 7.75



Seymo Joe to Go

1514 GOODSON STREET | 919.722.3104 | SJFSS.COM/SEYMO-JOE-TO-GO

BANANA BONANZA

13 APRIL - 9 JULY 2026

Banana Split — Blended Drink

Medium 4.50

Banana Bread Latte

Medium 5.50 Large 6.00

Banana Foster Latte

Medium 5.50 Large 6.00

Banana Nut Toffee Latte with Crushed Kinder Bueno Topping

Medium 7.25 Large 7.75

MON - FRI
6 TO 10:30AM



Seymo Joe to Go

1514 GOODSON STREET | 919.722.3104 | SJFSS.COM/SEYMO-JOE-TO-GO

FIRST FRIDAYS

JUNE 05, 2026 | MUSTANG TAPROOM

FREE ENTRY | 3:00 - 10:00 PM

DRINK RESPONSIBLY. HAVE A PLAN. GET A RIDE.
AIRMEN AGAINST DRUNK DRIVING
919-722-2233

DRINK SPECIALS | FREE FOOD
GENT'S BOUNTY FOOD TRUCK
(WHILE SUPPLIES LAST)



SJFSS.COM | 919.722.8684 | FB.COM/SJAFB.FOOD
NO FEDERAL ENDORSEMENT INTENDED.



Flavor Frenzy Deals

10-Pin Café —

1290 Andrews St • 919-722-0349

Chicken Parmesan Melt

Mondays • 7am to 8pm

Combo with fries and drink \$10.25

Taco Tuesday

Tuesdays • 9am until sold out

3 tacos with fries and drink \$10.00

- Beef or chicken, crunchy or soft

Hot Link Sausage Dog Special

Wednesdays • 7am to 8pm

Combo with fries and drink \$6.00

Hot Link and bun alone \$2.75

Chicken Fried Rice

Thursdays • 9am until sold out

Entree with egg roll and drink \$5.50

Compass Café —

1385 S Andrews St • 919-722-0394

Chicken & Waffle Special

Wednesdays • 6:30am to 1pm

Belgian waffle, 2 chicken strips and drink \$8.00

French Toast Friday

Fridays • 6:30 to 10:30am

2 slices, 2 eggs, choice of meat and drink \$8.00

Burger Special (Five juicy options)

Mondays • 10:30am to 1pm

With choice of side and drink \$12.00

- BBQ Bacon Cheeseburger, Jalapeno Cheddar, Mushroom Swiss, Buffalo Bacon Ranch, or ODR Burger

Southern Eagle Dining Facility —

3650 Pope St • 919-722-5294

Limited Time Offer

Turkey Chorizo & Egg Breakfast Flatbread \$6.25

Levantine Chicken Shawarma Wrap \$4.00

Steak Night

May 3 • 4:30 to 6:30pm

Grilled Steak & Baked Potato \$12.55

District Dogs

May 6 • 10:30am to 1:30pm

Chicago Dog \$1.70

Chili Cheese Dog \$3.65

Southwest Dog \$2.30

Build Your Own Dog \$3.75

Fries \$1.35

Baked Beans .85

Potato Salad .70

Coleslaw .60

Taco Tuesday

May 12 • 10:30am to 1:30pm

Beef (2) \$3.80

Chicken (2) \$3.85

Beyond (2) \$5.65

Mexican Street Corn \$1.65

Global Street Foods: North America

May 14 • 10:30am to 1:30pm | 4:30 to 6:30pm

Shrimp & Grits \$6.00

BBQ Beef Brisket Sandwich \$5.25

Hot Honey Chicken Biscuit \$1.65

Poutine \$3.15

Mexican Corn on the Cob \$1.25

Root Beer Baked Beans .85

Caprese Snack Cup \$2.85

Carolina Slaw .65




Wing Wednesday

May 27 • 10:30am to 1:30pm

Fried Wings \$8.00

Roasted Wings \$8.00

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>THIS MONTH Fitness Center Challenge: One Rep Max Bench —take a chance to max out on your bench press to win! See staff for details.</p>	 <p>AEROBICS SCHEDULE</p>	 <p>SJFSS.COM</p>	 <p>AADD</p>
<p>3</p> <p>Bowling open 1pm Steak Night 4:30pm</p>	<p>4</p> <p>Pool Pass Sales Begin Burger Special, Compass Hearts Apart Bowling 5pm</p>	<p>5</p> <p>Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin Grab & Go Drive Thru 4:30pm</p>	<p>6</p> <p>Chicken & Waffle, Compass District Dogs, DFAC Penny-a-Pin Bowling 5pm Military Spouse Speed Friending 6pm</p>
<p>10</p> <p>Mother's Day Shrimp Day 11am, DFAC Bowling open 1pm</p>	<p>11</p> <p>Burger Special, Compass Hearts Apart Bowling 5pm</p>	<p>12</p> <p>Airman's Attic 10am Taco Tuesday, 10-Pin, DFAC Story Time 11am</p>	<p>13</p> <p>EFMP 101 10am Education/Job Fair 10am Moving Out of Dorms 2pm EFMP/Hearts Apart Baking Class 5:30pm</p>
<p>17</p> <p>Bowling open 1pm</p>	<p>18</p> <p>Burger Special, Compass Hearts Apart Bowling 5pm</p>	<p>19</p> <p>Newcomers Orientation 8am Federal Resume Class 9am Story Time 11am Taco Tuesday, 10-Pin Hearts Apart Dinner 5pm</p>	<p>20</p> <p>Chicken & Waffle, Compass Hot Link Special, 10-Pin Penny-a-Pin Bowling 5pm Single Airmen Bowling 5pm Trivia Night 5:30pm</p>
<p>24</p> <p>Splash Pad open 9am Pool open 10am Bowling open 1pm</p>	<p>25</p> <p>Memorial Day Memorial Day BBQ, DFAC Holiday Bowling 1pm</p>	<p>26</p> <p>Murph Challenge 8am Airman's Attic 10am Story Time 11am Taco Tuesday, 10-Pin</p>	<p>27</p> <p>Hot Link Special, 10-Pin Moving Out of Dorms 9am Wing Wednesday, DFAC Single Airmen Bowling 5pm Resilient Mindset 5:30pm</p>

