SEYMOUR eplore more

Smash-Up COMEDY TOUR SUMMER CONCERTS & MORE

DON'T MISS OUT!

4th Force Support Squadron hosts Back to School supply giveaways

Opportunities for families of school-age children

The 4th Force Support Squadron (4 FSS) assists families this month with free school supplies for students. There will be three locations for pick-up, while supplies last.

- 1. Hearts Apart Community Dinner (pg 22) Aug 15 5pm Eagles Landing: Free dinner open to all with base access
- Operation Bug Out (pg 20) Aug 18 9am Youth Center: Pre-register by calling 919-722-1123
- 3. See ad below.





FSS Scramble

PLAY. ENTER. WIN.

Rearrange the letters to form words and solve the puzzle. Email your answers to 4fss.marketing@ us.af.mil to enter a prize drawing. *-Base access required*



CONTENTS





Comedy and Magic, one night only Don't miss this FREE, family-friendly show!



Campfire Cookout Date Night! Another great "What's Cooking?" event

Fun

Getaways and escapes from the ordinary

Fitness

From free aerobics classes to challenges and fitness incentives

🕇 Food

Specials, menus and more!

Month-at-a-Glance

Centerspread pull out poster-just add magnets and post on your fridge

16 Movie Listing

Free showings in the Sabre Cinema and more

Family

Classes, programs, and camps-oh my!

Employment Opportunities

Resources to kick-start your career

25 Force Support Hard Charger Awards

Directory + FSS Facility Map 4 FSS facilities + base resources at a glance





Register by 8/11/23 Call Community Center 919-722-8684

8:00AM

Participants will visit Fort Fisher Aquarium, Kure Beach and the Boardwalk!

S10 Admission Fee Covers Transportation & Aquarium Admission Limited to Single Airmen



R4R Tandem Skydiving Aug 12 • By appointment • Outdoor Rec

Experience the rush of falling at 120mph from up to 13,500 feet! Outdoor Rec is putting together another great opportunity for Recharge for Resiliency (R4R) eligible personnel to go tandem skydiving with Cadence Sky Sports in Louisburg. The R4R rate is \$75 per person. Pre-register at Outdoor Rec to reserve your time slot. Call 919-722-1104.

Information, Tickets & Travel 1385 S Andrews St • Outdoor Rec

The base's Information, Tickets & Travel (ITT) program is a valuable resource for information on vacation destinations and discounted tickets. Save now on tickets to Disney World, Universal Studios, Busch Gardens and more! For ticket availability and more information, please call 919-722-1104 or stop by Outdoor Rec.

MILITARY STAR card designed for military community with active-duty benefits

AIR FORCE

16

The MILITARY STAR® card is specifically designed for the military community, with exclusive benefits for active-duty service members.

All eligible active-duty service members and mobilized or activated Reservists or National Guard members who have orders to deploy to qualifying contingency locations are eligible for deployment benefits that include no required payments and a reduced interest rate of 6% during their time away. The reduced APR applies to the card balance as well as new purchases.

Additionally, all active-duty Soldiers, Airmen, Guardians, Marines and Guard and Reserve members have access to the MILITARY STAR Military Clothing Plan, a \$1,000 line of credit with no interest and no payments for 12 months on qualifying uniform basics.

With the card, service members can build credit responsibly. MILITARY STAR offers fair and flexible terms, including the lowest APR among store cards—a rate that is offered to all cardmembers, regardless of credit score. MILITARY STAR also does not charge annual, late or over-limit fees.

"The military benefits of the card are a hallmark of MILITARY STAR's commitment to ensuring Seymour Johnson heroes' readiness and resiliency, as well as their financial health," said Seymour Johnson BX store manager Leazel Williams. "Military life comes with unique challenges, and the MILITARY STAR card is built to support service members' lifestyles."

Other benefits of the card include:

- Rewards program with unlimited 2% rewards earned on purchases. (Rewards exclude the Military Clothing Plan.)
- 5 cents off every gallon of gas at Exchange fuel locations.
- 10% off all first-day purchases for new cardmembers.
- Free shipping on all ShopMyExchange.com and MyNavyExchange.com orders.

In 2022, MILITARY STAR provided a \$435 million annual benefit to the military community worldwide through exclusive card offers and benefits.

The card is accepted at all





118 RIVERFRONT RD, KURE BEACH, NC 28449 910-500-6465 SJFSS.COM/BLAKESLEE | FB.COM/BLAKESLEEAFRA

Blakeslee Air Force Recreation Area Concerts Fridays • 6:30 to 8:30pm BAFRA Outdoor Stage

The Pleasure Island Chamber of Commerce presents the following schedule of bands to provide free, family-friendly entertainment through October.

- Aug 11 Christine Martinez Band
- Aug 25 The Graes
- Sept 8 Cory Luetjen & the Traveling Blues Band
- Sept 22 Southern Child
- Oct 13 Bacon Grease
- Oct 27 The Old North State

Bring your blankets and/or lawn chairs. There will be a variety of food trucks and tasty treats, as well as a beverage tent on-site.

Follow www.facebook.com/blakelseeafra or www.facebook.com/PleasurelslandChamber for updates.

No federal endorsement intended.



