

YOU HAVE BEEN SELECTED FOR A CHANCE TO WIN ELECTRIFYING PRIZES IN THE

# CHIRGE 4TH GAMES

TRAINING DAY IS JULY 23 @ 4 PM

FREE ENTRY | FOOD TRUCKS

MINUTE TO WIN IT GAMES

MUSIC | DRINKS | PRIZES

#Charge4th

🖪/CPPOSJ 🖪/SJFSS

# **ENTERTAINMENT**

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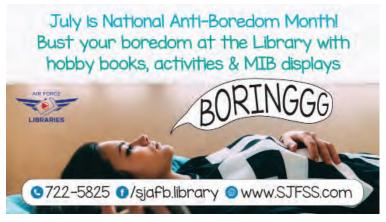
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#### NOTICE:

Scheduled events are subject to change without notice.

Please refer to the FSS Events calendar on our website (sifss.com) and follow our Facebook pages for updates.





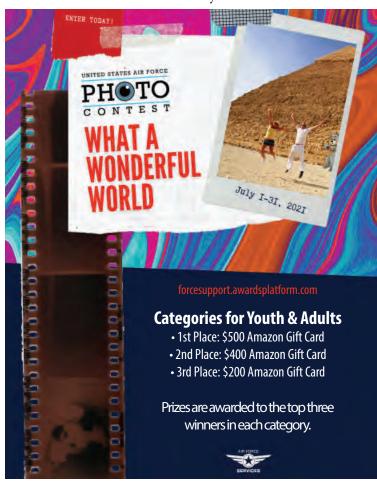




# **FUN & GAMES**

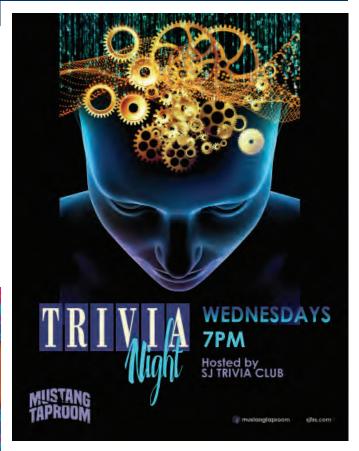
# Air Force Photo Contest

2021 Air Force Photo Contest theme is "What a Wonderful World!" During this last year of uncertainty and changing times, we find that we may see things through a different lens. You may find joy, happiness and a new appreciation in the beauty around you; it could be as simple as your back yard, your pets, exploring old places you haven't been in a while or maybe a new place. It could be connecting with family and friends, the birth of a new child, or maybe that much needed vacation that you finally got to go on. As our world begins to open up again, we invite you to share "What a Wonderful World" that you see!



Submissions must be the original work of the entrant and will be accepted online at https://forcesupport.awardsplatform.com until 11:59 p.m. CST, July 31, 2021. There are categories for ages 6 and up, adult novice and accomplished.

For eligibility requirements and complete contest rules/details, visit forcesupport.awardsplatform.com















# SETTLER'S POINTE

# Priced from the low \$200's

201 Kenison Way | Pikeville, NC 27863 | **919-675-0142** 

Located just minutes from Downtown Goldsboro & Seymour Johnson Air Force Base, Settler's Pointe offers unbeatable new home value. Whether you need to move quickly or prefer to build from scratch, we have the perfect home for you.

- 3-4 bedroom, ranch-style plans with convenient layouts
- Large homesites
- Energy-efficient homes with power usage as low as \$18/month\*

# For your service, Hometown Heroes receive \$1,500 towards a new home purchase.\*\*

At Smith Douglas Homes, affordability doesn't mean sacrifice—it means rich architecture, open floorplans, quality construction, and unbeatable choices.

Use promo code SeymourExploreMore for an additional \$1,000 towards option upgrades

QUALITY | INTEGRITY | VALUE











## www.smithdouglas.com

# **FUN & GAMES**



# Back to School Glow Bash

Aug 21 • 5:30 to 7:30 p.m. Kiddie Hawk Playground

This year is looking bright! Join the Community Programming and Partnership Office for a Back to School Glow Bash at the indoor playground.

