

SEYMOUR

APRIL 2024

explore more

**PURPLE
UP** for
military
kids!

MIKE SUPER
MAGIC & ILLUSION

MIKE SUPER

MAGIC & ILLUSION

★★★★★
FINALIST
 ★★★★★★
 ON AMERICA'S
 GOT TALENT!

★★★★★
WINNER
 ★★★★★★
 OF NBC'S
 PHENOMENON!

LIVE STAGE

FREE!
 Family
 Friendly

2024 ALL NEW SHOW!

WWW.MIKESUPER.COM

WEDNESDAY, 17 APRIL • 6PM
Sabre Cinema
 Doors Open 5 PM



FSS Scramble

PLAY. ENTER. WIN.

Rearrange the letters to form words and solve the puzzle. Email your answers to 4fss.marketing@us.af.mil to enter a prize drawing.
-Base access required

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2024 AIR FORCE ART CONTEST

MARCH 1 - APRIL 30

WIN UP TO \$500 IN AMAZON GIFT CARDS

PRIZES IN EACH CATEGORY:	Youth 6 - 8	Youth 9 - 12	Youth 13 - 17	Adult Novice	Adult Accomplished

Enter your **2D & 3D** Artwork at forcesupport.awardsplatform.com

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Get ready to up your game - 1 day only
On lane coaching clinic with the pros



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Fandom Frenzy is back
Dress-up is not just for Halloween



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Month of the Military Child is where it's at!

8 **Fun**
Exploring our nation's capital, flexing creative muscles, and learning new skills

13 **Food**
Specials, menus and more fun for you!

16 **Month-at-a-Glance**
Centerspread pull out poster—just add magnets and post on your fridge

18 **Movie Listing**
Free showings in the Sabre Cinema & more!

20 **Fitness**
Challenges, runs, and even cosplay!

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Classes and resources designed for you!

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Hard Charger Awards

26 **Directory + FSS Facility Map**
4 FSS facilities + base agencies at a glance

BMS PROUDLY SUPPORTS OUR NATIONS MILITARY
MILITARY MOVING | RESIDENTIAL MOVING | STORAGE | WAREHOUSING | COMMERCIAL SERVICES

SWEDISH • DEEP TISSUE • HOT STONE • PRENATAL • THAI

MASSAGE THERAPY

email for appointment
mdiaz@elysiummassage.net

Elysium Signature Massage
60/90-MIN \$100/\$110
TOP THREE METHODS COMBINED
INCLUDES 30 MIN OF THAI

Swedish
30/60/90-MIN/2-HR
\$30/\$45/\$85/\$105

Deep Tissue
60/90-MIN/2-HR
\$75/\$95/\$120

Hot Stone
60/90-MIN/2-HR
\$80/\$90/\$110

Prenatal
30/60/90-MIN
\$30/\$45/\$65

Thai Oil
60/90-MIN
\$70/\$90

CASH/CHECK/CARD
PRE-PAY AT THE FITNESS CENTER

Farm Credit Farmers Market Opening Day April 11th

30+ LOCAL FARM VENDORS & MORE!

April-December
Thursday 9am-6pm
Friday 9am-3pm
Saturday 9am-3pm

3114 Wayne Memorial Dr.
Goldsboro
Behind the Maxwell Center

COATES HEARING CLINIC

WE LISTEN, YOU HEAR

Now open in Smithfield and Goldsboro!

SERVICES OFFERED:

- Comprehensive Hearing Tests
- Hearing Aid Fittings & Repairs
- Tinnitus Evaluations
- Balance Testing
- Cochlear Implant Evaluations

2800 Wayne Memorial Drive, Suite 12
Goldsboro, NC

(919) 751-6053

NC FREEDOM FEST

GOLDSBORO, NC

September 7th, 2024

2ND AMENDMENT ON MAIN

Veteran Owned and Operated Small Business in Downtown Goldsboro!

We Proudly Support the Constitution of the United States of America

Patriotic Brands - Grunt Style, Shield Republic, Nine Line, and MORE!

Custom and Made-to-Order Drinkware*, Vanity License Plates, and Woodworks!
BULK/BUSINESS ORDERS ARE WELCOMED

Contact Us:
919-440-3646
WWW.2AMONMAIN.COM

116 S. CENTER ST.
GOLDSBORO, N.C. 27530

BREWMASTERS

Wednesdays
25% OFF WINE BOTTLES

Thursdays
\$5 PINTS & PIZZAS

919.288.2014 2402 E. Ash Street

COMPASS CAFE CATERING

919.722.0394
WWW.SJFSS.COM/COMPASS-CAFE

MONTH OF THE MILITARY CHILD
momc
CALENDAR OF EVENTS

Starting April 1 ROCK STAR SHOUTOUTS

Give a shoutout to your favorite military kids by adding their names to the Purple Up displays at the CDC, Youth Center, Family Child Care office, and the Base Library. See staff for Purple Star cards.

April 1-6 KIDS BOWL FREE

Youth, ages 2-15, bowl two free games per day at Phantom Lanes. Sign up at www.kidsbowlfree.com

Tuesdays STORY TIME

Library • 11am

The Base Library offers weekly story times for preschool age children. Parents/guardians and children with base access are welcome. For more details, call 919-722-5825.

April 6 KIDDIE HAWK MATINEE Indoor Playground • 1pm

Bring your minions for a free showing of Despicable Me 2, rated PG, on the big screen.

April 11 FANDOM FRENZY Library • 5 to 7pm

Cosplayers of all ages, dress as your favorite character and join the fun in the Base Library. Games. Craft stations. Demonstrations.

April 15-19 CHALK YOUR WALK

Using your driveway as a canvas, show us your military story in chalk. Post your photos to the related Facebook album throughout the week at fb.com/sjafb.family. Free chalk will be available in the CDC, Youth Center and Base Library, while supplies last.

April 16 HEARTS APART DINNER

Eagles Landing • 5 to 7pm

All with base access are invited to a FREE dinner in support of our deployed and remote affected families. There will be kid-friendly activities. First come, first served. For more information, call the Military & Family Readiness Center at 919-722-1123.

April 19 PURPLE UP DAY

Wear purple to show your support for military kids!

April 19 PURPLE UP DAY KICKOFF

Walking gate • 7 to 8:30am

Meet up with the School Liaison to cheer on the students as they start their school day.

April 19 SJAFB THRIFT SHOP

1585 Andrews St • 4 to 6pm

Wear purple and receive 50% off one donated item, \$10 or below. Gift card giveaways for military children while they last.

April 20 PRINCESS-SUPERHERO 5K + MONTH OF THE MILITARY CHILD FESTIVITIES

Kimpo Park • 10am to 1pm

The 4th Medical Group and Force Support Squadron have partnered to bring you a fun-filled Saturday, kicking off with a themed run/walk for all the princesses and superheroes of Seymour Johnson. Alter egos encouraged. Get into the action by dressing the part!

There will be an info fair, free horseback riding and more family-friendly activities in Kimpo Park. Don't miss out!

