

# The Inside Scoop

## Ice Cream

Sugar cone or bowl.....	1-scoop—\$1.25
.....	2-scoops—\$2.00
.....	3-scoops—\$3.00
Waffle cone.....	1-scoop—\$2.00
.....	2-scoops—\$2.75
.....	3-scoops—\$3.75
Brownie Sundae.....	\$3.95
Toppings.....	first—0.50
.....	each additional—0.35

## Baked Goods

Brownie.....	\$1.00
Cookie.....	0.50
Churro (ea).....	0.95

## Milkshakes

16oz.....	\$3.25
24oz.....	\$3.95

## Floats

16oz.....	\$2.50
24oz.....	\$3.25

## How are we doing?

We value our customer feedback. Please complete an Interactive Customer Evaluation (ICE) available on our squadron web site.

## MENU — TAKE ONE



Conveniently located in the bowling center  
1290 Andrews Street  
Call ahead for takeout **919.722.0349**

## Serving you ...

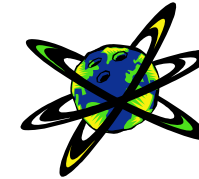
	<i>Sept 1 – April 30</i>	<i>May 1 – Aug 31</i>
Monday–Thursday	7 a.m.–9 p.m.	7 a.m.–8 p.m.
Friday	7 a.m.–12 a.m.	7 a.m.–12 a.m.
Saturday	9 a.m.–12 a.m.	1 p.m.–12 a.m.
Sunday	1 p.m.–7 p.m.	1 p.m.–7 p.m.

Down Days and Holidays: Open 1–7 p.m. or as posted

*The grill closes one hour prior to closing time.*

*Our daily specials  
are out of this world!*

See snack bar for details



## Breakfast Platters

**The King Pin:** Two pancakes, two eggs, choice of bacon, sausage, or ham, toast and coffee ..... \$5.25  
**2 Egg Breakfast Special:** Two eggs with bacon, ham or sausage, toast, diced hash browns or grits and coffee or fountain drink ..... \$4.25  
**Strawberries & Cream Pancakes:** 2 pancakes topped with strawberry syrup and whipped cream.....\$3.25

## Breakfast Wraps

**Breakfast Wrap:** A savory combination of bacon, ham or sausage with three eggs and cheese, wrapped in a large tortilla and served with salsa ..... \$3.95  
 Add diced hash browns..... 0.95  
**Breakfast Burrito:** A smaller version of our wrap made with one egg and cheese, your choice of bacon, ham or sausage ..... \$2.50  
**Philly Breakfast Wrap:** Thin sliced beef sirloin, three eggs and cheese all in a flour tortilla wrap ..... \$4.95

## Breakfast Sandwiches

*–Quick and easy on your choice of wheat or white bread, biscuit or bagel*

Sausage, egg & cheese.....	\$2.75
Bacon, egg & cheese.....	\$2.75
Ham, egg & cheese.....	\$2.75
Egg & cheese.....	\$2.00
Egg.....	\$1.50

## Omelets

**Deluxe Omelet:** Chopped ham & cheese with green peppers and onions and diced hash browns; served with toast..... \$4.50  
**Cheese Omelet:** Cheese omelet with toast ..... \$2.75  
 Add small coffee ..... \$1.00

## Breakfast Sides

**SOS:** Two biscuits with gravy ..... \$3.00  
**Bagel:** With cream cheese and jelly ..... \$1.75  
**Bacon, Ham or Sausage.....** \$1.50  
**Pancake (each).....** \$1.15  
**Grits.....** \$1.00  
**Hash Browns, diced.....** 0.95  
**Biscuit.....** 0.95  
**Toast, wheat or white.....** 0.75  
**Egg, any style.....** 0.50