Dress to glow! There will be dancing, laser tag, games, food and more!

Space is limited. Sign up online at https://www. signupgenius.com/go/10C0D4DA8A623A6FCC61back. Parents/guardians accompanying children and children under age 3 are FREE. Kids ages 4-7 are \$3; ages 8-12 are \$5 each — payable in advance at the CPPO office inside Eagles Landing. Drop by or call 919-722-8915.

# Tap Tabs Bingo

Wednesdays & Fridays 3 p.m. until Mustang Taproom

\$1 per play, ages 18+. Cash payouts and monthly second chance drawinas.

# **Triple T Bingo**

Thursdays • 3 p.m. until Mustang Taproom Get 30 Tap Tabs for \$25, ages 18+. Cash payouts and monthly second chance drawings.



# Daily Quick Pick Bingo

Daily • Open to close • Phantom Lanes \$1 per play, ages 18+. Cash payouts and monthly second chance drawings. See staff for details.



# Who's Who in 4 FSS

Meet Kathleen Parrish from Grand Haven, Michigan, who is the Force Development Flight Chief. She enjoys traveling, reading, and relaxing with family and friends.

She says the best career advice she ever received was this: "Be the leader you always wanted to work for."

#### 4 Fun Facts

When asked the following questions, Parrish replied ...

- 1. What's your passion? "Service to our country and education."
- 2. What's the most unusual thing you've ever done on

"When I was a Security Forces K-9 handler stationed in Montana, I was the first person in the Unibomber's cabin."

- 3. What is your greatest professional achievement? "I had the privilege of teaching and developing over 9,000 Air Force supervisors at three different Airmen Leadership Schools while serving on active duty."
- 4. What celebrity would you like to meet at Seymo Joe for a cup of coffee?

"Betty White."



# WHO'S WHO? | WHERE'S STEVIE?

# Find Stevie, enter our drawing!

Look for Stevie, our Mascot, throughout the pages of this issue. Find 4 images for one entry or find all 8 for two entries in our monthly random drawing for \$25 by emailing the page numbers and locations of Stevie to the following:

## 4fss.marketing@us.af.mil

DIANNE PARKER is our latest winner. Call us at 919-722-8532 to claim your prize. Follow the 4th Force Support Squadron for more contests and prizes!

Here's your first Stevie. All Stevie images count! Some are hidden. Good luck!





Where was Stevie last month? He appeared on the front cover, pages 1, 2, 5, 7 and 13. (Past images do not apply to current month's count.)













# Find the acorn. WIN \$40!

Follow us on Facebook for clues beginning July 4.

If you are new to the base and/or don't have a clue what acorn we're talking about, read on.

As you have probably seen, our mascot is a gray squirrel named Stevie. His prized possession, a Stevie-size acorn, is hidden somewhere on base the beginning of each month. We post clues on the 4th Force Support Squadron page to help people find the acorn for a prize of \$40. That's it in a nutshell; now go like our page www.facebook.com/sifss and you may be the next one to find the acorn!

We have some expert acorn hunters, so we ask that you allow others an opportunity to win as well. Please allow 90 days between wins. Thank you.

# Offering Active Duty & **Military Discounts**



# Buying a new home this July?

If you're buying a home this summer, our team can handle your closing! We have 5 offices across 3 counties.

Home closings are what we do best.

Let us help with your American Dream.