April 26 TEDDY BEAR CLINIC

4 MDG Clinic • 8am to 12pm

Bring your stuffed animal and make the rounds through the 4 MDG at fun, educational stations. This event is geared for ages 1-5 years old to help take the fear out of visiting the doctor. Each participant receives a certificate of bravery. Pre-registration on SignUpGenius is recommended.



The official flower of the military child is the dandelion, and here is why:

Dandelions put down roots almost anywhere, and it is almost impossible to destroy. It is an unpretentious plant, yet good looking. It is a survivor in a broad range of climates.

Military children bloom everywhere the winds carry them. They are hardy and upright. Their roots

are strong, cultivated deeply in the culture of the Military, planted swiftly and surely. They're ready to fly in the breezes that take them to new adventures, new lands, and new friends.

Military children are well-rounded, culturally aware, tolerant, and extremely resilient. They have

learned from an early age that home is where their hearts are and a good friend can be found in every corner of the world.

They learn that to survive means to adapt; that the door that closes one chapter of their life opens to a new and exciting adventure full of new friends and new experiences.



Part Time Career-Locations in every State-Great Pay-Training-Tuition Assistance-Tricare-Retirement



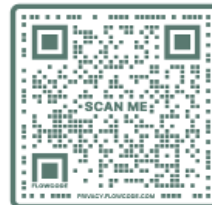
Contact your Air Force Reserve Career Counselor

Office: (919-722-2259)
Katrina.Jones.6@us.af.mil

MSgt Katrina Jones

I am the Air Force Reserve In-Service Recruiter for Seymour Johnson AFB, NC.

I am available to discuss the many opportunities or answer any questions about the Air Force Reserve - Palace Chase or Palace Front Programs.



BASE HOUSING
SATURDAY, APRIL 13
7:30AM-12:00PM

Get to know your neighbors and make a little extra cash with this great community yard sale event!

Please scan the QR code or visit <https://sjafbcommunityyardsale.eventbrite.com> to add your address to the route. Your name will not be listed.

FORCE **FB.COM/SJFSS** | **FB.COM/SJRES** **MAYROAD**
NO FEDERAL ENDORSEMENT INTENDED.



4TH FIGHTER WING CHAPLAIN CORPS



MISSION

DIRECT UNIT SUPPORT: **Embedded teams in every group**
 COUNSELING & CRISIS CARE: **100% confidential—24/7/365**
 FREE EXERCISE OF RELIGION: **Support for all faiths**

CONTACT

CHAPEL: **1505 Vermont Garrison St.**
 PHONE/FB: **919-722-0315** **Seymour Johnson AFB Chapel**
 EMERGENCY: **Call Command Post @ 919-722-0004**



WEEKLY PROGRAMS

ROMAN CATHOLIC: St. Michael the Archangel

Confession	Sunday	0815-0845 (by appt.)
Sunday Mass	Sunday	0900-1000
Faith Formation	Sunday	1030-1145
Daily Mass	Mon-Thu	1130-1200
RCIA/OCIA	Wednesday	1800-1930
Adult Bible Study	Thursday	1800-1930
Catholic Women	Sunday	1330-1530

PROTESTANT: Christian/Non-Denominational

Worship Service	Sunday	1100-1200
Christian Community Night	Wednesday	1700-1915
—Dinner		
—Adult Small Groups (Bible and Book Studies)		
—AWANA (3 yrs-8th grade)		
Women's Bible Studies	Monday	1830-1930
	Friday	1000-1100
Men's Bible Study	3rd Saturday	0930-1030

4th Fighter Wing Chapel Communities present...

VACATION

BIBLE

SCHOOL

24-27 June

6-8:30 pm

POC: pamela.ferrell.ctr@us.af.mil

Leader



Registration

Student



Registration



WASHINGTON, DC SINGLE AIRMEN TRIP

April 27-28

Sign up by April 12

- Open to Single Airmen (unmarried) Air Force active duty servicemember and a guest



\$78 pp includes rail transportation and hop on/hop off bus ticket for sightseeing
- Lodging fees extra; call for details

COMMUNITY PROGRAMS & PARTNERSHIP OFFICE
Eagles Landing • 919-722-8684



DUNGEONS & DRAGONS FOR DUMMIES @ The Base Library

FRIDAY, MAY 17
5 to 7pm

Meet to set up the characters and plan for play on Saturday.

SATURDAY, MAY 18
10 to 5pm

Game starts at 10am, players will continue until game is finished.

Learn to play Dungeons & Dragons // 6 - 10 Players // 18 and Over
This is a beginner "course" for those who want to learn or for those who have not played in a while.
Refreshments provided!

Scan QR code above to register // 722-5825 // [f /sjafb.library](https://www.facebook.com/sjafb.library)

University of MOUNT OLIVE

100% ONLINE, ON CAMPUS, & ON BASE OPTIONS



- CLEP, DSST, & Pearson VUE Authorized Test Center
- Classes toward CCAF degree available



FOR MORE INFORMATION, VISIT
WWW.UMO.EDU



PAID ADVERTISING - NO FEDERAL ENDORSEMENT INTENDED

AAFES shoppers can win \$22,770 in prizes

A can of Red Bull can give you wings but entering in the Army & Air Force Exchange Service's latest sweepstakes can give Seymour Johnson shoppers a chance to win a \$5,000 shopping spree in the Exchange's Shopping Spree Sweepstakes presented by Red Bull.

Now through April 30, authorized Exchange shoppers worldwide, 18 and older, can enter at ShopMyExchange.com/ sweepstakes for a chance to win one of 22 prizes in the Red Bull Shopping Spree sweepstakes. No purchase necessary to win.

Prizes include:

- Grand prize: \$5,000 Exchange gift card (2 winners)
- First prize: \$1,000 Exchange gift card (10 winners)
- Second prize: Red Bull Racing Official Teamline carry-on bag, \$277 in value (10 winners)

"Our service members and their families sacrifice so much to be where they are. It is an honor to give back to our community," said Seymour Johnson store manager Carolann Peck.

Drawings will take place around May 10. Department of Defense and Coast Guard civilians and retirees and honorably discharged Veterans who have confirmed their eligibility to shop online may also enter. Veterans can visit <https://aafes.media/paveterans> to learn more about their shopping benefit. DoD civilians can visit <https://aafes.media/cacbenefitspa>.



RECHARGE FOR RESILIENCY

Sip & Art AGES 18+

WEDNESDAY
MAY 8
5:30PM

SPACE IS LIMITED

ICE TIE DYE WORKSHOP

Materials and instructions included
create a unique piece to take home

R4R Single Airmen (SAPI) and
Deployed Affected (DAP): **\$5**

Food & Beverages available for sale

RSVP by May 3 to CPPO • 919.722.8684
Eagles Landing • 1240 Andrews St
sjfss.com • fb.com/cpposj • fb.com/mustangtaproom

ARMY & AIR FORCE EXCHANGE SERVICE
MUSTANG TAPROOM



PINOT'S PALETTE

PAINT & SIP

OUTDOOR RECREATION

10410 Moncreiffe Rd. Suite 101, Raleigh, NC 27617

5.18.24

- 2:30PM to 5:30PM - \$55 fee - covers painting, hors d'oeuvres, and transportation

Sign up by May 15th

Arrive at Outdoor Recreation by 1pm
9 spots available
Open to all with base access

sjfss.com | 919.722.1104 | fb.com/sjafb.fun

No Federal Endorsement Intended

Exclusive offers for Hearts Apart families of SJ

Free Bowling Mondays

5 to 9 pm

10% OFF in the 10-Pin Café
 Limited lane availability - First come, first served

PHANTOM LANES

Hosted by A&FRC

722.1123

HEARTS APART

Make the grade, earn rewards!


