

2023

Give Parents a Break

The Air Force Aid Society (AFAS) recognizes that Air Force families are subject to unique stresses due to the nature of military life—deployments, remote tours, extended working hours, etc. Families are often separated from spouses as well as from extended family members who might otherwise offer support. In an effort to help these families, the AFAS, in cooperation with the Air Force child care community, has agreed to provide funding for childcare under a program called “Give Parents a Break.” The purpose of this program is to offer eligible parents a few hours break from the stresses of parenting.

Eligibility

Eligible “Give Parents a Break” users include parents ...

- Whose spouse is deployed or on remote tour over 30 days
- Whose spouse is on an extended TDY
- Who have been experiencing a family crisis
- Whose child has special needs
- Whose spouse has been required to work extensive extended shifts

To be eligible families must be referred by one of the following base agencies:
Squadron CC/ 1st Sgt • Chaplain • Family Advocacy • Military & Family Readiness (M&FRC) • CDC/Youth Center



Schedule

7 Jan 9am-1pm

8 Apr 9am-1pm

8 Jul 9am-1pm

14 Oct 9am-1pm

11 Feb 9am-1pm

13 May 9am-1pm

12 Aug 9am-1pm

4 Nov 9am-1pm

11 Mar 6-10pm

10 Jun 6-10pm

9 Sep 6-10pm

9 Dec 6-10pm

Give Parents a Break

Registration begins 2 weeks prior and ends the Wednesday before the date listed. The CDC and YP must have at least 8 youth per program in order to continue with care. You will be notified the Thursday before of any cancellations.

To register, please call the programs below for further instructions:

Child Development Center (6 wks-5yrs)

919-722-1198

Youth Center(5yrs in kindergarten-12 yrs)

919-722-0502

OR

M&FRC 919-722-1123

for eligibility/certificate questions

Requirements

- Current immunizations required before enrollment.
- Call Immunizations @ 919-722-1802 (press 2, 2)
- Open-toed shoes are prohibited for safety
- A completed AF Form 1181

Need care, but do not qualify for GPAB?

You can still sign up.

Cost: \$8 per hour, per child