Goldsboro 804 E. Ash Street Goldsboro, NC 27530 Schedule your closing today by emailing us at goldsboro@mwhlaw.lawyer

(919) 772-7000

ww.mwhlaw.lawyer

# FOOD & BEVERAGES







# Better 4 U Specials — Limited Time

10-Pin Café

**Breakfast** 

2.50 • Egg White Breakfast Taco

Lunch

• Greek Chicken Pita 4.00

Compass Café

Breakfast

• Grilled Chicken Bagel Sandwich 5.00

Lunch

 Chicken Pesto Sandwich 6.25

Seymo Joe to Go

 Fruit Cup 3.00

• Yogurt Parfait 3.00





Outdoor Recreation Adventure Park

# COMPASS CAFE

1385 S. Andrews St • 919.722.0394

**OPEN FOR BREAKFAST & LUNCH** MONDAY - FRIDAY • 6:30 A.M. to 1:00 P.M.

Follow us on Facebook Download menu www.sjfss.com/compass-cafe/



## FITNESS & SPORTS



# **Sports Shorts**

#### Saunas reopen

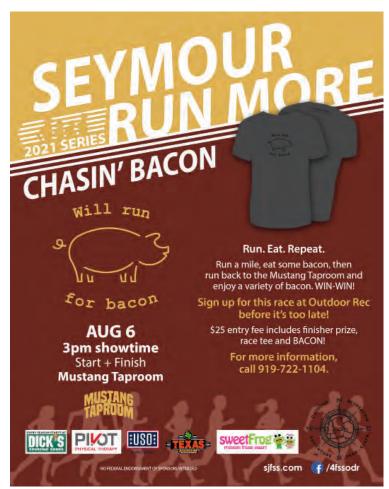
Good news! The Fitness Center reopened saunas in mid-June. The maximum capacity is two people at a time for 20 minutes per person.

#### **Guests allowed**

The Fitness Center is again allowing eligible guests with sponsors, to include children in the Parent Child Area (PCA). See staff for details.

#### Racquetball returns to Fitness Center

The racquetball courts are now open for patron use.



#### Youth Fall Sports registration opens

Now through Aug 1 • 9 a.m. to 1 p.m. Youth Center • ages 4-12

The following sports will be offered this fall:

Flag Football • 8U-12U

Cheerleading • U12

Soccer U6 • U12

Start Smart Soccer • must be 4 on or before Sept 1

The cost to play flag football or soccer is \$50, and cheerleading is \$65. Current shot records and physicals are required. There will be two practices per week until games start.

Coaches are needed for all; call 919-722-0503.

#### Preteen and Teen Sports Camps

Aug 2-6 • 9 a.m. to 12 p.m. • Youth Center

Challenge yourself in a variety of games and activities. Learn to use your motor skills effectively to be a team player, to follow game rules and fair play. Free, Air Force sponsored camp for ages 10-15.

### Field Day Extravaganza

Save the date: Aug 20 • 3 to 5 p.m. Fitness Center Field

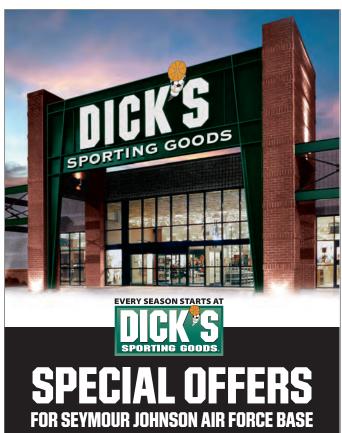
The Fitness Center and Youth Programs are co-hosting a Field Day Extravaganza for school





age children. Activities may include tug-o-war, sack races, a 3-legged race, mini obstacle course, water balloon toss and more. Watch for more details and plan to sign up at either the Fitness or Youth Center by Aug 19.











# **HELPING AGENCIES**



# **Airman & Family Readiness** Center Programs • 919-722-1123

Please call to register for classes.

—AIRMAN'S ATTIC

#### Open to All Ranks

July 8 and 13 • 10 a.m. to 1 p.m. July 10 • 12 to 2 p.m. (Closed July 1-7) See Airman's Attic - SJAFB on Facebook for updates.

-RELOCATION

#### **Newcomers Orientation**

July 20 • 7:30 a.m. to 1 p.m. • Eagles Landing Orientation and information fair for newcomers

# Race to Resiliency

July 30 • 1 to 5 p.m. Neuseway Nature Park, Kinston

Join the Airman and Family Readiness Center for an afternoon of fun exploring nature and the universe, connecting to



🗓 SCAN ME

Participants will visit five stations along the

the community and meeting new people.

journey and explore what services the community and Military Family Life Counselors have to offer. This free event is open to all assigned to Seymour Johnson Air Force Base, Airmen and



**HELPING AGENCIES** 

families. It is an opportunity to get away from the base and see what the community has to offer. Pre-registration is required. There are only 100 slots available. Visit https://www.eventbrite. com/e/neuseway-nature-park-race-to-resiliency-tickets-161772904111 to claim.