Seymour Johnson Exchange celebrates military kids' academic excellence

Good grades pay off as the Army & Air Force Exchange Service BX continues its tradition of awarding academic excellence in the 24th year of the You Made the Grade program.

Seymour Johnson students, first through 12th grades, who maintain a B average or higher can bring their report card and military ID to the BX customer service area each grading period for prizes. Straight A students will receive a \$20 Exchange gift card and a coupon sheet. Students with a B average or higher are eligible to receive a \$10 Exchange gift card and coupons. Homeschooled students are also eligible.

- Coupons include:**
- Free small (fountain/frozen/ Revolution Tea) drink from an Express.
 - Free kid's haircut at The Barber Shop, Hair Studios or Stylique beauty salons.
 - \$5 off Exchange mall concessions or kiosks.

SCUBA Lessons



AIR FORCE RECHARGE FOR RESILIENCY

R4R RecOn Eligible:
 Active Duty Reservists Dependents

SATURDAYS
 MAY 4 — JUNE 1
 8AM — 5PM

\$90 per person covers lessons with Air Hogs SCUBA and written certification test

EFMP Navigator Enhanced support

The Exceptional Family Member Program Family Support coordinator, Arndrea Thomas, announces the addition of a Systems Navigator to support families with home visits,



Sign up by April 28 • Outdoor Rec • 1385 S. Andrews St.
 919.722.1104 • sjfss.com • fb.com/sjafb.fun

NO FEDERAL ENDORSEMENT INTENDED

• 10% off headphones (excluding Apple and Beats products).

• 10% off men's, women's and children's apparel and footwear (excludes MCS footwear, commercial & DLATS uniforms).

"According to the Department of Defense, military students can change schools up to nine times in their academic careers," said store manager Carolann Peck. "In addition to unique stressors, such as a parent's deployment, maintaining a strong academic performance as a military child takes dedication. We want to honor and recognize our students for their hard work in school."

Students who make the grade can enter a worldwide sweepstakes twice a year for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings take place in June and December.

To enter the sweepstakes, students can complete the form on the back of the gift card sleeve and mail it to:

You Made The Grade
PO Box 227398
Dallas, TX 75222-7398

school meetings and other appointments, as well as unit outreach.

For more information, call 919-722-7337 or 919-722-1123.



Birdhouse Painting

May 17
4pm
Outdoor Rec

\$7 pp includes a birdhouse & paint supplies

Sign up by May 4 • Outdoor Recreation
919.722.1104 • sjfss.com • fb.com/sjafb.fun

PAINT YOUR ART OUT

with goats!

AGES 18 & UP
MAY 12
2PM SIGN UP BY MAY 3

Paint & personalize a wooden door hanger while interacting with goats and other farm animals at The Painted Farmer in Lucama

Exclusive offer for Deployment Affected (DAP) R4R eligible - \$10 class fee includes materials. Transportation not included. Sign up with CPPD at Eagles Landing

RAIN DATE MAY 19

CALL 919-722-8684
SJFSS.COM FB.COM/SJAFB.FUN

THREE EAGLES
- ROTARY -



BEER & WINE FESTIVAL

MAY 11

2024

1-5 PM THE HUB

200 S. CENTER ST. GOLDSBORO

FREE Parking Across Street
Must be 21 -
Must have valid picture ID

TICKETS \$35

FOOD TRUCKS SKULLIES STREET Q PINKY'S

TICKETS SOLD BY:
Three Eagles Rotary
Well Traveled Beer
Brewmaster
The Filling Station
DGDC
Goldsboro Brew Works
online @
threeeaglesbeer.com

ENTERTAINMENT BIRDSHOT



OVER 50 BEER & WINE SELECTIONS

RAIN OR SHINE

Wines provided by Bob Crenshaw, HealthHabit



WHAT'S COOKING? PRESENTS

2024 VIRTUAL

Cooking Classes

WITH LUCA MANFE
WINNER OF MASTER CHEF SEASON FOUR



ATTEND FOR A CHANCE TO WIN ONE OF TWO GRAND PRIZES*

*TERMS AND CONDITIONS APPLY

SIGN UP AT
FORCESUPPORT.AWARDSPLATFORM.COM

- 04 . 12 @ 1800 CT Lasagna
- 04 . 13 @ 1700 CT Taco Night
- 05 . 10 @ 1800 CT Tiramisu + Olive Oil Cake
- 05 . 11 @ 1700 CT Homemade Spinach Gnocchi
- 07 . 26 @ 1800 CT Fish and Chips
- 07 . 27 @ 1700 CT Steak Night
- 08 . 23 @ 1800 CT Beef Short Ribs
- 08 . 24 @ 1700 CT Pork Tenderloin
- 09 . 06 @ 1800 CT Veal Scaloppini
- 09 . 07 @ 1700 CT Seafood Stew
- 10 . 26 @ 1700 CT Rack of Lamb



UNC HEALTH® Wayne

Where *Compassion* Meets Excellence



MUSTANG TAPROOM

DJ SQWID

FREE MUSICAL ENTERTAINMENT

APRIL 6 4 TO 8PM



COMMUNITY CENTER

1240 Andrews St

sjfss.com

fb.com/sjafb.fun

fb.com/sjafb.food

Battle n Brews in the Mustang Taproom

Nighttime Bingo April 3 • 5:30pm

Join us for a chance to win cash prizes in our monthly bingo event. There is a 2-book minimum purchase of \$10. Additional books and early bird cards are available.

Music Bingo April 17 • 5:30pm

This is not your grandma's bingo; it's a fun-tastic musical twist on bingo complete with prizes! Listen to tunes to mark off spaces on your playing card. No cost to play!

Trivia Night April 19 • 5:30pm

Teams of up to six go head to head in this monthly trivia challenge. Bring your friends and play a few rounds with us. Different themes each month and FSS gift card prizes!

Win It Wednesday April 24 • 5:30pm

We wrap up the month with our friendly competition known as Win It Wednesday. Drop by to find out what this month's theme will be.