Please register at least two hours in advance for paid programs. Minimum registration count must be met for program to be held Sign up in the RECEPTION CENTER, Bldg 118

Open to valid military ID card holders and sponsored guests

910.500.6465 || sjfss.com/blakeslee || fb.com/blakesleeafra

SEPTEMBER

Getting Started Outdoors: DEER HUNTING 101 HOWELL WOODS ENVIRONMENTAL LEARNING CENTER

6601 DEVILS RACETRACK RD, FOUR OAKS, NC • 8AM

GSO Attendance REQUIREMENTS

- NEVER hunted or have NOT ACTIVELY
 hunted for MORE than THREE years
- LACKING Social Support (you have no readily available hunting family members or friends)
- LAPSED (non-active) hunters including those who have NEVER harvested big game (i.e. turkey or deer)

GSO Attendance PREREQUISITES

- Hunter Safety Certification: Hunter Education Courses (ncwildlife.org) -Online, virtual and in person courses available
- VALID NC Hunting License: Hunting, Fishing and Trapping Licenses (ncwildlife.org)

GSO MUST READ: Attendance is by RESERVATION ONLY

- Email Walter "Deet" James, Hunting Engagement Specialist, at gso@ncwildlife.org — reference "2 Sept at Howell Woods" in email
- If qualified as noted above, provide your WRC Customer Number (located above your name on your hunting license) PRIOR to a GSO start date to confirm placement on the roster.
- Qualified individuals will be selected on a first come, first served basis. Each workshop is limited to 30 participants.
- Request a reservation ONLY if you plan to attend and not if you "might" attend to avoid vacancies.









Learn about the basics of hunting - Hunting skills - Equipment and strategies - Wild game processing and cooking



Questions? Outdoor Recreation 919.722.1104

NO FEDERAL ENDORSEMENT INTENDED OR IMPLIED



NORTH

Mildlike

Commissaries are leading the Feds Feed Families DOD effort to encourage employees, patrons to participate in donations to food banks, pantries.

Eds Feed Families

To learn how you can contribute, scan code



#StampOutHunger #FedsFeedFamilies



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Contact your Air Force Reserve Career Counselor

Office: (919-722-2259) Katrina.Jones.6@us.af.mil



MSgt Katrina Jones

I am the Air Force Reserve In-Service Recruiter for Seymour Johnson AFB, NC. I am available to discuss the many opportunities or answer any questions about the Air Force Reserve - Palace Chase or Palace Front Programs.



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L to R: Cujo Beaulieu, Boards Liquori, Rifle Ashley, Suspect Milliron, Slidah Smith, Breaux Menard, Flash Ives, CA\$H Dorfman, Snake Brennan, Austin Forgey, Zachary Readdick, and Tim Baker. Not pictured: Dish Petrie, Coach Mckenzie, Panic Munoz, Reheat Richards, Rush Bohdel, Dive Carter. Atlas O'Shea, Quickdraw Strong, Zombie Minnix, Colin Lane, Eric Wiggins, Quickdraw McGraw, Jordan Turok, and Zombie Johnson.

2023 Intramural Softball Champs Fitness Center

Be sure to give a hearty "Congratulations" to the 335FS on their well deserved victory in the 2023 Softball Tournament! After an impressive season with 76 games played, the Chiefs displayed exceptional skill and teamwork, finishing with an outstanding record of 11-2!

A huge commendation goes out to each member for their hard work and dedication. We are proud to have such talented athletes among us. Well done, Chiefs!



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SJAFB AEROBIC CLASSES

-	Sandar -	The second s		
	Monday	1:00pm 4:30pm	Zumba Sweatmasters	
	Tuesday	8:30am 11:30am	Seymour Muscle Yoga	
116.1	Wednesday	7:30am 4:30pm 6:00pm	Run Development Sweatmasters Yoga	
	Thursday	11:30am	Zumba	1 Taylor
	Friday	4:30pm	Sweatmasters	

1500 LANGLEY AVE 919-722-0420 SJFSS.COM • FB.COM/SJAFB.FITNESS

2023 AEROBATHON SATURDAY, AUG 12 9:15AM TO 1:15PM FREE EVENT - 4 BACK TO BACK CLASSES

Need childcare? Pre-register by Aug 9 for Give Parents a Break, ages 6wks-12yrs, in the CDC, 919-722-1198, or Youth Center, 919-722-0502. Call for details.



Class Descriptions

Seymour Muscle - Begin or restart your fitness journey with our beginner group strength class. We'll introduce and use common strength training equipment to help you build muscle and burn fat!

*Sweat Masters** - Provides a high intensity interval training that will challenge your cardiovascular endurance and strength designed for meeting DAF PT assessments. *Fitness Improvement Program (FIP)

Zumba - A total workout that mixes low and high-intensity moves for an intervalstyle dance fitness party combining all elements—fitness cardio, muscle conditioning, balance, and flexibility.

Yoga - A class connecting the body, breath and mind using physical postures, breathing exercises and meditation to improve overall health.

For more information, please call the Fitness Center at 919-722-0420.

Intramural Flag Football Aug 21 • 1pm (Coaches Meeting) Fitness Assessment Cell

Flag football lovers! Here's your chance to register. The Fitness Center's 2023 Intramural Flag Football registration is now open. Game play will take place at the Bryan Multi-Sports Complex. Sign up by Aug 21.

You're alone? No worries. We'll find you a team. Reach out to our Fitness and Sports POCs: SSgt Oliver, SSgt Guzman, or SrA Artis at 919-722-0420.

Memorial Tribute 5K Run Sept 8 • 8am Mustang Taproom (Start/Finish)

The Fitness Center will host a run in memoriam of our U.S. military personnel who gave the ultimate sacrifice. Pre-registration will be available on Eventbrite. Follow SJAFB Fitness on Facebook for more details or call 919-722-0420.