There will be a Down East Wood Ducks Minor League Baseball game at Grainger Stadium that evening at 7 for anyone who wants to attend.



Pre-register through July 7 • FREE with voucher\* (722.1123) CDC (6wks-5yrs) 722.1198 · Youth Center (5-12yrs) 722.0502 \*\$5/hr per child without a GPAB referral

# **Family Child Care**

Please call 919-722-7194 to register.



#### **FCC Provider Orientation**

Aug 24-27 • 12 to 5 p.m.

Interested in becoming a FCC Provider? Provider Orientation Training required! Classes held at the Family Child Care office located in the Education Center, room 101. Must register at least one week in advance; call 722-7194 for details.

Minimum requirements to become a FCC Provider: Must be 18 years old and have military affiliation with base access. Have the ability to read, write and speak English. Possess a high





school diploma or equivalent. Be physically capable of providing child care. Complete orientation training. Be able to obtain own liability insurance. Satisfactorily complete installation, state and federal background checks.

\*Free Provider Orientation training classes are offered bi-monthly. More classes may be added based on demand.



In-Person

@Library









722-5825 1 /sjafb.library www.SJFSS.com **KEYSTONE CLUB AGES** 14-18

Tuesdays

11 AM

# TEEN COUNCIL

Meets 1st & 3rd Friday of each month 4 to 5pm • Youth Center

Keystone Clubs provide leadership development opportunities for youth, with the guidance of an adult advisor.

For more, call 919.722.0502.

- Community Service
- Academic Success
- · Career Preparation
- Teen Outreach



# Teen Late Night Paint Wars and Tacos

July 16 • 9 p.m. to Midnight Youth Center

This teen social rec program is planned and coordinated by the teens, for the teens (ages 13-18) at the Youth Center. There will be a free taco bar, drinks and activities for Youth Programs members. Guests are welcome to participate for \$2 per person. Those eligible may become a Youth Programs member for just \$36 per year.

Wear old clothes that you won't mind getting paint on. Paint will be splattered — in balloon tosses, shot from water guns, etc. The more of a mess, the more fun! Sign up at the Youth Center. For more details, call 919-722-0502.

# **ARTS & CRAFTS**





### CLASSES BEGIN SOON

# 100% ONLINE, ON CAMPUS, & ON BASE OPTIONS

Choose from over 100 majors, minors, and concentrations with degree options for:

- Traditional Undergraduate
- Online Adult Undergraduate
- Online Graduate

Classes toward CCAF degree available at SJAFB.





For more information visit www.umo.edu



# **SEE MORE MOVIES**



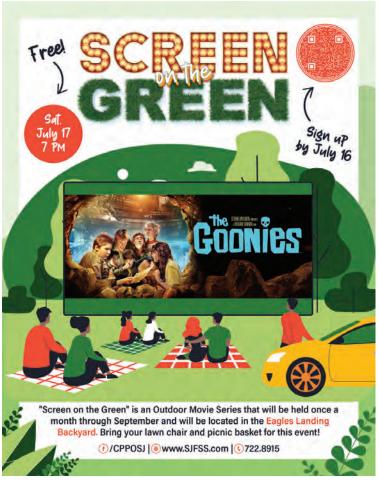




# Fly By Movie Night for Single Airmen

July 15 • 4:30 p.m. Southern Eagle Dining Facility

Join us for our third Thursday movie night for dorm residents. There will be free admission and popcorn; first come, first served in the formal dining room.