MUSTANG TAPROOM Hours of Operation

WED - THURS	3 - 8PM
FRI	3 - 10PM
FIRST SATURDAY	3 - 8PM

PLANT-N-POUR 4.10.24



5:30pm Mustang Taproom

PICK A PLANT AND DECORATE A POT TO PUT IT IN

Instructions and materials provided \$8⁰⁰

R4R Single Airmen and Deployed Affected, Ages 18 and up
Sign up by April 3 at Eagles Landing

FOOD AND BEVERAGES AVAILABLE FOR PURCHASE



MUSTANG TAPROOM

919.722.8684

sjfss.com
fb.com/sjafb.fun



COMMUNITY CENTER



RECHARGE FOR RESILIENCY

NATIONAL GRILLED CHEESE DAY

APRIL 12

ALL-DAY \$3.50 GRILLED CHEESE COMBO



722.0349

PHANTOM LANES

SCAN FOR MENUS

SEYMO JOE TO GO

1514 GOODSON ST
919.722.3104

MON-FRI
6 TO 10:30AM



COMPASS CAFÉ

1385 S. ANDREWS ST
919.722.0394

MON-FRI
6:30AM TO 1PM



10-PIN CAFÉ

1290 ANDREWS ST
919.722.0349

MON-THU 7AM TO 8PM
FRI 7AM TO 11PM
SAT 9AM TO 10:30PM



MUSTANG TAPROOM

1240 ANDREWS ST
919.722.8547

WED-THU 3 TO 8PM
FRI 3 TO 10PM
FIRST SAT 3 TO 8PM



Spring is Here

We are bringing back smoothies.

Mix-n-match favorite flavors for a mouthwatering treat!



Strawberry Banana



Pineapple



Mango



Strawberry

MON - FRI | 6 TO 10:30AM | 1514 GOODSON ST | 919-722-3104

FREEBIE FRIDAY

APRIL 19
4:30 TO 6:30PM

FIRST 30 CUSTOMERS GET FREE WINGS

ELIGIBLE PATRONS GET A TICKET FOR WINGS REDEEMABLE ON EVENT DAY ONLY

WINGS PROVIDED BY **FIRST COMMAND**

NO FEDERAL ENCOURAGEMENT OF SPONSOR INTENDED

MUSTANG TAPROOM

AIR FORCE COMMUNITY CENTERS

www.sjss.com | fb.com/sjafb.food

PHANTOM LANES

CHICKEN FRIED RICE


• THURSDAY •

with egg roll & drink

\$5.50

WHILE SUPPLIES LAST
CALL AHEAD FOR TAKEOUT 722-0349

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>Month of the Military Child</p> <p>Child Abuse Awareness Month</p> <p>Kids Bowl Free this Spring Break — April 1-6</p> <p>Air Force Art Contest, enter through April 30</p>	<p>1</p> <p>Fastest 400M Dash Fitness Challenge, all month</p> <p>Chicken Parmesan Melt, 10-Pin Café</p> <p>Red Pin Bowling 5pm</p>	<p>2</p>  <p>Taco Tuesday, 10-Pin Café</p> <p>Airman's Attic closed</p> <p>Story Time 11am</p>	<p>3</p> <p>Chicken & Waffles, Compass Café</p> <p>Pinwheel Garden 10am</p> <p>Nighttime Bingo 5:30pm</p>
<p>7</p>	<p>8</p>  <p>Chicken Parmesan Melt, 10-Pin Café</p> <p>Red Pin Bowling 5pm</p>	<p>9</p> <p>Taco Tuesday, 10-Pin Café</p> <p>Airman's Attic 10am</p> <p>Story Time 11am</p>	<p>10</p>  <p>EFMP Round Table 11am</p> <p>Penny-a-Pin Bowling 5pm</p> <p>Plant n Pour 5:30pm</p>
<p>14</p>	<p>15</p> <p>Chalk Your Military Walk this week</p> <p>Red Pin Bowling 5pm</p>	<p>16</p>  <p>Newcomers 8am</p> <p>Story Time 11am</p> <p>Hearts Apart Dinner 5pm</p>	<p>17</p> <p>Penny-a-Pin Bowling 5pm</p> <p>Music Bingo 5:30pm</p> <p>Mike Super Magic & Illusion 6pm</p>
<p>21</p>	<p>22</p> <p>Chicken Parmesan Melt, 10-Pin Café</p> <p>Red Pin Bowling 5pm</p>	<p>23</p> <p>Taco Tuesday, 10-Pin Café</p> <p>Airman's Attic 10am</p> <p>Story Time 11am</p>	<p>24</p>  <p>Penny-a-Pin Bowling 5pm</p> <p>Win It Wednesday 5:30pm</p>
<p>28</p>	<p>29</p> <p>Chicken Parmesan Melt, 10-Pin Café</p> <p>Fish & Chips, Compass Café</p> <p>Red Pin Bowling 5pm</p>	<p>30</p>  <p>Airman's Attic 10am</p> <p>Taco Tuesday, 10-Pin Café</p> <p>Story Time 11am</p>	 <p>Carefully lift the staples and remove this handy calendar to place on your fridge or bulletin board</p>

Fitness Center News

- Effective April 6, the Fitness Center will go to unmanned access on the week-ends, Saturday and Sunday. Stop by during manned hours to register your card.
- The Fitness Assessment Cell (FAC) no longer accepts walk-ins. Servicemembers may schedule their tests on myFitness through the myFSS platform.

THURSDAY	FRIDAY	SATURDAY
<p>4</p> <p>Bundles for Babies + Prenatal Nutrition 9am</p> <p>Moving Out of Dorms 9am</p> <p>Airman's Attic closed</p> <p>Spouse Reintegration 5pm</p>	<p>5</p> <p>Wear Blue Day</p> <p>Library Book Swap</p> <p>Spring Forward 5K 3pm</p> <p>Let's Go Fly a Kite 4:30pm</p> <p>Cosmic Bowling 10pm</p>	<p>6</p> <p>Open to All Ranks 12pm</p> <p>Kid Matinee 1pm</p> <p>Cosmic Bowling 2:30pm</p> <p>DJ Sqwid 4pm</p> <p>Cosmic Bowling 9:30pm</p>
<p>11</p> <p>All You Can Bowl, All Day</p> <p>Airman's Attic 10am</p> <p>Home Buying 1pm</p> <p>Fandom Frenzy 5pm</p>	<p>12</p> <p>Grilled Cheese Day, 10-Pin Café</p> <p>Free Movie 6pm</p> <p>Cosmic Bowling 10pm</p> 	<p>13</p> <p>Parents Day Out 9am</p> <p>Cosmic Bowling 2:30pm</p> <p>Cosmic Bowling 9:30pm</p>
<p>18</p> <p>All You Can Bowl, All Day</p> <p>Airman's Attic 10am</p> <p>Moving Out of Dorms 2pm</p> <p>Fly By Movie 4:30pm</p>	<p>19</p> <p>Purple Up Day</p> <p>Walking Gate Celebration 7 to 8:30am</p> <p>Freebie Friday 4:30pm</p> <p>Trivia Night 5:30pm</p>	<p>20</p> <p>Princess-Superhero 5K - MOMC Festivities 10am</p> <p>Kid Matinee 1pm</p> <p>Cosmic Bowling 2:30pm</p> <p>Cosmic Bowling 9:30pm</p>
<p>25</p> <p>All You Can Bowl, All Day</p> <p>Airman's Attic 10am</p> <p>Virtual Mock Interview 10am</p>	<p>26</p> <p>Volunteer Appreciation 10am</p> <p>Sloppy Joes, 10-Pin Café</p> <p>Free Movie 6pm</p> <p>Cosmic Bowling 10pm</p>	<p>27</p> <p>R4R DC Trip</p> <p>Bowling Clinic Sessions</p> <p>Cosmic Bowling 2:30pm</p> <p>Cosmic Bowling 9:30pm</p>
 <p>SJFSS.COM</p>	 <p>AEROBICS SCHEDULE</p>	