101 days of



2023 AIR FORCE PHOTO CONTEST

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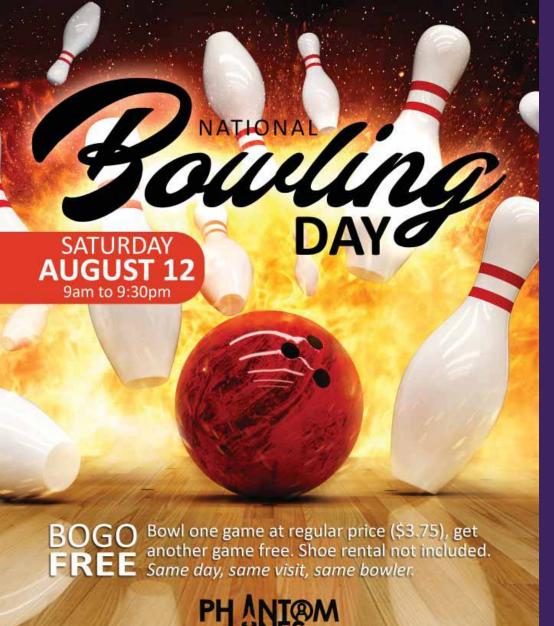


REUSE • RECYCLE • DONATE • SHOP

Tuesday: 9am to 5pm (Donations only) Wednesday-Saturday: 9am to 5pm

124 E Mulberry St, Goldsboro (919) 736-9550 www.habitatgoldsboro.org

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First & Third Wednesday Bingo Aug 2 & 16 • 6pm Eagles Landing

The Community Programming & Partnership Office hosts Bingo on the first and third Wednesday of each month in the Pegasus Room. Play is open to ages 18 and up; 12-player minimum.

Card sales begin at 5pm with a 2-book minimum purchase of \$10 per player (no splitting). Additional books are \$4 and Early Bird cards are \$2 each. Cash prizes awarded. Call 919-722-8684 for more details.

Music Bingo Aug 9 & 23 • 5 to 6pm Mustang Taproom

Experience a fun, musical spin on the popular game of Bingo at the Mustang Taproom on the second and fourth Wednesday of every month. There's no charge to play. Players listen to popular songs to mark titles on their cards. The first player to get five songs in a row wins a prize.

Brainstormer Trivia Aug 25 • 6pm Mustang Taproom

Gather your team and put your brains together for six rounds of trivia! Different themes each month. FSS gift card prizes for first and second place winners!

Teams may consist of up to six people. Sign up in the Mustang Taproom beginning at 5:45pm.



Campus Dining for ESM

Select 4 FSS Facilities

Airmen assigned to Essential Station Messing (ESM) may take advantage of campus dining and pay with their Common Accesss Cards (CAC) for eligible items at the 10-Pin Café and Compass Café. Some items excluded; see menus for more information.

SCAN FOR MENUS

SEYMO JOE TO GO 1514 GOODSON ST 919.722.3104 MON-FRI 6 TO 10:30AM

10-PIN CAFÉ 1290 ANDREWS ST 919.722.0349

COMPASS CAFÉ 1385 S. ANDREWS ST 919.722.0394

> MON-FRI 6:30AM TO 1PM

MON-THU 7AM TO 8PM FRI 7AM TO 11PM SAT 9AM TO 10:30PM

MUSTANG TAPROOM 1240 ANDREWS ST 919.722.8547

> WED-THU 3 TO 8PM FRI 3 TO 10PM FIRST SAT 3 TO 8PM





TUESDAY

WEDNESDAY

Carefully lift the staples and remove this handy calendar to place on your fridge or bulletin board	MONTH LONG FITNESS CHALLENGE Fitness Guru Quiz YOUTH FALL SPORTS REGISTRATION Ends Aug 25] Seymour Muscle 8:30am Airman's Attic Closed Taco Tuesday, 10-Pin Café Story Time 11am Yoga 11:30am	2 Run Development 7:30am SRP Celebration 11am Sweatmasters 4:30pm Nighttime Bingo 6pm Yoga 6pm
6 FALL BOWLING LEAGUES NOW FORMING Sign up at Phantom Lanes Pre-bowl meetings start on Aug 25	7 Art Camp Week 9am Zumba 1pm Sweatmasters 4:30pm Red Pin Bowling 5pm	Seymour Muscle 8:30am Airman's Attic 10am Taco Tuesday, 10-Pin Café Story Time 11am Yoga 11:30am	9 Music Bingo 5pm Penny-a-Pin Bowling 5pm
13 Deep Sea Fishing (FULL) Smash-Up Comedy Tour 5pm	14 STEM Camp Week 9am Zumba 1pm Sweatmasters 4:30pm Red Pin Bowling 5pm	15 Newcomers Orientation 8am Hearts Apart Dinner 5pm	16 Wingmen Wednesday 4:30pm Nighttime Bingo 6pm
20	21 Intramural Flag Football Coaches Meeting 1pm Zumba 1pm Sweatmasters 4:30pm Red Pin Bowling 5pm	22 Seymour Muscle 8:30am Airman's Attic 10am Taco Tuesday, 10-Pin Café Story Time 11am Yoga 11:30am	23 Run Development 7:30am Sweatmasters 4:30pm Music Bingo 5pm Penny-a-Pin Bowling 5pm Yoga 6pm
27 Deep Sea Fishing (FULL)	28 Zumba 1pm Sweatmasters 4:30pm Red Pin Bowling 5pm	29 Seymour Muscle 8:30am Airman's Attic 10am Taco Tuesday, 10-Pin Café Story Time 11am Yoga 11:30am	3) Run Development 7:30am Sweatmasters 4:30pm Penny-a-Pin Bowling 5pm Yoga 6pm