Looking for 4 FSS Holiday Hours and Updates?

1. Visit sjfss.com (QR code below) and check out the FSS Events Calendar: sjfss.com/events/
2. Follow us on Facebook: 4th Force Support Squadron - Seymour Johnson AFB: facebook.com/sjfss
3. Sign up for email updates: sjfss.com/join-our-newsletter/

THURSDAY	FRIDAY	SATURDAY
<p>Carefully lift the staples and remove this handy calendar to place on your fridge or bulletin board</p> 	<p>1 French Toast, Compass Café Car Buying Class 1pm First Friday 3pm Karaoke 6pm</p>	<p>2 Open to All Ranks 12pm Matinee 1pm Cosmic Bowling 2:30pm Taproom open 3pm</p>
<p>7 Bundles for Babies 9am All You Can Bowl, All Day Stroll & Stride Run 3pm Cash Bingo 6pm</p>	<p>8 Provider Appreciation Day Spouse Coffee 7:30am Karaoke 6pm Basketball Rematch 6pm Movie Night 6pm</p>	<p>9 Cosmic Bowling 2:30pm Taproom open 3pm Paint a Porch Goose 5:30pm</p>
<p>14 All You Can Bowl, All Day Airman's Attic 10am Global Stree Foods, DFAC Comedy Show 6:30pm</p>	<p>15 French Toast, Compass Café Sloppy Joe, 10-Pin Dungeons & Dragons 5pm Karaoke 6pm</p>	<p>16 Color Run 10am Give Parents a Break 9am Dungeons & Dragons 10am Matinee 1pm Ring Workshop 5:30pm</p>
<p>21 All You Can Bowl, All Day Airman's Attic 10am Chicken Fried Rice, 10-Pin Will/Estate Planning 5pm Sushi Class 5:30pm</p>	<p>22 Goal Day Bowling open 1pm</p>	<p>23 Splash Pad open 9am Pool open 10am Cosmic Bowling 2:30pm Taproom open 3pm</p>
<p>28 All You Can Bowl, All Day Kitchen Klash 10:30am Flexible Job Options 10am Marketing Yourself 1pm Prize Bingo 6pm</p>	<p>29 French Toast, Compass Café Sloppy Joe, 10-Pin Paying Off Student Loans Class 1pm Karaoke 6pm</p>	<p>30 Splash Pad open 9am Pool open 10am Cosmic Bowling 2:30pm Taproom open 3pm</p>



- June 1
 - Kids Bowl Free
- June 2
 - Grab & Go
- June 4
 - Bundles for Babies
- June 5
 - first Friday
- June 6
 - Drive-in Movie
- June 12
 - Lens & Landscape
- June 13
 - Give Parents a Break
- June 16
 - Resume Essentials
 - Hearts Apart
- June 17
 - LinkedIn Workshops
 - Spouse Resiliency
 - Summer Reading Program Kickoff
- June 18
 - Father's Day Event
- June 25
 - Elevate
- June 26
 - (Base) Independence Day Celebration
- June 27
 - EFMP ODR Fun Day
 - River Floating

Free Movies

From Friday night flicks to Saturday matinees, cult classics and new releases, we offer a variety of free movies throughout the month.

Spider-Man: No Way Home

SATURDAY - May 2 • 1pm • Sabre Cinema

PG-13 • 2021, Urban Adventure/Sci-Fi/Fantasy/Adventure, 2h 28m

The Blair Witch Project

FRIDAY - May 8 • 6pm • Sabre Cinema

R • 1999, Supernatural/Horror/Mystery, 1h 21m

The Garfield Movie

SATURDAY - May 16 • 1pm • Sabre Cinema

PG • 2024, Animation/Comedy/Adventure, 1h41m

Zootopia 2*

SATURDAY - June 6 • 7pm • Drive-in: Eagles Landing Parking Lot

PG • 2025, Animation/Comedy/Adventure, 1h 48m

*See ad on the next page.



COMEDY TOUR

FREE SHOW!