- May 1
- Nighttime Bingo
- May 4
- Open to All Ranks
 - Kid Matinee
 - DJ Sqwid
- May 8
- Education + Job Fair
 - R4R Ice Tie Dye
- May 9
- Designer Bag Bingo
- May 10
- Spouse Dining In
- May 12
- R4R Painting with Goats
- May 15
- Music Bingo
- May 17
- Murph Challenge
 - Dungeons & Dragons for Dummies
 - Freebie Friday
 - Trivia Night
- May 18
- America's Kids Color Run
 - Kid Matinee
- May 21
- Hearts Apart Dinner
- May 22
- Win It Wednesday

Now Showing

Free movies are brought to you by the Community Programs & Partnership Office (CPPO). Doors open 30 minutes before showtime. You may bring your own snacks; no alcoholic beverages please.

KID MOVIES in the Kiddie Hawk Playground

April 6 • 1pm • **Despicable Me 2**

PG • 2013, Family/Comedy, 1h 38m

FRIDAY NIGHT MOVIES in the Sabre Cinema

April 12 • 6pm • **Unforgiven**

R • 1992, Drama/Western/Action, 2h 10m

April 26 • 6pm • **Evil Dead Rise**

R • 2023, Horror, 1h 36m

SATURDAY MATINEE in the Sabre Cinema

April 20 • 1pm • **65**

PG-13 • 2023, Action/Adventure/Drama, 1h 33m



Fly By Movie

April 18 • 4:30pm

Where the Crawdads Sing

PG-13 • 2022, Drama/Mystery/Romance, 2h 5min

The Southern Eagle Dining Facility (DFAC) hosts a free, monthly Fly By Movie Night on the third Thursday.

The DFAC is open to all with base access. Seating is first come, first served.

For more details, call the dining facility at 919-722-5298.



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Mt Olive, NC 28365
919-299-8033



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with Shannon O'Keefe and Bob Learn Jr "Mr 300"



On Lane Coaching

9:00am to 12:30pm

OR 1:30 to 5:00pm

\$40 per session

Trick Shots

1:00pm



15 time PWBA National Champion
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2016, 2017, 2018 NCAA D11/D111
Bowling Coach of the Year

8 time PBA National Champion
28 time PBA Regional Champion
Assistant Team USA Coach
2023 USBC Collegiate Coach of the Year
2023 NAIA Mens Coach of the Year
PBA TV 3 & 4 Game Records:
300-270-280(850) + 279(1129)
1997 ESPY Award
National USBC Hall of Fame



SATURDAY, APRIL 27 | SIGN UP NOW

1290 Andrews St
919.722.0350

PHANTOM LANES

sjfss.com
fb.com/sjafb.fun

NO FEDERAL ENDORSEMENT INTENDED

FASTEST 400M DASH

ALL MONTH - APRIL
FITNESS CENTER
DURING MANNED HOURS

PARTICIPANTS WILL RUN 1 LAP
AROUND THE OUTDOOR TRACK WITH
FITNESS STAFF SUPERVISION.
THE FASTEST TIME WINS.

722-0420 | SJFSS.COM

Murph Challenge

May 17 • 7am to 6pm
Fitness Center

The Murph Challenge is more than just a workout, it's a tradition to honor the courage and valor of Navy SEAL, Lt. Michael P. Murphy. While under attack in combat, Murphy valiantly put himself in the direct line of fire to radio for immediate support for his team. He was awarded posthumously, the Medal of Honor for his actions during the War in Afghanistan: OPERATION Red Wings.

The Hero's WOD consists of the following: 1 mile run, 100 pull-ups, 200 push-ups, 300 air squats, 1 mile run—all while wearing an optional (20 lb) weighted vest. Registration is now open on SignUpGenius. Call 919-722-0420 for more information.

America's Kids Color Run

May 18 • Times vary
Youth Center

The third Saturday of the month is not only Armed Forces Day, but also the day of America's Kids Color Run. The day begins for EFMP families at 9am with a 1 mile run, followed by a 2-mile run at 10am for all with base access. Participants may arrive up to an hour early for a chance to receive a commemorative t-shirt and run number, while supplies last. Pre-register at www.americaskidsrun.org beginning April 15. Call 919-722-0503 for more details.

FREE

MONTH OF THE MILITARY CHILD

Princess SUPERHERO

WALK • 5K • INFO FAIR • ACTIVITIES
FREE HORSEBACK RIDING
PRESENTED BY EFMP

APRIL 20
10AM • KIMPO PARK

Canvas FREE SNOW CONES

IN CASE OF RAIN, THE EVENT WILL MOVE TO THE YOUTH CENTER

fb.com/4thMedicalGroup | fb.com/sjafb.family | fb.com/sjfss | sjfss.com
NO FEDERAL ENDORSEMENT OF SPONSOR(S) INTENDED

Logos for YP and DAF Fitness & Sports.



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SPRING FORWARD

RUN/WALK 5K

MUSTANG TAPROOM
APRIL 5
3PM



FITNESS CENTER SJFSS.COM FB.COM/SJAFBFITNESS 919.722.0420

FANDOM FRENZY

WHEN:
APRIL 11
5PM - 7PM

**GIVEAWAYS!!
FREE EVENT!!
ALL AGES!!**

**COSPLAY? YES!
SWORD DEMO
GAMES
CRAFT STATIONS**

**WHERE:
BASE LIBRARY**

**CONTACT:
722-5825 SJFSS.COM
FB.COM/SJAFB.LIBRARY**





FREE 16 hrs of care per child pre-deployment
child care 16 hrs each month the member is deployed
 16 hrs post-deployment

DCC Deployment Child Care
 provided in DAF certified FCC homes

Hours may be used before, during, and up to 60 days upon returning from a deployment*.

- Must be in direct support of a contingency operation over 30 days or on a remote assignment
- Dependents, ages 12 and under, of Active Duty, Guard and Reserve, in an Active Duty status assigned to SJAFB

Call the FCC office for details on registering and utilizing this benefit!



919.722.7194

sjfss.com || fb.com/sjafb.family

Wear Blue Day

For Child Abuse Prevention Month

Wear Blue Day shows support for children and emphasizes the critical importance of preventing child abuse and neglect and keeping children safe.



sjfss.com
 919.722.4492
fb.com/sjafb.family
<https://preventchildabuse.org/>

#CAAPM
 #WearBlueDay

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GREEN BELT

Certification Process

STEP 1: INITIATION

- Be Green Belt trained
Training available via AF ELearning (OpusWorks)
- Contact a Green Belt mentor
via Local Process Manager (PM)/Master Process Officer (MPO)
- Find a customer and problem
- Build a charter

On average, Green Belt

certification takes just 4-6 weeks!