AIR

MONDAY

SUNDAY

THURSDAY	FRIDAY	SATURDAY	Coming	
			Coming	
3	4	5	SOON	
Airman's Attic Closed	Chocolate Chip Cookie Day	Triple Threat Triathlon 8am		
M&FRC, limited operations: call 919-722-1123	Youth Aviation & Robotics Day 9am	Airman's A tti c Open to All Ranks 12 to 2pm	Sept 2 • Deer Hunting 101	
Zumba 11:30am	Free movie 6pm	Free movie 3pm	Sept 2-3	
Holiday Party Lottery 1pm	Cosmic Bowling 10pm	Mustang Taproom 3pm	•End of Summer Celebration at Blakeslee	
10 All You Can Bowl	11	12 Tandem Skydiving	Sept 8 •Memorial Tribute 5k	
ABCs of PCSing 9am		Give Parents a Break 9am	Sept 9	
Airman's Attic 10am Zumba 11:30am	Free movie 6pm	Bowling Day Specials Aerobathon 9:15am	• Give Parents a Break	
Home Buying Class 1pm	Cosmic Bowling 10pm	Free movie 3pm	Summer Concert	
17	18	10	Sept 13 • Job Fair	
/	10	7	Sept 14	
PICK UP FREE SCHOOL	PICK UP FREE SCHOOL SUPPLIES WHILE THEY LAST IN THE BASE LIBRARY			
All You Can Bowl	Operation Bug Out 9am	R4R Single Airman Trip	Holiday Spending Class	
Zumba 11:30am	Sweatmasters 4:30pm	Cosmic Bowling 2:30pm	Sept 16	
Fly By Movie Night 4:30pm	Cosmic Bowling 10pm	Cosmic Bowling 9:30pm	Air Force Birthday Half Marathon	
24	25	26		
All You Can Bowl			Sept 18 • Craft Exchange	
Airman's Attic 10am	Warrior Games 8am		Sept 22	
Mock Interview 10am	Brainstormer Trivia 5:45pm	Cosmic Bowling 2:30pm	Brainstormer Trivia	
Mustang Taproom closed	Free movie 6pm	Free movie 3pm	Summer Concert	
in support of ALS graduation	Summer Concert 6:30pm	Cosmic Bowling 9:30pm	Sept 26 •Civilian Resume Class	
31			•Federal Resume Class	
All You Can Bowl			Sept 27-28	
Airman's Attic 10am			•Fall Portrait Days	
Zumba 11:30am			Sept 28	
What's Cooking? Campfire Cookout Date Night 5:30pm			•R4R CANdlemaking	

Now Showing in the Sabre Cinema

The Community Programming & Partnership Office (CPPO) hosts FREE movies in the Sabre Cinema each weekend, unless otherwise posted.

Movie-goers are welcome to bring their own snacks; no alcoholic beverages please.

Friday night flicks are at 6 pm, while Saturday matinees are at 3 pm.

Aug 4 • 6pm • The Super Mario Bros. Movie PG • 2023, Adventure/Comedy, 1h 32m

Aug 5 • 3pm • Toy Story 3 G • 2010, Adventure/Family, 1h 43m

Aug 11 • 6pm • A Thousand and One R • 2023, Mystery, 1h 56m

Aug 12 • 3pm • Trolls PG • 2016, Family/Musical, 1h 33m

Aug 18 • No Movie

Aug 19 • No Movie

Aug 25 • 6pm • Dungeons & Dragons: Honor Among Thieves PG-13 • 2023, Action/Adventure/Comedy, 2h 14m

Aug 26 • 3pm • Trolls: World Tour PG • 2020, Animation/Adventure/Comedy, 1h 31m



SrA Hunter Blume was the lucky winner of a golf cart in a drawing held following the Patriot Fest event in June.



SrA Britton Puksich scored a new XBox game system by entering a drawing at the Airmen VIP Tent during Patriot Fest 2023.



Fly By Movie Aug 17 • 4:30pm Plane

R • 2023, Action/Thriller, 1h 47m

The Southern Eagle Dining Facility (DFAC) hosts a free, monthly Fly By Movie Night on the third Thursday.

The DFAC is open to all with base access. Seating is first come, first served.

For more details, call the dining facility at 919-722-5298.



SrA Alexander Belew took home a new PS5 game system by entering a drawing at the Airmen VIP Tent during Patriot Fest 2023.

STAGE

Comedy & Magic rePercussion + Derek Hughes

SMASH-V





13 August • 5 PM SABRE CINEMA 919-722-8684 • www.sjfss.com • fb.com/sjfss Family Friendly • Free Event!

Shoppers can win a 2023 Jeep Rubicon in latest sweepstakes

Seymour Johnson Exchange shoppers can enter for a chance to win a 2023 Jeep Rubicon and a ride-along experience with offroad racing star Casey Currie in the Monster Energy Casey Currie Jeep Sweepstakes.

One grand-prize winner will receive a customized 2023 Jeep Rubicon 392 and a ride-along experience in Johnson Valley, Calif., including hotel, airfare, transportation and spending cash. The grand prize will also include a \$7,200 American Express gift card, bringing the grand prize total value to more than \$100,000.

Fifty runners-up will receive a \$100 Exchange gift card.