CARLOS MENCIA

Thursday, 14 May • 6:30 PM

Sabre Cinema Theater

Doors open at 5:30 PM Concessions available for purchase

featuring
Walter Campbell



Adult Comedy
18+ only



Claim your **FREE** ticket early by scanning the QR code!
First 100 seats claimed receive **FREE SLICES OF PIZZA & DRINK!**

A MEAL & DRIVE IN MOVIE

FREE!

**JUNE 6
EAGLES LANDING
PARKING LOT**

PARKING STARTS AT 6PM
MOVIE STARTS AT 7PM

LIMITED PARKING SPACES AVAILABLE
CALL TO REGISTER BY JUNE 3

FOOD IS AVAILABLE
FOR PURCHASE AT
TEN PIN CAFE

MEAL DEAL \$5 VOUCHER
FOR ALL FAMILIES
MENU OPTIONS ARE:
GRILLED CHEESE, ONE TOPPING
PIZZA SLICE, HOTDOG, OR BLT
SANDWICH. ALL OPTIONS COME
WITH A DRINK AND CHOICE OF
SMALL FRY, CHIPS OR POPCORN.



SJFSS.COM
919.722.1123
FB.COM/SJMFRC



2ND QUARTER KITCHEN KLASH



★ SOUTHERN EAGLE DINING FACILITY ★

2nd Quarter Kitchen Klash Cooking Competition where 2-4 teams of 4 players unveil the secrets of their mystery basket. Going head to head to create the best dish and be crowned this Quarter's DFAC Klash Champion.

MAY 28 AT 10:30 AM - 3 PM
MSG Members Only | Register by May 24

919.722.5298
4fss.fsvf.dfacservations@us.af.mil
www.sjfss.com
fb.com/sjafb.food

PARENTS NIGHT OUT!

Moms or dads with a deployed spouse, take a night for yourself while we watch your little ones completely for free! Provided by background checked & safety certified volunteers.

Paid Advertisement. No Federal Endorsement Intended.



FIRST CHURCH
EST 1898

TIMES
4th Friday
5:00pm - 8:00pm

LOCATION
1100 The First Church Rd
COST
Free





AIR NATIONAL GUARD

AIR NATIONAL GUARD >>>



>>> IN-SERVICE RECRUITER <<<<

+ HEALTHCARE
-CONTINUED TRICARE FOR YOU & YOUR FAMILY

CAREER GROWTH
-CROSS TRAINING INTO YOUR DREAM AFSC

PAY & TUITION
-BONUSES AVAILABLE UP TO \$75,000

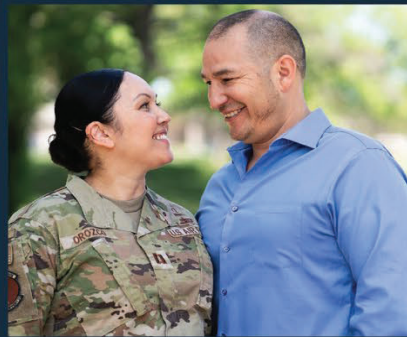
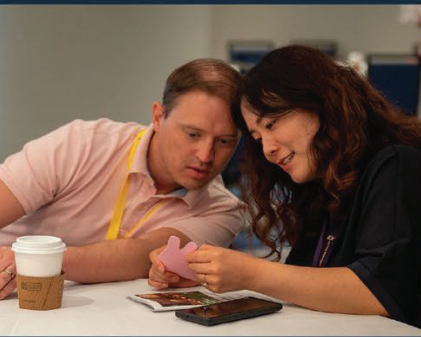
RETIREMENT
-TSP, SGLI, & RETIREMENT OPTIONS

SECURITY CLEARANCE
-STAY ELIGIBLE

ASK ABOUT
PALACE CHASE | PALACE FRONT

>>> JOIN THE AIR NATIONAL GUARD

ELEVATE your RELATIONSHIP!



Military life comes with unique challenges that can complicate relationships.

That's why Military & Family Readiness, in partnership with Air Force Aid Society (AFAS), is proud to offer **Elevate**—a skills-based program designed to help couples strengthen and sustain healthy relationships.



ABOUT THE PROGRAM

- Classes are free
- Open to all Department of Defense ID card holders in a committed relationship
- Learn the 7-core skills and qualities for relationship success

WHY PARTICIPATE?

- Connect with other couples in a supportive environment
- Elevate your relationship to the next level

ADDED BONUS - It Pays to Elevate Your Relationship!

Air Force Aid Society will provide a \$160 grant for Air Force and Space Force active-duty members who complete the classes

Don't miss this opportunity to invest in your relationship, connect with others, and enjoy a financial reward!

Class Date:

June 25-26
12 to 4pm —Sign up by June 19

Location:

M&FRC —SJAFB
1410 Langley Ave Bldg 4215

Contact your local **M&FRC** for more information.

Military & Family Readiness Center
sjfss.com/military-family-readiness-center/
www.facebook.com/sjmfrc

Call: 919-722-1123
E-mail: 4fss.fsfr@us.af.mil

Car Buying Class

May 1 • 1 to 2:30pm • M&FRC

Develop the knowledge and skills needed to conduct adequate research on a new car purchase, determine how much you can afford to spend, and negotiate effectively when purchasing an automobile. Call the Military & Family Readiness Center at 919-722-1123 to sign up.