# **AROUND THE BASE**

# AAFES shoppers generate \$372,348.98 for SJAFB community in 2020

It matters where Airmen and their families shop, and authorized Army & Air Force Exchange Service shoppers are doing their part to strengthen the base community. In 2020, Exchange shoppers generated \$372,348.98 for critical Quality-of-Life programs at Seymour Johnson.

The dividend helps support Armed Forces Recreation Centers and other programs critical to readiness and resiliency.

"While 2020 was a challenging year, the Exchange leaned forward to deliver safe, sanitized and secure shopping to the base community," said local Exchange store manager Rudy Gallardo. "The best customers in the world took notice and continued to do their part to strengthen quality-of-life support for Airmen and their families, highlighting that it truly matters where you shop."

Whether shopping at a BX or online at ShopMyExchange.com, 100% of Exchange earnings support the military community. In 2020, Exchange shoppers invested a total of \$153 million into Quality-of-Life programs at military installations worldwide. In the past 10 years, the Exchange has contributed \$2.1 billion to such programs.

The Exchange is the 61st largest retailer in the United States. Serving Warfighters since 1895, the Exchange offers tax-free shopping and military-exclusive pricing at military installations and remote or austere locations worldwide.





# Democko **CHIROPRĂCTIC**

# MILITARY DISCOUNTS

Corrective Exercises • Wellness Care • Back Pain Chiropractic Adjustments · Auto Accidents

# **WE CAN SEE YOU TODAY!**

Mon - Thur: 8 AM - NOON & 3 - 6 PM Fri: 8 AM - NOON • Sat: 10 AM - NOON

1802 E Ash St., Goldsboro, NC 27530 • 919.735.2205 1120 N Breazeale St., Mt Olive, NC 28365 • 919.299.8033



## JULY

3 Capt. America: The First Avenger • PG-13

OPEN TO VALID MILITARY

ID HOLDERS ELIGIBLE FOR

RESERVATIONS AT FFAFRA

AND SPONSORED GUESTS

BRING YOUR OWN LAWN CHAIR/BLANKET

BRING YOUR OWN SNACKS:

NO ALCOHOL PLEASE

INCLEMENT WEATHER

LOCATION: RECREATION

HALL IN MOST CASES

- 10 Onward · PG
- 17 Incredibles 2 PG
- 24 Goonies PG
- 31 TMNT · PG

## AUG

- 7 Ugly Dolls PG
- 14 Jaws PG
- 21 Lion King PG
- 28 The Greatest Showman PG

# SATURDAYS at the KP FISHER STAGE following sunset

# FORT FISHER AF RECREATION AREA

#### Intro to SUP

Sundays • 9 a.m.

Learn how to standup paddlboard on the Cape Fear River. Equipment and instruction, \$10 per person. Pre-register on the Saturday prior.

# Tie Dye

Mondays • 2 p.m.

Supplies and instruction, \$10 per person. Sign up at least 2 hours in advance.

#### **Bucket List**

Tuesdays • 9 a.m. to 6 p.m.

Get outdoors. Explore Fort Fisher and the local community. See Rental Center for Bucket List.

# Fishing 101

Wednesdays • 10 a.m.,

Equipment and instruction, \$8 per person. Sign up by close of business on the Tuesday before.

# **Boating Thursdays**

Rent a kayak or canoe at our regular rate and get the second one for half price.

#### **River Marsh Paddle**

Fridays • See Rental Center for program times Equipment and instruction, \$10 per person.

# **Archery**

July 10 & 24 • 4 p.m.

Equipment and instruction, \$15 per person. Pre-register.





# BIRTHDAY BOWLING PARTY PACKAGES

# THE SPARE

Bowling, shoe rental, soft drinks plus handpainted pin for autographs

# THE STRIKE

All of the above plus table setup and choice of Kids Combo Meals

# THE KING PIN

All of the above plus a scoop of ice cream with the Kids Combo

# **REGULAR BOWLING**

Saturdays 12:00 to 2:00pm Sundays 1:00 to 3:00pm

# COSMIC BOWLING

Saturdays 2:30 to 4:30pm Sundays 4:00 to 6:00pm Give us a call for details

722.0350

PH ANI®M