Green Belt certification MUST:

1. Improve a single process by a minimum of one process performance measurement (speed, quality, cost, etc.)
2. Be within one organization
3. Have a team size no less than six personnel
4. Have performance measures within last six months
5. Be documented on the A3-sized storyboard

STEP 2: EXECUTION

- Work through 8-step Practical Problem-Solving Method (PPSM)
- Document on A3 storyboard

For more information, contact your

PM, PMO, or visit the AF CI2 Portal



STEP 3: CLOSURE

- Submit A3 to Mentor and PM/MPO
- MPO reviews/grades
- Receive GB cert and Special Experience Identifier (SEI)

CONTACT

NIPR:
stefan.bowlsy.1@us.af.mil
DSN: 722-4332
Comm: (919) 722-4332

Moving Out of the Dorms Class

April 4 • 9 to 11am | April 18 • 2 to 4pm

Family Life Center, Room 100

Dorm residents, have we got a class for you! Get essential financial tips so you can effectively move out of the dorms. Topics include choosing where to live, considering a roommate, the application process, understanding the lease agreement, how to set up housekeeping, and budgeting. Airman will develop a budget reflecting their new financial obligations. Sign up for this informative class, by calling 919-722-1123.

Bundles for Babies + Prenatal Nutrition

April 4 | May 2 • 9am to 1pm

Eagles Landing

The Military & Family Readiness Center presents a special program called Bundles for Babies for new and expectant parents. Gain helpful tips on budgeting and caring for newborns. Each participating active duty Air Force family receives a \$100 grant from the Air Force Aid Society. Light refreshments will be available. The session is limited to 30 parents. Pre-register by calling the M&FRC at 919-722-1123.

Spouse Reintegration

April 4 • 5pm

Eagles Landing

The Military & Family Readiness Center and supporting agencies present information how spouses can reconnect with their returning deployed and remote tour members. Other topics include reconnecting your spouse and children, mental health preparedness, and the purpose of the deployed member's reintegration. Refreshments will be provided.

Airman's Attic: Open to All Ranks

First Saturday of the Month, April 6 • 12 to 2pm

(Closed April 1-5 for Spring Break)

The Airman's Attic is a community based program that is run on volunteer support to provide donated goods for Airmen and family members. Donations may be dropped off 24 hours a day in the shed behind the Connect 4 building located at 1515 Goodson Street.

The Airman's Attic is open for E-6 and below on Tuesdays and Thursdays from 10am to 1pm. The shop opens on the first Saturday of the month to all ranks, unless otherwise posted. Call 919-722-1123 for more details.

EFMP Roundtable

April 10 • 11am • Connect 4

Participants in the Exceptional Family Members Program (EFMP) are encouraged to sign up for this informative roundtable session. Please call 919-722-7337.

Home Buying

April 11 • 1pm

M&FRC Conference Room

Buying a home is the most significant purchase many people will ever make. This course is designed to increase the knowledge and comfort level of first-time home buyers and serve as a refresher for repeat home buyers. Call 919-722-1123 to pre-register.

Parents Day Out

April 13 • 9am to 1pm

CDC & Youth Center

Register ages 6 weeks - 12 years for childcare by March 6; \$8 per hour (\$32 session). Current immunizations, closed toe shoes, and minimum of eight youth, per program, required. Call the CDC at 919-722-1198 or Youth Programs, 919-722-0502 for more details.

Newcomer's Orientation

April 16 • 8am to 1pm

Eagles Landing

The Military & Family Readiness Center welcomes all new arrivals to Seymour Johnson Air Force Base with a special orientation and information fair. This event is for newly assigned personnel and their families. Join us and get to know your new base.

Pinwheel Garden EVENT

JOIN US
**APRIL 3
10AM**

Stage Area
Corner of Tinker and Wright Bros.
MDG parking lot

- Proclamation
- Pinwheel Story narrated by
Cristy Barnes-Williams, School Liaison
- Youth Center singers perform
"Greatest Love of All"

Pinwheel Garden
Corner of Biggs St and Wright Bros Ave
- All kids in attendance may place a pinwheel
as a symbol of child abuse prevention

**FOR MORE INFORMATION,
CALL 919-722-4492**



Car Buying May 2 • 1pm • M&FRC

It is important that buyers understand the specific steps involved in making a wise purchase. The Car Buying course is designed to develop knowledge and skills that will enable learners to conduct adequate research on a new car purchase, to determine how much they can afford to spend on a car and to negotiate effectively when purchasing an automobile. Sign up by calling 919-722-1123.

FDS Officer Training May 15 • 9am • M&FRC

Financial Briefing for First Duty Station Officer that covers pay and entitlements, banking and allotments, checkbook/debt management, budgeting and saving, retirement planning, insurance, credit management, car buying, PCS finances, financial counseling, investment tools and personal and family readiness. For more information, call 919-722-1123.

Virtual Mock Interview April 25 • 10am to 2:15pm

Learn how to answer difficult questions, develop interview strategies, improve your communication skills, and reduce your stress before an actual job interview. Call 919-722-1123 to schedule.

EFMP 101 May 1 • 11am • Connect 4, Room B

Learn more about how EFMP-Family Support, the School Liaison Program, Family Child Care, and Tricare supports EFMP families. Light refreshments will be provided. RSVP to 919-722-7337.

ABCs of PCSing May 2 • 9 to 11:30am Family Life Center, Room 200

A class to help you successfully navigate the PCS maze by helping minimize stress, confusion, and hardships often associated with moving. Call 919-722-1123.

VOLUNTEER *Appreciation* CEREMONY

**APRIL
26**
10AM - 12PM
SABRE CINEMA

A salute to Seymour Johnson AFB volunteers. All are welcome to attend.

Commanders, supervisors, co-workers and family members ... come cheer on the volunteers!

Hosted by the
**MILITARY & FAMILY
READINESS CENTER**
919.722.1123
sjfss.com | facebook.com/sjafrc





EDUCATION, VOLUNTEER & EMPLOYMENT FAIR

CO-HOSTED BY THE EDUCATION OFFICE
AND MILITARY & FAMILY READINESS CENTER

OPEN TO ALL WITH BASE ACCESS

EDUCATION

College representatives will be in attendance to speak about available education programs.

VOLUNTEER

Local agencies will be in attendance offering information about volunteer opportunities.

EMPLOYMENT

Meet with local & regional businesses with available jobs openings.
Bring your resume!

EDUCATION OFFICE: 919.722.5800

MFRC OFFICE: 919.722.1123



MAY 8



10AM - 1PM



EAGLES LANDING

www.sjfss.com



[/sjafb.family](https://www.facebook.com/sjafb.family)

Military Spouse Appreciation

SAVE THE DATES



DAY 1: MAY 6

Free Coffee +

Start your week with free coffee and a breakfast item from Seymo Joe to Go. The M&FRC staff and friends will be on-site to launch the Military Spouse Appreciation Week along with a fun scavenger hunt from the USO. See ad, this page.