"The Exchange is thrilled to team with Monster Energy to bring another sweepstakes to the military community, with exciting prizes and a chance to ride with motorsports star Casey Currie,"

-continued on page 24

>>>

About the performers Derek Hughes

The live performances of celebrated conjurer, "Stand Up Magician" Derek Hughes, have been lauded by audiences and critics alike, with the New York Times calling him "thoroughly entertaining." Hughes has performed his magic on MTV, VH1, Comedy Central, CW's Penn & Teller: Fool Us and the Ellen DeGeneres Show. He's a consulting producer on TRUtv's hit magic series, "The Carbonaro Effect" and was a top ten finalist on NBC's "America's Got Talent."

rePercussion

rePercussion is an extraordinary high-energy comedy drumming event! Going beyond drumming, they blend sight, sound, and comedy to stage an intensely entertaining, mind-blowing, yet customizable experience. Blurring the lines between electronic music, drum line, rock, and slapstick, these artists uniquely combine drumming, comedy, and crowd interaction.

Each show is one-of-a-kind, perfectly tailored to the audience through performer-audience interactions. Crowds quickly get engaged, creating a lasting impression! rePercussion holds the World Record for leading the largest Air Drum Ensemble. Impressive, right? As a group, rePercussion has performed for hundreds of thousands of people in venues worldwide, including Dubai, India, Hong Kong and Omaha! Members have been seen on The Gong Show, America's Got Talent (for 2 seconds!), and VH1 India. They've also shared the stage with Imagine Dragons, 21 Pilots, Stone Temple Pilots, Pentatonix, and Kelly Clarkson.

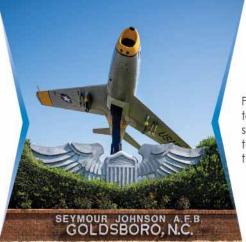
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TOP THREE METHODS COMBINED

Special group prices for teachers and team building Join colleagues for a break from the grind, and dive into a beautiful painting of your choice. We'll save the party room and picnic table for you!

Paint an adorable door hanger or welcome sign Take home a custom entryway piece made by you; impress your guests and have a memory to cherish year-round for only \$45.

Take a break from the weekly workload

Experience your own personal heaven with some good wine, good music, and good painting. All skill levels welcome and encouraged! We'll teach the techniques of the masters while celebrating what you bring to the table.

Who needs day care? Kids Art Camps keep the summer vibes going with loads of fun for ages 6-18.

Ask about our Military Discount



Check out our calendar online

Swedish

30/60/90-MIN/2-HR

\$30/\$45/\$80/\$100

Deep Tissue 60/90-MIN/2-HR

\$70/\$95/\$115

Hot Stone 60/90-MIN/2-HR \$75/\$85/\$105

Prenatal

30/60/90-MIN

\$30/\$45/\$80

Thai Oil

60/90-MIN \$70/\$90

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Aug 3 * 1 PM Eagles Landing

* 1-2 POCs per Squadron *
 * Pick dates for holiday parties *
 * Bring payment to secure venue *
 * Call CPPO 722-8684 *



BIRTHDAY BOWLING PARTY PACKAGES

THE SPARE

Bowling, shoe rental, soft drinks plus handpainted pin for autographs

All of the above plus table setup

and choice of Kids Combo Meals

THE STRIKE

REGULAR BOWLING Saturdays 12:00 to 2:00pm

COSMIC BOWLING Saturdays 2:30 to 4:30pm

> Give us a call for details 722.0350



919.722.0394 WWW.SJFSS.COM/COMPASS-CAFE



FALL LEAGUES

TUESDAY MIXED LEAGUE Starts Sept 5 • 6:30pm Pre-bowl meeting Aug 29 • 6pm

WEDNESDAY MORNING LADIES Starts Sept 6 • 9:30am Pre-bowl meeting Aug 30 • 9:30am

WEDNESDAY LADIES NIGHT OUT Starts Sept 6 • 6pm Pre-bowl meeting Aug 30 • 6pm

THURSDAY NIGHT EXTRAMURAL Starts Sept 7 • 6:30pm Pre-bowl meeting Aug 31 • 6:30pm

FRIDAY NIGHT MIXED Starts Sept 8 • 7pm Pre-bowl meeting Aug 25 • 7pm

SATURDAY YOUTH USBC Starts Sept 9 • 9:30am Pre-bowl meeting Aug 26 • 9:30am





fb.com/sjafb.fun | @4sjfss

MUSTANG

AUGUST 2023 FUN | 19

Sept 28 · 5pm · Ages 18+ Mustang Taproom

CANdle Making

Make your own upcycled CANdle Choice of scents and wicks

R4R Deployed Affected Personnel: \$10 / All Others: \$20. Cost includes material + a beverage - Limited spots Call or stop by Eagles Landing to sign up by Sept 19

> 919.722.8684 - 1240 Andrews St sjfss.com | fb.com/sjafb.fun

R4R

0

Youth Aviation & Robotics Aug 4 • 9am to Noon • Youth Center

Seymour Johnson will host an active Aviation Day, for military students in grades 7-12.

We will have:

- Hands-on activities in mechanical/electrical engineering
- Robot demos from FIRST Tech Challenge, FIRST Robotics, Battlebots and EOD
- Flight simulators from Civil Air Patrol
- VR F-15 Trailer
- VR Learning Lab Trailer with the History of Flight
- Meet female aviators and learn about their gear

- Learn about the Girl Launch program and Organization of Black Aviation Professionals

Please come out and join in the activities. If you have questions, please contact the School Liaison Program, 919-722-5810 or email cristy. barnes-williams@us.af.mil. Space is limited.





sjfss.com

sjafrc



Summer Camps 9am to Noon • Youth Center

Sign up by the Wednesday prior to each camp. Call or stop by the Youth Center.

