

# JUNE



# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 1630 SWEATMASTERS*	4 0600 Power Hour* 1130 YOGA	5 0830 SEYMOUR MUSCLE* 1130 Power Hour* 1630 SWEATMASTERS* 1800 YOGA	6 0830 Seymour Muscle* 1130 ZUMBA	7	8
9	10 1630 SWEATMASTERS*	11 0600 Power Hour* 0830 SEYMOUR MUSCLE* 1130 YOGA	12 1130 Power Hour* 1630 SWEATMASTERS*	13 0830 Seymour Muscle* 1130 ZUMBA	14	15
16	17 1630 SWEATMASTERS*	18 0600 Power Hour* 0830 SEYMOUR MUSCLE* 1130 YOGA	19 <b>JUNETEENTH HOLIDAY</b>	20 <b>CAF DAY</b>	21	22
23	24 1630 SWEATMASTERS*	25 0600 Power Hour* 0830 SEYMOUR MUSCLE* 1130 YOGA	26 1130 Power Hour* 1630 SWEATMASTERS*	27 0830 Seymour Muscle* 1130 ZUMBA	28	29
30						

\*FITNESS IMPROVEMENT(FIP) CLASS