DAY 2: MAY 7

The Art of Food Cooking Class • 11am to 1pm

Sign up to learn how to make sushi, mocktails and more! Class will be held in Eagles Landing.

DAY 3: MAY 8

Education, Volunteer and Employment Fair

See ad, previous page.

DAY 4: MAY 9

Designer Bag Bingo

Try your luck at this fan favorite. See ad, this page.

DAY 5: MAY 10

Top Spouse Dining In Eagles Landing • 6pm

This is shaping up to be a fun evening of dress-up for our "Top Spouses." Limited child care available. Pre-register please.



MilSpouse Appreciation

COFFEE

May 6 • 8 to 10am
Seymo Joe to Go

1514 GOODSON ST

Free coffee and breakfast item while supplies last



For more information, call the Military & Family Readiness Center 919.722.1123

sjfss.com || facebook.com/sjafrc



DESIGNER BAG BINGO



THURSDAY

MAY 9

Doors open/sales begin • 5pm

Bingo • 5:30pm

Ages 18+
\$40 • 2-book min. purchase
\$15 • each additional book
\$7 • early bird

All prizes are authentic designer handbags, clutches, wallets, etc.



EAGLES LANDING 722.8684

sjfss.com
fb.com/sjafbfun

*Event subject to cancellation if minimum required players are not registered by cutoff date. Call or drop by Eagles Landing/CPPO.



SAVE MONEY Kinderspot



An official United States Department of the Air Force Application



Federal Resume Writing & Job Search May 21 • 11:30am Connect 4

Participants in this FREE class will learn to effectively write a federal resume for government jobs and how to search for openings on USAJobs.gov. Get tips and tricks for navigating the USAJobs website. Call 919-722-1123 to sign up.

Civilian Resume May 23 • 11:30am Virtual Workshop

Learn to write an effective resume that may open the door to your next career. Call 919-722-1123 to sign up.

MONTH OF THE MILITARY CHILD



Wear purple and receive 50% off one donated item \$10 or below!

COME CELEBRATE WITH US



Friday, April 19
from 4-6:00pm
SJAFB Thrift Shop
1585 Andrews St.

This is a private organization. It is not a part of the Department of Defense or any of its components and it has no governmental status.

ALL MILITARY CHILDREN WILL RECEIVE A SWEET FROGS GIFT CARD WHILE SUPPLIES LAST!

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your support builds the story of home.

It's the story of kids playing in their own yard while mom or dad cooks in their own kitchen. It's the story of everyday security and dreams for the future. It's the story of an affordable home a family built themselves with help from Habitat for Humanity, volunteers and you.

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124 E Mulberry St, Goldsboro
919-736-9550 www.habitatgoldsboro.org
Schedule your free donation pickup today!

BRING AD & RECEIVE 20% OFF PURCHASE — SOME RESTRICTIONS APPLY

— *Hard Charger Awards* —



ABOVE: Ms Kaci Harrison, 4th Force Support Squadron Deputy, presents the Hard Charger Team Award and traveling trophy to the Readiness and Plans team. Left to right, front row: MSgt Ashley Woods, TSgt Cristian Rosario, SrA Jessica Lanning, Ms Harrison, Mr Don Huston, Maj Nathan Beckler and SMSgt Demond Darden.



ABOVE: Lt Col Kirchner presents SrA Alyana Vasquez of Food Service with an individual Hard Charger award.

FOOD & DRINK

- **10 Pin Cafe**
919.722.0349 • 1290 Andrews St
fb.com/sjafb.food
- **Afterburner Kiosk**
919.722.5294 • 2814 Jabara Ave
fb.com/sjafb.food
- **Compass Cafe & Catering**
919.722.0394 • 1385 S Andrews St
fb.com/sjafb.food
- **Mustang Taproom**
919.722.8547 • 1240 Andrews St
fb.com/sjafb.food
- **Seymo Joe to Go**
919.722.3104 • 1514 Goodson St
fb.com/sjafb.food
- **Southern Eagle Dining Facility**
919.722.5294 • 3650 Pope St
fb.com/sjafb.food

RECREATION

- **Auto Hobby Shop**
919.722.1309 • 919.722.1308
1295 Jabara Ave • fb.com/sjafb.fun
- **Blakeslee Air Force Recreation Area**
910.500.6465
118 Riverfront Rd., Kure Beach
- **Bowling, Phantom Lanes**
919.722.0350 • 1290 Andrews St
fb.com/sjafb.fun
- **Community Programming & Partnership Office (CPPO)**
919.722.8684 • 1240 Andrews St
fb.com/sjafb.fun
- **Fitness & Sports Center**
919.722.0420 • 1500 Langley Ave
fb.com/sjafb.fitness
- **Kiddie Hawk Playground**
919.722.8684 • 1515 Goodson St
fb.com/sjafb.family
- **Outdoor Recreation Adventure Park**
919.722.1104 • 1385 S. Andrews St
fb.com/sjafb.fun
- **Sabre Cinema**
919.722.8684 • 919.722.8684
3740 Edwards St • fb.com/sjafb.fun
- **Splash Pad (seasonal)**
919.722.1104 • 919.722.7437
Debden Park • fb.com/sjafb.fun
- **Swimming Pool (seasonal)**
919.722.1104 • 919.722.7437
1500 Langley Ave • fb.com/sjafb.fun

4 FSS SERVICES & RESOURCES

- **Airman's Attic**
919.722.7181 • 1515 Goodson St
fb.com/sjfss
- **Barbershop**
919.722.7760 • 1240 Andrews St
- **Casualty & Survivors Benefits Plans**
919.722.7192 • 1600 Wright Brothers Ave

- **Child Development Center**
919.722.1198 • 919.722.1199
1030 Langley Ave • fb.com/sjafb.family
- **Civilian Personnel Section**
919.722.0117 • 1570 Wright Brothers Ave
fb.com/sjfss
- **Commercial Sponsorship**
919.722.7155 • fb.com/sjfss
1600 Wright Brothers Ave, 2nd Fl, Ste 228
- **Community Cohesion Coordinator (C3)**
919.722.4697 • 1240 Andrews St
- **Connect 4**
919.722.8684 • 1515 Goodson St
fb.com/sjafb.fun
- **DEERS & ID Cards**
919.722.8702 • fb.com/sjfss
1600 Wright Brothers Ave, 1st Fl
- **Eagles Landing**
919.722.8684 • 1240 Andrews St
fb.com/sjafb.fun
- **Education & Training**
919.722.5800 • 1195 Cannon Ave
fb.com/sjfss
- **Family Child Care**
919.722.7194 • 1515 Goodson St
fb.com/sjafb.family
- **Honor Guard**
919.722.7019 • 1175 Wright Brothers Ave
- **Library**
919.722.5825 • 1520 Goodson St
fb.com/sjafb.family
- **Lodging @ Southern Pines Inn**
919.722.0385 • 1235 Wright Brothers Ave
- **Manpower & Organization**
919.722.5336 • 1195 Cannon Ave, 2nd Fl
- **Marketing**
919.722.8532 • fb.com/sjfss
1600 Wright Brothers Ave, 2nd Fl, Ste 228
- **Military & Family Readiness Center**
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fb.com/sjfss • fb.com/sjafrc
- **Military Personnel Section**
919.722.8677 • fb.com/sjfss
1600 Wright Brothers Ave, 1st Fl
- **Military School Liaison**
919.722.5810 • 1515 Goodson St
fb.com/schools.sj
- **NAF Human Resources**
919.722.5939 • 1570 Wright Brothers Ave
- **Private Organizations**
919.722.7289
1600 Wright Brothers Ave, 2nd Fl, Ste 220
- **Professional Development Center**
919.722.1149 - ALS
919.722.5857 - Career Assistance
1175 Wright Brothers Ave
- **School Age Care**
919.722.0502 • 1035 Langley Ave
fb.com/sjyouth