Do you need to drop off your youth before camp begins? We offer pre-camp dropoff for ages 10 and up, starting at 7:30am for an additional \$15 per week.

Art is Everything Aug 7-11

This is not your "usual" art camp. Explore sculpting, acrylic painting, molding, cultural art, mosaics and more. (\$45)

STEM Camp Aug 14-18

Explore science, technology and math skills to build and design 3D objects; experiments that will blast off with fun! This camp is packed full of team building, leadership, self-discipline, planning and organizing skills. (\$45)

Summer Reading Program CELEBRATION!

Base Library August 2nd @ 11am



Story Time Tuesdays • 11am • Library

The Base Library offers weekly story times designed for preschool age children on each Tuesday. Parents/guardians and children with base access are welcome.

For more information, call 919-722-5825.

Craft Supply Exchange Sept 18-23 • 10am to 6pm • Library

The Base Library will collect donations of craft supplies from Aug 28 through Sept 15. Donations will then be sorted and art supplies grouped into collections in preparation for the Craft Supply Exchange.

Those with base access who donate supplies may enjoy early access to the event.

To learn more about the Craft Supply Exchange, call 919-722-5825.

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Moving Out of the Dorms Class Aug 2 or 17 • 2pm | Aug 31 • 9am Military & Family Readiness Center

Dorm residents, have we got a class for you! Get essential financial tips so you can effectively move out of the dorms.

Sign up for this informative class, by calling 919-722-1123.

ABCs of PCSing

Aug 10 • 9 to 11am Family Life Center, Room 100

Are you preparing for a permanent change of station (PCS)? The Military & Family Readiness Center hosts a workshop designed to help you successfully navigate the PCS maze by helping to minimize stress, confusion, and hardships often associated with moving.

To sign up for this helpful class, call the M&FRC at 919-722-1123.

Home Buying Workshop Aug 10 • 1 to 2pm

Military & Family Readiness Center

Find out what it is you need to know before purchasing a home. Space is limited. Please call the M&FRC at 919-722-1123 to enroll.

Give Parents a Break

Aug 12 • 9am to 1pm CDC + Youth Center

Parents of children, ages 6 weeks - 5 years, may be eligible for a few hours of child care at no cost. Eligible families must be referred by their squadron commander, first sergeant, chaplain, Family Advocacy, Military & Family Readiness Center, Child Development or Youth Centers. Others may sign up for \$8 per hour, per child.

Call the CDC at 919-722-1198 or Youth Center at 919-722-0502 by close of business on Wednesday before the event date to sign up.

Newcomer's Orientation Aug 15 • 8am to 1pm

Eagles Landing

The Military & Family Readiness Center welcomes all new arrivals to Seymour Johnson Air Force Base with a special orientation and information fair. This event is for newly assigned personnel and their families. Join us and get to know your new base.

For more information, call the M&FRC at 919-722-1123.

Hearts Apart Community Dinner

Aug 15 • 5pm Eagles Landing

All with base access are invited to a FREE dinner in support of our deployed and remote affected families. There will be kid-friendly activities. First come, first served.

For more information, call the Military & Family Readiness Center at 919-722-1123.

Holiday Spending Sept 14 • 1 to 2:30pm M&FRC Conference Room

Do you want to be better prepared financially at holiday time? Join Military & Family Readiness Center staff for this workshop on how to make the most of your money for the holidays. Call 919-722-1123 to sign up.

MILITARY STAR card

——continued from page 4

military exchanges, commissaries, ShopMyExchange.com, myNavyExchange.com and ShopCGX.com.

Shoppers who use MILITARY STAR and shop the Seymour Johnson Exchange not only save but give back, as 100% of Exchange earnings are reinvested in the military communities it serves. In the last 10 years, the Exchange worldwide has provided \$3.5 billion in earnings for critical on-installation Quality-of-Life programs that make life better for service members and families.

For more information on MILI-TARY STAR, visit the Exchange or https://aafes.media/MilStarPA.

Welcome Gyide

THINGS TO DO IN GOLDSBORO-WAYNE COUNTY



COMMUNITY

Learn about the destinations around Wayne County, NC and what to do when you arrive.





ENTERTAINMENT

Guides for all the things to do and see, includes annual events and top spots in Wayne County, NC.

FOOD & DRINK

Featured stories on all the unique food and drink destinations that are around Wayne County, NC.



CLICK OR SCAN



OUTDOORS

Featured stories on the outdoor and agritourism scene in Wayne County, NC.

FULL GUIDE

Looking for more? Find information on what to do, where to eat and drink, the adventures that await you, and where the family can stay when they visit.

No federal endorsement intended. For informational purposes only.

INFO/Q Open to all with base access

Local/Regional Recruiters

Job opportunities

Hiring authorities

Bring your resume

Sept 13

• Nov 15

10am to 1pm **Eagles Landing: Ballroom** 1240 Andrews St, SJAFB



Hosted by the Military & Family Readiness Center Seymour Johnson AFB — Base Access Required

919.722.1123 || sjfss.com || fb.com/sjfss

Shoppers can win a 2023 Jeep Rubicon

-continued from page 17

said Seymour Johnson BX store manager Leazel Williams. "The Exchange is always honored to offer these unique experiences to service members and their families."

No purchase is necessary to enter or win. Eligible shoppers can enter at ShopMyExchange.com/sweepstakes through Sept. 30. Honorably discharged Veterans who have confirmed their eligibility to shop online can enter, too. Veterans can visit ShopMy-Exchange.com/vets to learn more. Department of Defense and Coast Guard civilians and retirees can also enter.