Airman's Attic: Open to All Ranks

May 2 • 12 to 2pm • Connect 4

The shop will open to all ranks on the first Saturday of the month. The Airman's Attic is regularly open on Tuesdays and Thursdays from 10am to 1pm for E-6 and below. Unless otherwise posted, donations may be dropped off 24 hours a day in the shed behind Connect 4. For more details or to volunteer, call 919-722-1123.

Bundles for Babies Class

May 7 | June 4 • 9am to 12:30pm • M&FRC

The Military & Family Readiness Center presents this program for new and expectant parents. Topics include helpful tips on prenatal nutrition, budgeting, and caring for newborns. Each participating active duty Air Force family receives a \$150 grant from the Air Force Aid Society (AFAS). Space is limited. Call 919-722-1123.

EFMP 101

May 13 • 10am • M&FRC Training Room

Want to know more about how the Exceptional Family Member Program (EFMP) works? Then this is for you! Briefings include EFMP Family Support, EFMP Medical, School Liaison and Family Child Care. Call 919-722-7337 to register.

Moving Out of the Dorms Class

May 13 • 2pm | May 27 • 9am • M&FRC Training Room

Topics include choosing where to live, considering a roommate, the application process, understanding the lease agreement, how to set up housekeeping, and budgeting. Airmen will develop a budget reflecting their new financial obligations. Call 919-722-1123 to sign up.



Pre-register for childcare May 4-13, 2026

CDC (6wks-5yrs) 722.1198 • Youth Center (5-12yrs) 722.0502

FREE with Give Parents a Break (GPAB) referral or \$8/hour (\$32 for the session)

GPAB referral vouchers may be provided by one of the following:

- Squadron Commander
- First Sergeant
- Chaplain
- Doctor or other medical professional
- Family Advocacy personnel
- Military & Family Readiness Center personnel

Newcomers Orientation

May 19 • 8am to 12:30pm • Eagles Landing

This info fair is held monthly for newly assigned personnel and their families. For details, call 919-722-1123.

Wills & Estate Planning 101

May 21 • 5 to 6pm • Base Library

The library and M&FRC partner to present this class. Sign up at sjfss.libcal.com/event/16284166 by May 20.

Spouse Strong: Growing a Resilient Mindset

May 27 • 5:30pm • Connect 4

The Military & Family Readiness Center has partnered with the Integrated Resiliency Office to present this workshop providing spouses with Air Force spouse resiliency tools and deployment coping techniques. Class size is limited. For childcare options and to register, call 919-722-1123.

Paying Off Student Loans

May 29 • 1 to 2pm • M&FRC Training Room

This class is intended to provide awareness of student loan debt management strategies so that learners can improve their current financial situations, avoid student loan delinquency and default, and repay loads as quickly and inexpensively as possible. If this sounds like the class for you, call the Military & Family Readiness Center at 919-722-1123 to sign up.



TEENS ONLY

DUNGEONS & DRAGONS

BASE LIBRARY

SIGN UP BY MAY 14

FRIDAY MAY 15TH 5-6PM
AGES 12-17 | FREE EVENT | LEARNING CHARACTER SET-UP

SATURDAY MAY 16TH 10AM-5PM
GAME PLAY 10AM - 5PM | PIZZA & SODA PROVIDED.

CALL OR SCAN QR CODE TO SIGN UP
LIMITED SPOTS AVAILABLE

919.722.5825 | WWW.SJFSS.COM | FB.COM/SJAFB.LIBRARY



RIVER floating

JUN 27 | 9AM-2PM

\$12/PER PERSON INCLUDES
LIFE JACKETS & FLOATS

TRANSPORTATION IS NOT INCLUDED IN THE TRIP COST.
LIMITED SEATING IN THE ODR VAN IS AVAILABLE ON
FIRST-COME, FIRST-SERVED BASIS.

Lillington, NC
Cape Fear River Adventures

SIGN UP AT OUTDOOR REC
ACTIVE DUTY/GUARD/RESERVISTS: JUNE 1-5
OTHERS: JUNE 8-19
LIMITED SPOTS AVAILABLE

SMALL COOLER WITH FOOD AND WATER - ALLOWED.
COOLER FLOATS AVAILABLE - EXTRA COST
ALCOHOL OR GLASS - NOT ALLOWED
WATER SHOES RECOMMENDED - NO FLIP FLOPS



919.722.1104
SJFSS.COM
FB.COM/SJAFB.FUN



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CHRONIC ILLNESS SUPPORT GROUP
A nationally-recognized support group to connect, support, and educate individuals who are facing cancer and other diseases by focusing on strategies that help rebuild the body, renew the soul and refresh the spirit through God's Word.

Paid Advertisement. No Federal Endorsement Intended.



FIRST CHURCH
EST 1898

CLASS TIMES
1st Sunday Monthly
5:00pm - 6:00pm

COST
Free



Federal USAJobs Resume Writing

May 19 • 9 to 11am • M&FRC Training Room

This class focuses on resume writing for government positions, how to search for jobs on USAJobs.gov, plus tips and tricks to using the website. Call 919-722-1123 to sign up by May 18.