- **Youth Programs**
919.722.0502 • 1035 Langley Ave
fb.com/sjafb.family
- **Vet Clinic**
919.722.1465 • 1003 Collier Ave
By appointment only

BASE HELPING AGENCIES









- **Alcohol & Drug Abuse Prevention**
919.722.1883
- **Chaplain/Chapel**
919.722.0315 • 1505 Vermont Garrison St
- **Equal Opportunity**
919.722.1180
- **Family Advocacy**
919.722.7878
- **Health Promotion**
919.722.0407
- **Medical Group Primary Care**
919.722.1802
- **Mental Health Clinic**
919.722.1883
- **Military Family Life Counselor**
919.886.3346 - Adult
919.886.3405 - Child
- **Military One Source**
800.342.9647
- **Sexual Assault Response Coordinator**
919.722.0154 • 919.722.0155
919.722.7272 - Hotline

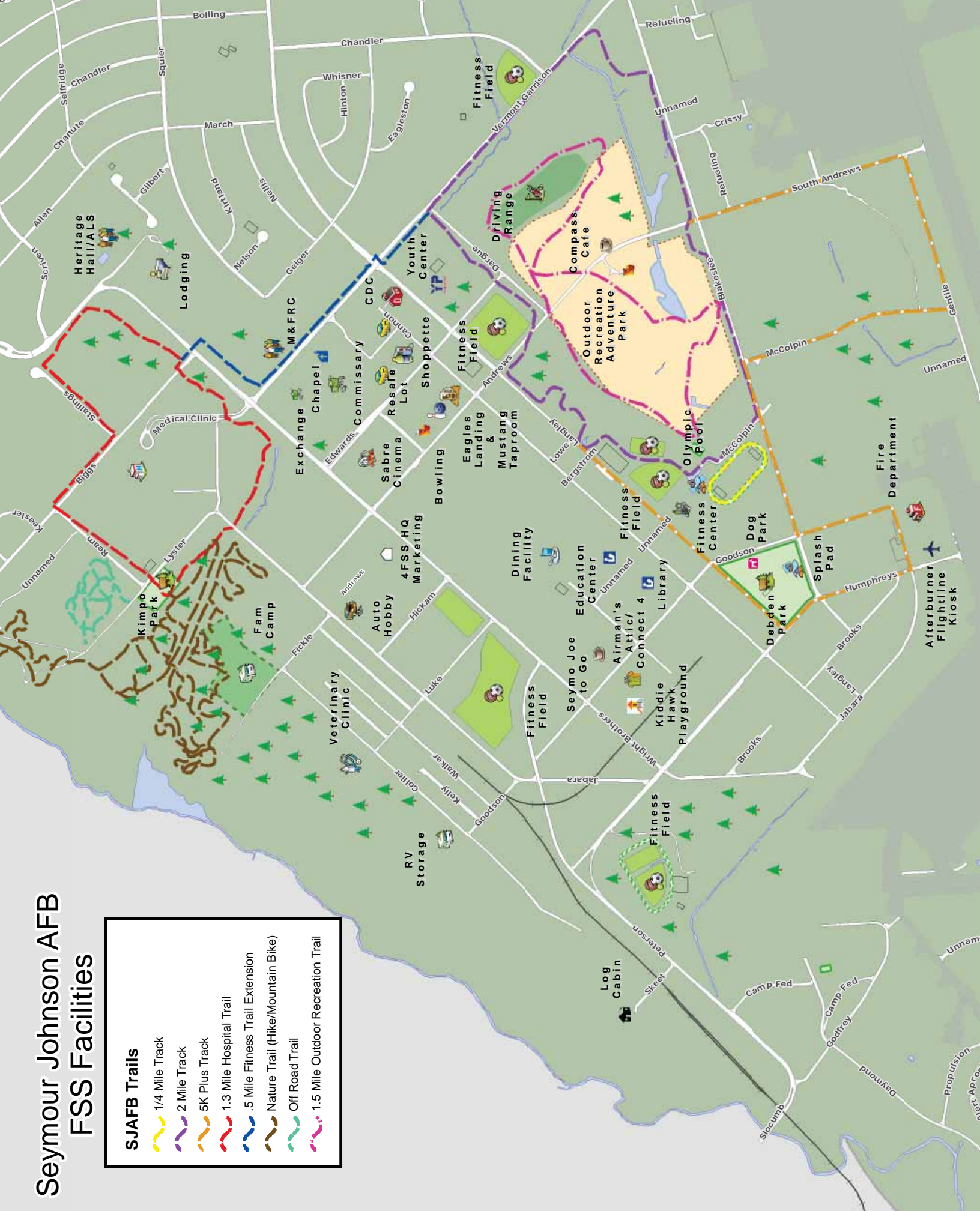
BASE SERVICES & RESOURCES

- **Airmen Against Drunk Driving**
919.751-6002 • fb.com/callaadd
- **Commissary**
919.722.0321 • 1310 Edwards St
- **Eagle Eyes**
919.722.1212 - If you observe suspicious activity, please call us
- **Exchange (BX)**
919.735.8511 • 1350 Edwards St
- **Express with Class Six**
919.734.7235
- **Mayroad**
919.988.6918 • 600 Kenly Rd
- **Military Housing Office**
919.722.0362 • 919.722.0363
919.722.0364 • 600 Kenly Rd
- **Security Forces**
919.722.8477 - Tip Line
- **Thrift Shop**
919.722.0606 • 1585 Andrews St
- **USO of NC - SJAFB Center**
919.330.1226 • 1240 Andrews St
- **Visitors Center**
919.722.1335 • 919.722.1345
1050 Wright Brothers Ave
After hours visitor passes: go to the main gate on Berkeley Blvd

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	2 Mile Track
	5K Plus Track
	1.3 Mile Hospital Trail
	.5 Mile Fitness Trail Extension
	Nature Trail (Hike/Mountain Bike)
	Off Road Trail
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