

# 2025

## Give Parents a Break



The Air Force Aid Society (AFAS) recognizes that Air Force families are subject to unique stresses due to the nature of military life—deployments, remote tours, extended working hrs, etc. Families are often separated from spouses as well as from extended family members who might otherwise offer support. In an effort to help these families, the AFAS, in cooperation with the Air Force child care community, has agreed to provide funding for childcare under a program called “Give Parents a Break.” The purpose of this program is to offer eligible parents a few hours break from the stresses of parenting.

### Eligible “Give Parents a Break” users include parents:

- Whose spouse is deployed or on remote tour over 30 days
- Whose spouse is on an extended TDY
- Who have been experiencing a family crisis
- Whose child has special needs
- Whose spouse has been required to work extensive extended shifts

### To be eligible for the program, families must be referred by one of the following base agencies:

Squadron CC/ 1<sup>st</sup> Sgt • Chaplain • Family Advocacy • Airman & Family Readiness (A&FRC) • CDC / Youth Center

#### \*\*\*Give Parents a Break\*\*\*

Registration begins 2 weeks prior and ends the Wednesday before the date listed. The CDC and YP must have at least 8 youth per program in order to continue with care. You will be notified the Thursday before of any cancellations.

11 Jan: 9am-1pm	12 April 9am-1pm	12 Jul 9am-1pm	11 Oct 9am-1pm
8 Feb 9am-1pm	10 May 9am-1pm	9 Aug 9am-1pm	8 Nov 9am-1pm
8 Mar 6pm-10pm	14 Jun 6pm-10pm	13 Sept 6pm-10pm	13 Dec 6pm-10pm

### To register, call

Child Development Center (6 wks-5yrs) @ 722-1198, Youth Center (5-12 yrs) @ 722-0502  
Or the A&FRC @ 722- 1123 for eligibility/certificate questions

**If you want care but do not qualify for GPAB, you can still sign up and pay \$8 per hour for child care.**

#### Special Note:

-Children must have current immunizations before they can be enrolled. Call Immunizations @ 722-1802 (press 2, 2)

-Due to safety concerns, open-toed shoes are prohibited

-5 yrs. & in Kindergarten will attend the Youth Center