Flexible Job Options

May 28 • 10am to 12pm • Virtual

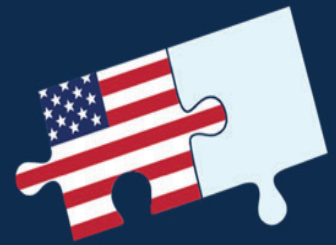
This two-hour workshop shows participants how to explore, research, and secure legitimate, career-building flexible job options. It also breaks down hot topics such as gig economy jobs, temp and contract work, home-based businesses, and how to shift from an office to remote work location. Call 919-722-1123 to sign up by May 21.

Marketing Yourself to Employers

May 28 • 1 to 3pm • Virtual

Join this virtual workshop to learn job fair specific networking techniques that include preparing for the event and crafting a professional introduction. For more information or to sign up, please call 919-722-1123.

ARE YOU LOOKING
FOR A NAF JOB?



SHAPE AMERICA'S FUTURE
Find your fit in the Federal Government

APPLY → WWW.USAJOBS.GOV



EDUCATION & EMPLOYMENT FAIR

CO-HOSTED BY THE EDUCATION OFFICE AND MILITARY & FAMILY READINESS CENTER
OPEN TO ALL WITH BASE ACCESS

EDUCATION

College representatives will be in attendance to speak about available education programs.

EDUCATION OFFICE: 919.722.5800

EMPLOYMENT

Meet with local & regional businesses with available job openings.
Bring your resume!

MFRC OFFICE: 919.722.1123



📅 MAY 13 ⌚ 10AM - 1PM 📍 EAGLES LANDING

www.sjfss.com  /sjafb.family



Hard Charger Awards



ABOVE: 4th Force Support Squadron Commander, Lt Col Luis Linares-Ayala (LA), presents the Hard Charger Team Award and traveling bolt trophy to the Professional Development Center team. Left to right: Capt Zac Newman, Maj Kenneth Bautista, Lt Col LA, MSgt Jason Troyna, TSgt Kaleem Best, SSgt Drexler Rose-Hulguin, and CMSgt Demond Darden.



ABOVE: The Hard Charger Individual, Civilian Category Award goes to Alisha Cook of the Compass Café and Seymo Joe to Go. Left to right: Maj Bautista, Lt Col LA, Ms Cook, and CMSgt Darden.











ABOVE: The Hard Charger Individual, Military Category Award goes to SSgt Drexler Rose-Hulguin of the Professional Development Center. Left to right: Maj Bautista, Lt Col LA, SSgt Rose-Hulguin, and CMSgt Darden.

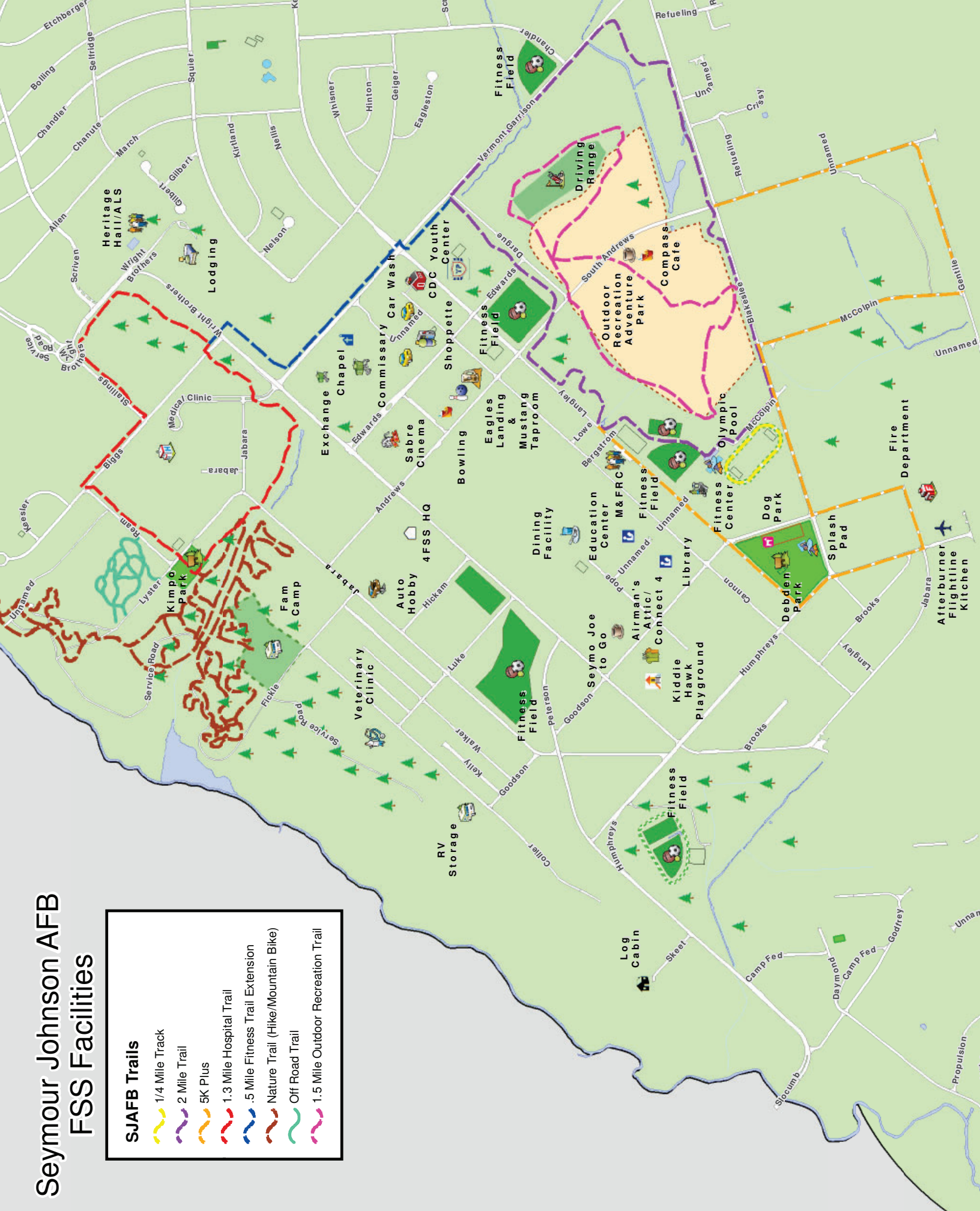
Please join us in recognizing these outstanding members of the 4 FSS.