Winners will be randomly selected by Oct. 6.

Mock Interview Aug 24 • 10am to 2pm **Virtual Workshop**

Boost your interview skills by participating in this free class. Call the Military & Family Readiness Center at 919-722-1123 for an individual appointment. Participants need to be prepared with a job ad and resume for the mock interview.

Federal Resume Writing & Job Search Sept 26 • 10 to 11:30am Connect 4, Classroom B

Participants in this FREE class will learn to effectively write a federal resume for government jobs and how to search for openings on USAJobs.gov. Get tips and tricks for navigating the USAJobs website. Call 919-722-1123 to sign up.

Civilian Resume Sept 26 • 1 to 2:15pm Virtual Workshop

Learn to write an effective resume that may open the door to your next career. Call 919-722-1123 to sign up.

Job Listings

Did you know the Military & Family **Readiness Center maintains a Jobs** Board where new openings are posted regularly? Check it out at https://sjjobs.jobboardhq.com. Sign up today to find a job you can feel passionate about and an environment where you can fulfill your career ambitions.

If you have a Facebook account, www.facebook.com/sjjobs is another great source.

Hard Charger Awards-



ABOVE: 4th Force Support Squadron Commander Lt Col Timothy Kirchner presents the Hard Charger Team Award and traveling lightning bolt to the Compass Café Catering team. Left to right: Kayla Pillar, Kaylee Davis, Lt Col Kirchner, Judine Heidicker, Michael Davis, Gloria Black, Alisha Cook and CMSgt Jason Brandy.



ABOVE: Top row: Erika Johnson, Lt Col Kirchner, Rasada McKnight. Keiana Reid. Middle: SSgt Margaret Brown, Daniel Hornbuckle, MSgt Marrisa Joseph, Chantaysia Martinez, Doris Jones, CMSgt Jason Brandy, Maj Nathan Beckler, SrA Isaac Yancy. Bottom: A1C Justin Roman, Amn Jomair Demetaiz, SSgt Deja King, Chanelle Rodrigo, SSgt Alyana Vasquez, SSgt Sheila Smith.

LEFT: Lt Col Kirchner presents SSgt Deja King of the Southern Eagle Dining Facility with an individual Hard Charger award.





FOOD & DRINK

- 10 Pin Cafe 919.722.0349 • 1290 Andrews St fb.com/sjafb.food
- Afterburner Kiosk
 919.722.5294 2814 Jabara Ave fb.com/sjafb.food
- Compass Cafe & Catering 919.722.0394 • 1385 S Andrews St fb.com/sjafb.food
- Mustang Taproom 919.722.8547 • 1240 Andrews St fb.com/sjafb.food
- Seymo Joe to Go 919.722.3104 • 1514 Goodson St fb.com/sjafb.food
- Southern Eagle Dining Facility 919.722.5294 • 3650 Pope St fb.com/sjafb.food

RECREATION

- Auto Hobby Shop
 919.722.1309 919.722.1308
 1295 Jabara Ave fb.com/sjafb.fun
- Blakeslee Air Force Recreation Area
 910.500.6465
 118 Riverfront Rd, Kure Beach
- Bowling, Phantom Lanes 919.722.0350 • 1290 Andrews St fb.com/sjafb.fun
- Community Programming & Partnership Office (CPPO) 919.722.8684 • 1240 Andrews St fb.com/sjafb.fun
- Fitness & Sports Center 919.722.0420 • 1500 Langley Ave fb.com/sjafb.fitness
- Kiddie Hawk Playground 919.722.8684 • 1515 Goodson St fb.com/sjafb.family
- Outdoor Recreation Adventure Park
 919.722.1104 1385 S. Andrews St
 fb.com/sjafb.fun
- Sabre Cinema
 919.722.8684 919.722.8684
 3740 Edwards St fb.com/sjafb.fun
- **Splash Pad** (seasonal) 919.722.1104 • 919.722.7437 Debden Park • fb.com/sjafb.fun
- Swimming Pool (seasonal) 919.722.1104 • 919.722.7437
 1500 Langley Ave • fb.com/sjafb.fun

4 FSS SERVICES & RESOURCES

- Airman's Attic
 919.722.7181 1515 Goodson St fb.com/sjfss
- Barbershop 919.722.7760 • 1240 Andrews St
- Casualty & Survivors Benefits Plans
 919.722.7192 1600 Wright Brothers Ave