## Healthy Heart

- Chef Salad:** Lean ham, tomatoes, onions, green peppers, mushrooms, olives and cheese on a bed of crisp lettuce..... **\$3.95**  
 Add grilled chicken breast..... **\$1.50**  
**Tossed Salad:** Crisp lettuce, tomatoes, green peppers, onions and mushrooms..... **\$2.95**  
**Turkey Sandwich with Side Salad:** Sliced lean turkey on toast ..... **\$4.00**  
**Turkey & Ranch Wrap:** Sliced lean turkey on a flour tortilla loaded with lettuce, tomatoes and ranch dressing.....**\$3.00**  
**Soup of the Day:** (seasonal) Prepared every weekday, November through March..... **\$3.25**

## Appetizers & Side Items

- Wing Dings:** Deep-fried chicken drumettes and wing pieces..... 6-piece—**\$4.50**  
 ..... 12-piece— **\$8.25**  
 ..... 18-piece—**\$10.95**  
 ..... 24-piece—**\$13.95**  
**Chicken Tenders:** Three deep-fried tenders with choice of dipping sauce ..... **\$3.95**  
**Chicken Nuggets (6 ea.)** ..... **\$2.50**  
**Cheese Sticks (5 ea)** ..... **\$4.25**  
**Nachos Supreme:** Fresh lettuce, tomatoes, cheddar cheese, jalapeños, chili and sour cream on a bed of nacho chips..... **\$3.95**  
**Nachos w/cheese** ..... **\$2.50**  
**Tortilla Chips & Salsa**..... **\$2.00**  
**Bowl of Chili with crackers** ..... **\$2.50**  
**Onion Rings**..... sm **\$2.25**..... lg **\$2.95**  
**Chili Cheese Fries**..... sm **\$2.95**..... lg **\$3.75**  
**Cheese Fries**..... sm **\$2.00**..... lg **\$2.75**  
**CrissCut Fries** ..... sm **\$2.50**..... lg **\$3.00**  
**French Fries** ..... sm **\$1.50**..... lg **\$1.75**

## Specialty Wraps

- Cooked to order and wrapped in a large tortilla*  
**Mexican Wrap:** Grilled chicken or beef strips with lettuce, tomatoes, onions and cheese, served with sour cream and salsa .....**\$4.25**  
**Philly Wrap:** Thinly sliced grilled chicken or beef strips with grilled peppers, onions, mushrooms, mozzarella cheese and Italian dressing.....**\$4.00**  
**Veggie Wrap:** grilled peppers, onions, mushrooms, tomato and mozzarella cheese.....**\$3.00**  
**Grilled Chicken Wrap:** Grilled chicken with lettuce, tomatoes, onions & cheese & Ranch Dressing ...**\$4.00**  
 Add chips to any wrap .....**0.50**

## Hamburgers & Hot Dogs

- “The Bowler Burger”:** Our signature 1/2 lb. Angus burger with Swiss cheese, sautéed mushrooms, lettuce, tomato & onion .....**\$4.50**  
**Smoky Bacon & Cheddar:** Shredded cheddar, bacon, lettuce and tomato .....**\$4.25**  
**Swiss-n-Mushroom:** Swiss cheese, sautéed mushrooms, lettuce and tomato .....**\$4.25**  
**The “P-Jay-B”:** Pepper Jack cheese, bacon, lettuce, tomato, mayo and onion .....**\$4.25**  
**All American Cheeseburger :** 6 oz burger topped with lettuce, tomato, mayo and onion.....**\$3.50**  
**Hamburger:** Topped with lettuce, tomato, onions, mayo and a pickle spear .....**\$3.00**  
**Hot Dog**.....**\$1.50**

## Kids Meals

- Each meal comes with a smaller portion of fries and a 12 oz. fountain drink; ages 10 and under please*  
**Chicken Nuggets** .....**\$3.50**  
**Grilled Cheese Sandwich**.....**\$3.25**  
**Hot Dog**.....**\$3.25**  
**Slice Cheese Pizza (no Fries)** .....**\$3.00**