Seymour Johnson AFB FSS Facilities

SJAFB Trails

-  1/4 Mile Track
-  2 Mile Trail
-  5K Plus
-  1.3 Mile Hospital Trail
-  .5 Mile Fitness Trail Extension
-  Nature Trail (Hike/Mountain Bike)
-  Off Road Trail
-  1.5 Mile Outdoor Recreation Trail



FAMILY

[fb.com/sjafb.family](https://www.facebook.com/sjafb.family)

Family Support—

- **EFMP - Family Support**
919.722.1123 • 1410 Langley Ave
[fb.com/sjefmp](https://www.facebook.com/sjefmp)
Monday - Friday 8:00am - 4:00pm
- **Military & Family Readiness Center**
919.722.1123 • 1410 Langley Ave
[fb.com/sjmfrfc](https://www.facebook.com/sjmfrfc)
Monday 8:00am - 4:00pm
Tuesday 8:00am - 12:00pm
Wednesday - Friday 8:00am - 4:00pm
- **School Liaison**
919.722.5810 • 1515 Goodson St
[fb.com/schools.sj](https://www.facebook.com/schools.sj)
Monday - Friday 8:00am - 4:00pm

Child Care—

- **Child Development Center**
919.722.1198 • 1030 Langley Ave
Monday - Friday 6:30am - 5:30pm
- **Family Child Care**
919.722.7194 • 1515 Goodson St
Monday - Friday 8:00am - 4:00pm
- **School Age Care**
919.722.0502 • 1035 Langley Ave
Monday - Friday 6:30 - 7:05am
3:00 - 6:00pm
Non-school days (M-F) 6:30am - 6:00pm

Youth Activities—

- **Youth Programs**
919.722.0502 • 1035 Langley Ave
[fb.com/sjyouth](https://www.facebook.com/sjyouth)
Monday - Friday 6:30 - 7:30am
3:00 - 6:00pm
Non-school days (M-F) 1:00 - 6:00pm

SHOPPING

- **Commissary**
919.722.0321 • 1310 Edwards St
Monday - Saturday 8:30am - 7:00pm
Sunday 11:30am - 6:00pm
- **Exchange (BX)**
919.735.8511 • 1350 Edwards St
[fb.com/SeymourJohnsonExchange](https://www.facebook.com/SeymourJohnsonExchange)
Monday - Saturday 9:00am - 6:00pm
Sunday 11:00am - 6:00pm
- **Express with Class Six**
919.734.7235 • 1090 Cannon Ave
Monday - Friday 6:00am - 9:00pm
Saturday 8:00am - 9:00pm
Sunday 9:00am - 8:00pm

Thrift Shops—

- **Airman's Attic**
919.722.7181 • 1515 Goodson St
Overseen by the M&FRC
Tuesday & Thursday 10:00am - 1:00pm
First Saturday 12:00 - 2:00pm
- **Thrift Shop**
919.722.0606 • 1585 Andrews St
[fb.com/teamseymourspouses](https://www.facebook.com/teamseymourspouses)
Tuesday & Thursday 9:30am - 1:00pm

FUN

[fb.com/sjafb.fun](https://www.facebook.com/sjafb.fun)

Base Community—

- **Barber Shop**
919.722.7760 • 1240 Andrews St
- **Community Programs & Partnership Office (CPPO/Eagles Landing)**
919.722.8684 • 1240 Andrews St
Monday - Friday 8:00am - 5:00pm
- **Connect 4**
919.722.8684 • 1515 Goodson St
Monday - Friday 8:00am - 5:00pm
- **Kiddie Hawk Playground**
919.722.8684 • 1515 Goodson St
Daily 8:00am - 8:00pm