- Child Development Center
 919.722.1198 919.722.1199
 1030 Langley Ave fb.com/sjafb.family
- Civilian Personnel Section
 919.722.0117 1570 Wright Brothers Ave
 fb.com/sjfss
- Commercial Sponsorship
 919.722.7155 fb.com/sjfss
 1600 Wright Brothers Ave, 2nd Fl, Ste 228
- Community Cohesion Coordinator (C3) 919.722.4697 • 1240 Andrews St
- Connect 4
 919.722.8684 1515 Goodson St
 fb.com/sjafb.fun
- DEERS & ID Cards 919.722.8702 • fb.com/sjfss 1600 Wright Brothers Ave, 1st Fl
- Eagles Landing 919.722.8684 • 1240 Andrews St fb.com/sjafb.fun
- Education & Training 919.722.5800 • 1195 Cannon Ave fb.com/sjfss
- Family Child Care 919.722.7194 • 1515 Goodson St fb.com/sjafb.family
- Honor Guard
 919.722.7019 1175 Wright Brothers Ave
- Library
 919.722.5825 1520 Goodson St
 fb.com/sjafb.family
- Lodging @ Southern Pines Inn
 919.722.0385 1235 Wright Brothers Ave
- Manpower & Organization
 919.722.5336 1195 Cannon Ave, 2nd Fl
- Marketing
 919.722.8532 fb.com/sjfss
 1600 Wright Brothers Ave, 2nd Fl, Ste 228
- Military & Family Readiness Center
 919.722.1123 1500 Vermont Garrison St
 fb.com/sjfss fb.com/sjafrc
- Military Personnel Section
 919.722.8677 fb.com/sjfss
 1600 Wright Brothers Ave, 1st Fl
- Military School Liaison
 919.722.5810 1515 Goodson St
 fb.com/schools.sj
- NAF Human Resources
 919.722.5939 1570 Wright Brothers Ave
- Private Organizations
 919.722.7289
 1600 Wright Brothers Ave, 2nd Fl, Ste 220
- Professional Development Center 919.722.1149 - ALS 919.722.5857 - Career Assistance 1175 Wright Brothers Ave
- School Age Care
 919.722.0502 1035 Langley Ave
 fb.com/sjyouth

- Youth Programs
 919.722.0502 1035 Langley Ave fb.com/sjafb.family
- Vet Clinic
 919.722.1465 1003 Collier Ave
 By appointment only

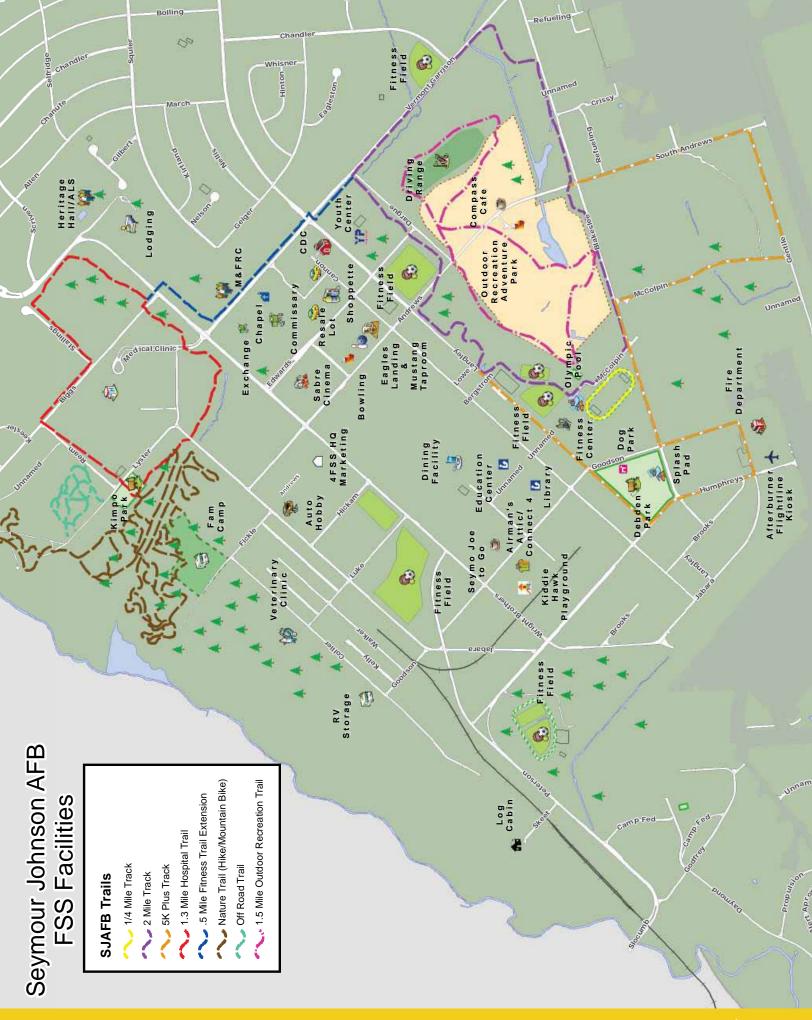
BASE HELPING AGENCIES

- Alcohol & Drug Abuse Prevention 919.722.1883
- Chaplain/Chapel
 919.722.0315 1505 Vermont Garrison St
- Equal Opportunity 919.722.1180
- Family Advocacy 919.722.7878
- Health Promotion 919.722.0407
- Medical Group Primary Care
 919.722.1802
- Mental Health Clinic 919.722.1883
- Military Family Life Counselor
 919.886.3346 Adult
 919.886.3405 Child
- Military One Source 800.342.9647
- Sexual Assault Response Coordinator 919.722.0154 • 919.722.0155 919.722.7272 - Hotline

BASE SERVICES & RESOURCES

- Airmen Against Drunk Driving
 919.751-6002 fb.com/callaadd
- Commissary 919.722.0321 • 1310 Edwards St
- Eagle Eyes 919.722.1212 - If you observe suspicious activity, please call us
- Exchange (BX) 919.735.8511 • 1350 Edwards St
- Express with Class Six 919.734.7235
- Mayroad 919.988.6918 • 600 Kenly Rd
- Military Housing Office 919.722.0362 • 919.722.0363 919.722.0364 • 600 Kenly Rd
- Security Forces 919.722.8477 - Tip Line
- Thrift Shop
 919.722.0606 1585 Andrews St
- USO of NC SJAFB Center 919.330.1226 • 1240 Andrews St
 - Visitors Center 919.722.1335 • 919.722.1345 1050 Wright Brothers Ave After hours visitor passes: go to the main gate on Berkeley Blvd

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