## Sandwiches

- “The Strike” Philly Cheesesteak Sandwich:** Thinly sliced beef sirloin smothered with sautéed green peppers, onions and mushrooms topped with mozzarella cheese and Italian dressing on a steak bun ..... **\$4.25**  
**“The Spare” Chicken Philly Sandwich:** Thinly sliced chicken smothered with sautéed green peppers, onions and mushrooms, Swiss cheese and Italian dressing served on a grilled steak bun .....**\$4.25**  
**“The Split” Grilled Veggie Sandwich** on a steak bun with mozzarella cheese .....**\$3.25**  
**Club Sandwich:** Bacon, Turkey, Ham and cheese with lettuce and tomato on wheat or white toast..... **\$3.50**  
 Add chips.....**0.50**  
**Club Wrap** ..... **\$4.00**  
**B.L.T.:** Bacon, lettuce and tomato with mayonnaise, served on wheat or white toast ..... **\$2.50**  
 Add chips ..... **0.50**  
**Tuna Salad Sandwich** ..... **\$2.95**  
**Filet of Fish Sandwich** ..... **\$3.95**  
**Grilled Skinless Chicken Sandwich** ..... **\$3.50**  
**Breaded Chicken Sandwich** ..... **\$3.25**  
**Spicy Breaded Chicken Sandwich**..... **\$3.75**  
**Grilled Cheese Sandwich** ..... **\$1.50**  
**Grilled Ham & Cheese Sandwich**..... **\$2.50**

## Combo Meals

- With French fries and 16 oz. fountain drink*  
**“The Strike” Philly Beef Sandwich** ..... **\$6.25**  
**“The Spare” Chicken Philly**..... **\$6.25**  
**Philly Wrap** ..... **\$6.00**  
**Club Sandwich** ..... **\$5.50**  
**Bowler Burger** ..... **\$6.50**  
**Smoky Bacon & Cheddar Burger** ..... **\$6.25**  
**Swiss-n-Mushroom Burger** ..... **\$6.25**  
**All American Cheeseburger** ..... **\$5.50**  
**Wing Ding Basket**..... **\$6.50**  
**Chicken Tender Basket** ..... **\$5.95**  
**Grilled Ham & Cheese Sandwich**..... **\$4.50**  
**Hot Dog** ..... **\$3.50**

## Build Your Own Combo

- Add French fries and 16 oz. fountain drink to any sandwich* ..... **\$2.00**  
 Substitute CrissCut Fries ..... **add 0.95**  
 Substitute Onion Rings ..... **add \$1.00**

## Pizza

- 16” large pizzas–made fresh to order*  
**Cheese** ..... **\$10.95** ..... slice **\$2.00**  
**Pepperoni**..... **\$11.95** ..... slice **\$2.25**  
**Italian Sausage** ..... **\$11.95** ..... slice **\$2.25**  
**Vegetarian**..... **\$13.50** ..... slice **\$2.25**  
**Combination** ..... **\$14.50** ..... slice **\$2.50**  
**Meat Lover Deluxe** ..... **\$13.95**  
 Extra Toppings ..... **\$1.00**

## Beverages

	S 16oz	M 24oz	L 32oz
Fountain drinks	\$1.50	\$1.75	\$1.95
<i>-No free refills on “To Go” orders</i>			
Pitcher of soda			\$4.00
	S 12oz	M 16oz	L 24oz
Coffee	\$1.00	\$1.50	\$2.00
Cappuccino	\$1.50	\$2.50	\$3.00
Hot Chocolate	\$1.50	\$2.50	\$3.00
Orange Juice			\$1.95
Bottled Water			\$1.00
Fuze (assorted flavors)			\$1.95
Tummy Yummy Drink			\$1.00
Beer (on tap) 16oz cup			\$2.50
Domestic pitcher			\$8.00
	Domestic	Premium	Imported
Bottle Beer	\$2.25	\$2.50	\$2.75