Entertainment—

- **Auto Hobby Shop**
919.722.1309 • 1295 Jabara Ave
Wednesday - Sunday 10:00am - 6:00pm
- **Bowling: Phantom Lanes**
919.722.0350 • 1290 Andrews St
Monday - Thursday 7:00am - 9:00pm
> Down Day/Holiday* 1:00 - 7:00pm
Friday 7:00am - 10:00pm
> Down Day/Holiday* 1:00pm - 10:00pm
Saturday 9:00am - 10:00pm
Sunday 1:00pm - 7:00pm
*Closed on New Years, Thanksgiving and Christmas days
- **Information, Tickets & Travel (ITT)**
919.722.1104 • 1385 S. Andrews St
Monday - Friday 9:00am - 4:00pm
No ticket sales on last business day of a month
- **Sabre Cinema**
919.722.8684 • 3740 Edwards St
Open by reservation only and for advertised movie showings

Outdoor Recreation—

- **Adventure Park (Outdoor Rec)**
919.722.1104 • 1385 S. Andrews St
Monday - Friday 9:00am - 4:00pm
*Closes on second Wednesday at 1:00pm
- **FamCamp**
919.722.1104 • 100 Fickel St
Operated by Outdoor Recreation
- **Splash Pad (seasonal)**
919.722.1104 • Debden Park
Operated by Outdoor Recreation
- **Swimming Pool (seasonal)**
919.722.1104 • Behind Fitness Center
Operated by Outdoor Recreation

FITNESS

[fb.com/sjafb.fitness](https://www.facebook.com/sjafb.fitness)

- **Fitness & Sports Center**
919.722.0420 • 1500 Langley Ave
Monday - Friday 5:00am - 9:00pm
Saturdays, Down Days 7:30am - 5:30pm
Sundays, Holidays Unmanned access

FOOD & LODGING

[fb.com/sjafb.food](https://www.facebook.com/sjafb.food)

Food—

- **10 Pin Café**
919.722.0349 • 1290 Andrews St
Monday - Thursday 7:00am - 8:00pm
> Down Day/Holiday* 1:00 - 6:00pm
Friday 7:00am - 9:00pm
> Down Day/Holiday* 1:00 - 9:00pm
Saturday 9:00am - 9:00pm
Sunday 1:00pm - 6:00pm
*Closed on New Years, Thanksgiving and Christmas days
- **Afterburner Kiosk**
919.722.5294 • 2814 Jabara Ave
Sunday - Friday
> Midnight Meal 12:00 - 3:00am
> Lunch 11:00am - 2:00pm
> Dinner 5:00 - 8:00pm
- **Compass Café & Catering**
919.722.0394 • 1385 S Andrews St
Monday - Friday 6:30am - 1:00pm
- **Mustang Taproom**
919.722.8547 • 1240 Andrews St
[fb.com/mustangtaproom](https://www.facebook.com/mustangtaproom)
Wednesday - Thursday 3:00 - 8:00pm
Friday - Saturday 3:00 - 10:00pm
- **Seymo Joe to Go**
919.722.3104 • 1514 Goodson St
Monday - Friday 6:00 - 10:30am

• **Southern Eagle Dining Facility**

- 919.722.5294 • 3650 Pope St
Monday - Friday
> Breakfast 6:00 - 9:00am
> Lunch 10:30am - 1:30pm
> Dinner 4:30 - 6:30pm
Saturday, Sunday, Down Days and holidays
> Breakfast 6:30 - 8:30am
> Lunch 10:30am - 1:30pm
> Dinner 4:30 - 6:30pm
Grab-n-Go is available after breakfast and lunch meals

Lodging—

- **Blakeslee Air Force Recreation Area**
910.500.6465 • Kure Beach
[fb.com/blakesleeafa](https://www.facebook.com/blakesleeafa)
Daily 9:00am - 5:00pm
- **Lodging @ Southern Pines Inn**
919.722.0385 • 1235 Wright Brothers Ave
Daily 24 hours a day/7 days a week

DISCLAIMER: Information in this magazine is current at the time of publication. All facility programs, event hours, prices and dates are subject to change without notice. Contact each facility for the most up-to-date information. The Seymour, Explore More magazine is prepared by the 4 FSS Marketing Department and is an unofficial publication of the Seymour Johnson community. Contents are not necessarily the official views, nor endorsed by the U.S. Government, the Department of Defense or the 4th Fighter Wing. No Federal endorsement of advertisers or sponsors is intended.

FORCE SUPPORT

fb.com/sjffs

Military—

- **Honor Guard**
919.722.7019 • 1175 Wright Brothers Ave
Monday - Friday 8:00am - 4:00pm
- **Military Personnel Flight**
919.722.8677 • 1600 Wright Brothers Ave
Monday - Friday 9:00am - 3:00pm*
*Closed for training on first Wednesday
- **DEERS & ID Cards**
919.722.8702 • 1600 Wright Brothers Ave
Monday, Tuesday, Thursday,
and Friday 7:30am - 3:30pm
Wednesday 8:30am - 3:30pm
- **Private & Unofficial Organizations**
919.722.7286 • 1600 Wright Brothers Ave
Monday - Friday 7:00am - 4:00pm
- **Resource Management Flight**
919.722.7286 • 1600 Wright Brothers Ave
Monday - Friday 7:00am - 4:00pm

Support—

- **UNITE**
919.722.1104 • 1385 S Andrews St
Tuesday - Friday 9:00am - 3:00pm

Education—

- **Education & Training**
919.722.5800 • 1195 Cannon Ave
Monday - Wednesday 8:00am - 4:00pm
Thursday Scheduled briefings only
Friday 8:00am - 4:00pm
- **Library**
919.722.5825 • 1520 Goodson St
fb.com/sjafb.library
Monday - Wednesday 10:00am - 6:00pm
Thursday 10:00am - 7:00pm
Friday 10:00am - 6:00pm
Saturday 10:00am - 5:00pm
- **Professional Development Center**
919.722.1149 - Airman Leadership School
919.722.5857 - Career Assistance
1175 Wright Brothers Ave
Monday - Friday 7:00am - 4:00pm

Civilian Jobs—

- **Civilian Personnel Office**
919.722.0117 • 1500 Vermont Garrison St
Monday - Friday 7:30am - 4:30pm*
*Closed for training on first Wednesday
- **NAF Human Resources**
919.722.5939 • 1500 Vermont Garrison St
Monday - Friday 7:30am - 4:30pm
*Closed for training on first Wednesday

Publicity—

- **Commercial Sponsorship**
919.722.7154 • 1600 Wright Brothers Ave
Cell 919.396.2843
Monday - Friday 8:30am - 4:00pm
- **Marketing**
919.722.8532 • 1600 Wright Brothers Ave
Monday - Friday 8:00am - 4:00pm

HELPING AGENCIES

- **4 FW/IG Hotline**
919.722.0211 • Cell 919.273.9850
- **Air Force Aid Society**
919.722.1123
- **Air Force Discrimination/Sexual Harrassment** • 888.231.4058
- **Alcohol & Drug Abuse Prevention**
919.722.1883
- **Area Defense Council**
919.722.5345
- **Behavioral Health Optimization Program**
919.722.1802
- **Casualty & Survivors Benefits Plans**
919.722.7192 • 1600 Wright Brothers Ave
- **Chaplain/Base Chapel**
919.722.0315 • 1505 Vermont Garrison St
- **Child Protective Services**
919.580.4034
- **DoD Fraud, Waste & Abuse Hotline**
800.424.9098
- **Domestic Violence Victim Advocate**
919.230.2980
- **Equal Opportunity**
919.722.1180 • 919.722.1184
- **Employee Assistance Program (CIV)**
866.580.9046
- **Exceptional Family Member Program - Medical** • 919.722.0809
- **Family Advocacy**
919.722.1878
- **Health Promotion**
919.722.0407
- **Integrated Resiliency Office**
919.722.4492
- **Key Support Liaison Coordinator**
919.722.1123
- **Legal Assistance**
919.722.5322
- **Medical Group Primary Care**
919.722.1802
- **Mental Health Clinic**
919.722.1883
- **Military Family Life Counselor**
919.886.3346 - Adult
314.943.9784 - Child
- **Military One Source**
800.342.9647
- **Safety**
919.722.4222
- **TRICARE Information & Referral**
800.444.5445
- **USO of NC - SJAFB Center**
919.330.1226 • 1240 Andrews St
northcarolina.uso.org
- **Violence Prevention Coordinator**
919.722.0748
- **Worldwide DoD Safe Helpline**
977.995.5247

EMERGENCY SERVICES

- **Ambulance/Fire/Police**
911
- **Command Post**
919.722.1973
- **Eagle Eyes**
919.722.1212 - If you observe suspicious activity, please call us.
- **National Suicide Hotline**
800.273.8255
- **Points East Veterinary Specialty Hospital** (24/7 emergency care)
252.991.6560 • 5702 Grover Lane, Sims
- **Poison Control Center**
800.222.1222
- **Red Cross Emergency Communications**
877.272.7337
- **Security Forces**
919.722.1211 • Tip Line 919.722.8477
- **Sexual Assault Prevention & Response**
919.722.7272 - Hotline

RESOURCES

- **Airmen Against Drunk Driving**
919.722.2233 • fb.com/callaadd
Friday - Saturday 10:00pm - 3:00am
- **Base Operator**
919.722.1110
- **Equipment Rental**
919.722.1104 • 1385 S Andrews St
Monday, Tuesday, Thursday,
and Friday 9:00am - 4:00pm
- **Manpower & Organization**
919.722.5336 • 1195 Cannon Ave
Monday - Friday 7:00am - 4:30pm
- **Mayroad**
919.988.6920 • 600 Kenly Rd
fb.com/sjres
Monday - Friday 7:30am - 5:30pm
- **Military Housing Office**
919.722.0362 • 919.722.0363
919.722.0364 • 600 Kenly Rd
- **Public Affairs**
919.722.0027 • 1600 Wright Brothers Ave
fb.com/SeymourJohnsonAirForceBase
- **RV Storage**
919.722.1104 • Collier Ave
Operated by Outdoor Recreation
- **Traffic Management Office (TMO)**
919.722.5490 • 919.722.5458
- **Vet Clinic**
919.722.1465 • 1003 Collier Ave
fb.com/SJVTF
By appointment only
Monday - Thursday 10:00am - 3:00pm
- **Visitors Center**
919.722.1335 • 919.722.1345
1050 Wright Brothers Ave
Monday - Friday 7:00am - 4:30pm
After hours visitor passes: go to the main gate on Berkeley Blvd



AIR NATIONAL GUARD

+ HEALTHCARE
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